How to Use an Auvi-Q® Auto-Injector

Epinephrine or adrenalin treats a severe allergic reaction called anaphylaxis. Using an Auvi-Q® can be done at home safely with proper care and technique. This handout will guide you through the steps to give yourself an injection. If you have any questions or concerns, please ask your doctor or nurse.

Supplies

Auvi-Q

Auvi-Q contains an electronic voice instruction system to help guide you through each step of your injection. If the voice instruction does not work, use the auto-injector as instructed below.

Steps

1. Pull Auvi-Q® from the outer case
2. Pull off red safety guard
3. Place black end of Auvi-Q® against the middle of the outer thigh (through clothing if needed)
4. Press firmly, you should hear a click and hiss sound
5. Hold in place for 5 seconds
6. After using, seek emergency care right away by either dialing 911 or going to the Emergency Room or Urgent Care clinic.

Note

- Epinephrine should be stored in a dark place at room temperature. Avoid direct sunlight. Do not refrigerate or expose to temperatures over 86º F.
- Inject epinephrine ONLY into the muscle on outside of thigh (see gray colored areas on picture).
- Auvi-Q® auto-injectors come in two doses. One for young children and one for older children and adults.
- Teach family members or others how to inject the medicine in case you can’t do it yourself.
- After using the auto-injector, the needle will automatically retract once the injection is complete. Give used Auvi-Q® devices to Urgent Care clinic or Emergency Room staff.
• Know when your Auvi-Q® expires. It will start to lose strength after it expires.

• Side effects may include:
  o shakiness
  o fast heartbeat
  o nervousness
  o anxiety

• Side effects may be uncomfortable, but only last for about 20 minutes.

• If you are pregnant, have heart disease or high blood pressure, or are taking a beta blocker medicine, please let the clinic staff know.