After a Spinal Cord Injury: Braces

Halo Brace
This brace is a metal ring which goes around your head. It is attached to the skull with four screws. You will be placed in a sheepskin-lined vest. You must remain in the halo brace until the injury is healed, about 8-12 weeks. Sometimes, both surgery and a halo brace are needed. Some patients are able to sit up, walk or begin rehabilitation while wearing a halo brace.

For more information, ask your nurse for HFFY#5398.

Cervical Collar
A cervical collar is a rigid collar that goes around the neck and prevents movement. It has front and back pieces which are held together by Velcro®. You may need surgery before you can use this collar. You will remain in the collar all of the time until the injury has healed, about 8-12 weeks.

For more information, ask your nurse for HFFY #5409.

Minerva Brace
This brace is a rigid collar that goes around your neck. It attaches to a lined vest. This brace is not attached to your skull. You may have surgery before you are given this brace. You must wear it all of the time until your injury has healed, about 8-12 weeks.

For more information, ask your nurse for HFFY #5409.
**TSLO Brace**
This rigid brace is lined with foam and has a plastic shell. It has front and back pieces which are held together by Velcro®. A TSLO brace will prevent you from bending at the waist or twisting your back. The staff will let you know when it must be worn. Some need to wear it when out of bed. Others need to wear it at all times. Your doctor will let you know when you no longer need to wear it.

For more information, ask your nurse for HFFY #5390.