



## **Living Kidney Donation: Preparing for Surgery**

Once we have arranged the date for your surgery, a pre-surgery clinic appointment will be scheduled. This appointment will typically be the day before your surgery, and is done at the UW Health Transplant Clinic. During this appointment, we make sure there hasn't been any change in your general health since your evaluation day. You will have another physical, more blood tests and an appointment with our anesthesia team. You will be taught deep breathing and coughing exercises that you will need to do after your surgery, to prevent pneumonia.

The evening before surgery, you will take a medicine to cleanse your bowels, and you will shower using a special soap. You will not be able to eat or drink after midnight. If you do not live near Madison, hotel accommodations for the night before your surgery will be provided. You should plan ahead to determine what you want to bring with you to the hospital.

We require that you bring:

- Any medicines you take daily
- Comfortable clothes that will not be too tight over the incision
- Walking shoes

And we recommend that you bring:

- Personal and comfort items (toothpaste, shampoo, pillows)
- Books or other things to keep yourself busy

Remember: The hospital is not responsible for lost or misplaced items, so please do not bring items of value to the hospital.