Sweet-ease® for Infant Pain Relief

Sweet-ease® is an oral liquid made of sugar (sucrose) and water that can be used to decrease pain in infants.

When can Sweet-ease® be used?
This is a list of examples of minor procedures where Sweet-ease® can be used:

- Poking a heel for a lab
- Poking a vein for a lab draw
- Inserting an IV into a vein
- Inserting a catheter into the bladder
- Poking an arm or leg for an immunization

Who can use Sweet-ease®?
In general, Sweet-ease® can be used for infants 6 months and younger.

Who should not use Sweet-ease®?
Sweet-ease® is not typically used if your infant cannot have anything to eat or drink but you can check with your provider as some do allow it.

Sweet-ease® is used for minor procedures. It is not used for fussy infants.

How is Sweet-ease® used?
To give Sweet-ease®, dip a pacifier into the Sweet-ease® and have your infant suck on the pacifier. If a pacifier can’t be used, a 1mL syringe can be used to drop a few drops on the front part of your infant’s ’s tongue. Giving Sweet-ease® with a pacifier may give better pain control than using Sweet-ease® alone.

As a parent, you can give Sweet-ease® to your infant. Your infant’s nurse can also give it.

Sweet-ease® works best if given two minutes before the procedure starts. It is then given every 2 minutes during the procedure, but no more than 4 times total. After the procedure, any leftover Sweet-ease® is thrown away.

For more information about whether Sweet-ease® is a good option for your infant, ask your infant’s doctor or nurse.