Online Nutrition Resources

The internet can be a useful tool for finding nutrition information and recipes. It is important to make sure the information comes from trusted sources. Here are some credible websites with useful resources relating to cancer, cancer treatments and survivorship.

University of Wisconsin Carbone Cancer Center:  
http://www.uwhealth.org/uw-carbone-cancer-center/nutrition-therapy/nutrition-therapy-at-uw-carbone-cancer-center/41435

The Learning Kitchen at UW Health at the American Center:  
http://www.uwhealth.org/yoga-swimming-cooking/demonstration-kitchen-cooking/46073

American Institute for Cancer Research:  www.aicr.org

National Cancer Institute:  http://cancer.gov

Oncology Nutrition Dietetic Practice Group:  https://www.oncologynutrition.org/

American Cancer Society:  https://www.cancer.org/


National Center for Complementary and Integrative Health:  
https://nccih.nih.gov/health/herbsataglance.htm

National Institutes of Health Office of Dietary Supplements:  
https://ods.od.nih.gov/factsheets/list-all/

Natural Medicines:  http://www.naturalstandard.com

Eat to Beat Cancer:  http://www.eattobeat.org/recipes

Cook for Your Life:  http://cookforyourlife.org/recipes/

Nutrition Cancer Consortium:  http://www.cancernutritionconsortium.org/

Cancer Dietitian:  http://www.cancerdietitian.com/

Cancer Fighting Kitchen:  http://www.rebeccakatz.com/the-cancer-fighting-kitchen
Teach Back
What is the most important thing you learned from this handout?

What changes will you make in your diet/lifestyle, based on what you learned today?

If you are a UW Health patient and have more questions please contact UW Health at one of the phone numbers listed below. You can also visit our website at www.uwhealth.org/nutrition

Nutrition clinics for UW Hospital and Clinics (UWHC) and American Family Children’s Hospital (AFCH) can be reached at: (608) 890-5500

Nutrition clinics for UW Medical Foundation (UWMF) can be reached at: (608) 287-2770

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person’s health needs are different, you should talk with your doctor or others on 5/2017 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Clinical Nutrition Services Department and the Department of Nursing. HF#548