MRI Female Pelvis at Research Park

Your doctor has asked that you have a Magnetic Resonance Imaging (MRI) exam of your pelvis. MRI is a safe and painless way for your doctor to look at the area between the hip bones. This part of the body is called the pelvic area. The pelvic area has the reproductive organs with the uterus, cervix, ovaries and fallopian tubes. There is also the rectum and the pelvic floor.

MRI uses strong magnets and radio waves to create the pictures of your pelvis.

Before your MRI
- Do not eat for 2 hours before your MRI.
- **Tell your doctor or the nurse in MRI if you have any allergies to medicines or contrast.**
- If you take medicines, you may take them the day of the test.
- If you wear any kind of medicine patch, it will need to be taken off before the test. Bring a new patch that you can put on after the test.
- If you are afraid of small spaces, talk to your doctor. Your doctor can give you some medicine that will help you relax. If you do bring medicine to help you relax, you will need to have someone with you that can drive you home.
- If you have had an endoscopy or a colonoscopy in the last 8 weeks, please call the MRI nurses office (608) 262-9257.

Day of test
- Plan to arrive 30 minutes before your MRI. There are many questions we need to ask about your health history. Please bring cards for any implants in your body.
- **You will need to take off all metal items such as a watch, hairpins, bra, jewelry and coins. You may not bring anything into the room with the MRI machine. This includes your wallet, purse, cell phone and keys. Our changing areas are private and there is a secure locker for your clothes and other items. It is best, however, if you leave valuable items at home.**
- **We will ask you to change into a hospital gown.**
- We ask that you place a sanitary pad in your underwear. If you do not have a sanitary pad we will give you one.
- An intravenous line (IV) maybe started. During the test we will use this IV to inject Gadolinium. Gadolinium is a contrast medicine. This medicine is used to highlight blood vessels near the end of the MRI.

During the Test
- MRI is a long tube-like machine that is open on both ends. We will ask you to lie on your back on a narrow padded table. We will try to make your position as comfortable as possible. A coil will be placed around the hip
area. The coil works like an antenna to help us get our pictures.

- **Some exams require us to put a small amount of lubricant into your vagina.** You can do this yourself or we can help you. This lubricant helps the doctor define your anatomy. The lubricant is in a syringe that has a smooth tapered barrel.

- After you are positioned on the table, gently slide the smooth, tapered applicator tip into your vagina. Push the plunger into the barrel with your pointer finger. This will release the lubricant. Everyone’s body is different. Some women will only be able to hold a small amount of lubricant in their vagina. Other women will be able to hold all of the lubricant. We gave you the sanitary pad because we expect the lubricant to ooze out of your vagina during the exam.

- During the test you will hear the MRI machine make loud knocking sounds. You will have headphones to block out some of this noise. You will also be able to listen to music, and hear breathing instructions from the technologist.

- The technologist will not stay with you in the room. You will be able to hear and see the staff through the intercom and window. The technologist will take pictures and check on you during the test. Let us know if you are uncomfortable at any time.

- We will place a ball in your hand to squeeze if you need the technologist during the exam.

- At different times during the test you will be asked to hold your breath for about 15 to 20 seconds.

- It is important that you try not to move during the test. It is just like taking a picture with a camera. If you move while the picture is being taken, the picture will be blurry.

**After the MRI**

- The technologist will take out your IV after the MRI is done.

- We will give you a washcloth and a new sanitary pad.

- We want you to drink plenty of fluids to help your system clean out the contrast medicine.

- Your MRI will be read by a radiologist and the results will be sent to your doctor. Your doctor will share the test results with you.

- If you have any problems or concerns after your test, please call your doctor.

**Phone numbers**

If you have any other questions or concerns prior to your MRI, please call the nurses office at (608) 262-9257.

If you need to reschedule your appointment please call the scheduling line at (608) 263-9729.