Patient’s Guide to a Voiding Trial

The reason for your visit today is to take out the urinary catheter and make sure you are able to go to the bathroom by yourself.

**Preparation**
- None needed for this appointment

**Steps for today’s procedure:**
- You will be taken into a bathroom or exam room.
- The urinary drainage bag will be removed from your catheter.
- Fluid will be placed into your bladder through the catheter.

Once you feel a strong urge to void, the catheter will be taken out after letting the fluid out of the balloon that is holding the catheter in place. You will be asked to void into a cup to measure the amount emptied. You will have an appointment with your Urologist, Nurse Practitioner, or Physician's Assistant after your voiding trial.

**Call Your Doctor or Nurse if You Have Questions**
UW Urology Clinic phone number: *(608) 263-4757*