Using an Amputee Sock Donner

1. Drop the short end of the shrinker sock down through the middle of the donning tube.

2. Open the sock. Stretch it around the tube, and roll it down the sides. Try not to let the sock curl over the bottom of the tube.

3. Holding onto the sock and the tube, place your limb into the center of the tube.

4. Gently roll the sock and tube up your limb.

5. For best fit, adjust the plastic ring at the bottom upwards, to take up the slack.

6. Turn the second layer inside out, and place over limb. This second layer should be shorter than the first layer, usually staying just below the knee.
Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person’s health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 3/2018. University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#7679