Preparing for Laser Surgery with Local Anesthesia

Instructions

- If your child will be treated for a birthmark on the trunk or extremities please have your child wear clothes that button-up and are loose fitting.
- For newborns and infant patients, please bring a bottle of juice or formula if not breast feeding.
- Bring toys or a favorite book.
- For 5-10 days after the laser surgery, the site will be very bruised and purple.
- Do not schedule if you have family photos or special events planned in the 2 weeks after your child’s laser surgery.
- If EMLA® has been prescribed, apply it to your child’s lesions one hour before surgery and cover with a Tegaderm® dressing or Saran-wrap.

Remember

- Swelling and even blisters may form in the first few days.
- Many treatments (6-10) are needed for the best looking results.
- It will keep improving for 2 months after laser treatment.
- Avoid direct trauma (falls, incidental scratching, etc) and sun exposure to treated areas. Have your child’s nails trimmed before the procedure. Use sun screen with SPF 30 or above.
- Your child may bathe, swim, and return to normal activity right after surgery.
- Tylenol® may be given for pain, but there is rarely much pain.
- Over the counter hydrocortisone ointment or anti-itch cream may be used if it itches.
- You will need to keep the treated skin moist with Vaseline® ointment until the bruising has gone away.
- Please contact our clinic if you have any questions about the response from the procedure.

It is your responsibility to tell your insurance company about your child’s surgery. If prior authorization is needed, please contact AFCH Dermatology at (608) 263-6420 or 1 South Park St Dermatology at (608) 287-2450.

 uw Dermatology Department  American Family Children’s Hospital
 1 S. Park St 7th Floor  Pediatric Dermatology Specialty Clinic
 Madison, WI 53715  1675 Highland Ave.
 Clinic: 608 287-2450  Madison, WI 53792
 Clinic: 608 263-6420

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person’s health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 8/2016 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing HF#6489.