Gynecologic Oncology Sexuality Resources

This handout is a recommended list of resources for gynecologic oncology patients and their families. It is meant to help those with questions or concerns with sexuality. It is not uncommon for women to have difficulties, short or long term, after treatment for their gynecologic cancer. Patients are encouraged to speak with their doctor, physician assistant or nurse about any sexuality issues. Please be advised that this is not a complete list of resources. It is a list we have found helpful for many of our patients. These resources have been reviewed by our staff.

Books:
- *Sexuality and Fertility after Cancer* by Leslie R. Stover, PhD Cleveland Clinic Foundation, 1997
- *For Women Only: A Revolutionary Guide to Overcoming Sexual Dysfunction and Reclaiming Your Sex Life* by Jennifer Berman, MD and Laura Berman, PhD, 2001
- *Our Bodies, Our Selves* by Boston Women’s Health Book Collective, 1998
- *I’m Not in the Mood: What Every Woman Should Know about Improving Her Libido*, by Judith Reichman, 1999

Websites:
- Women’s Cancer Network: [www.wcn.org](http://www.wcn.org)
- Gynecologic Cancer Support: [www.eyesontheprize.org](http://www.eyesontheprize.org)
- Our Bodies, Our Selves: [www.ourbodiesourselves.org](http://www.ourbodiesourselves.org)
- The American Association of Sex Educators, counselors, and Therapists (AASECT): [www.aasect.org](http://www.aasect.org)
- Information on Female Sexual Dysfunction: [www.fsdinfo.org](http://www.fsdinfo.org)
- A Woman’s Touch: [www.a-womans-touch.com](http://www.a-womans-touch.com)
- American Cancer Society: [www.cancer.org](http://www.cancer.org)
- Early Menopause: [www.earlymenopause.com](http://www.earlymenopause.com)
- Cancerbacup-Helping People Live with Cancer: [www.cancerbacup.org.uk/Resourcesupport/Copingwithcancer/Sexuality](http://www.cancerbacup.org.uk/Resourcesupport/Copingwithcancer/Sexuality)

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person’s health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright ©6/2017 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#6084.