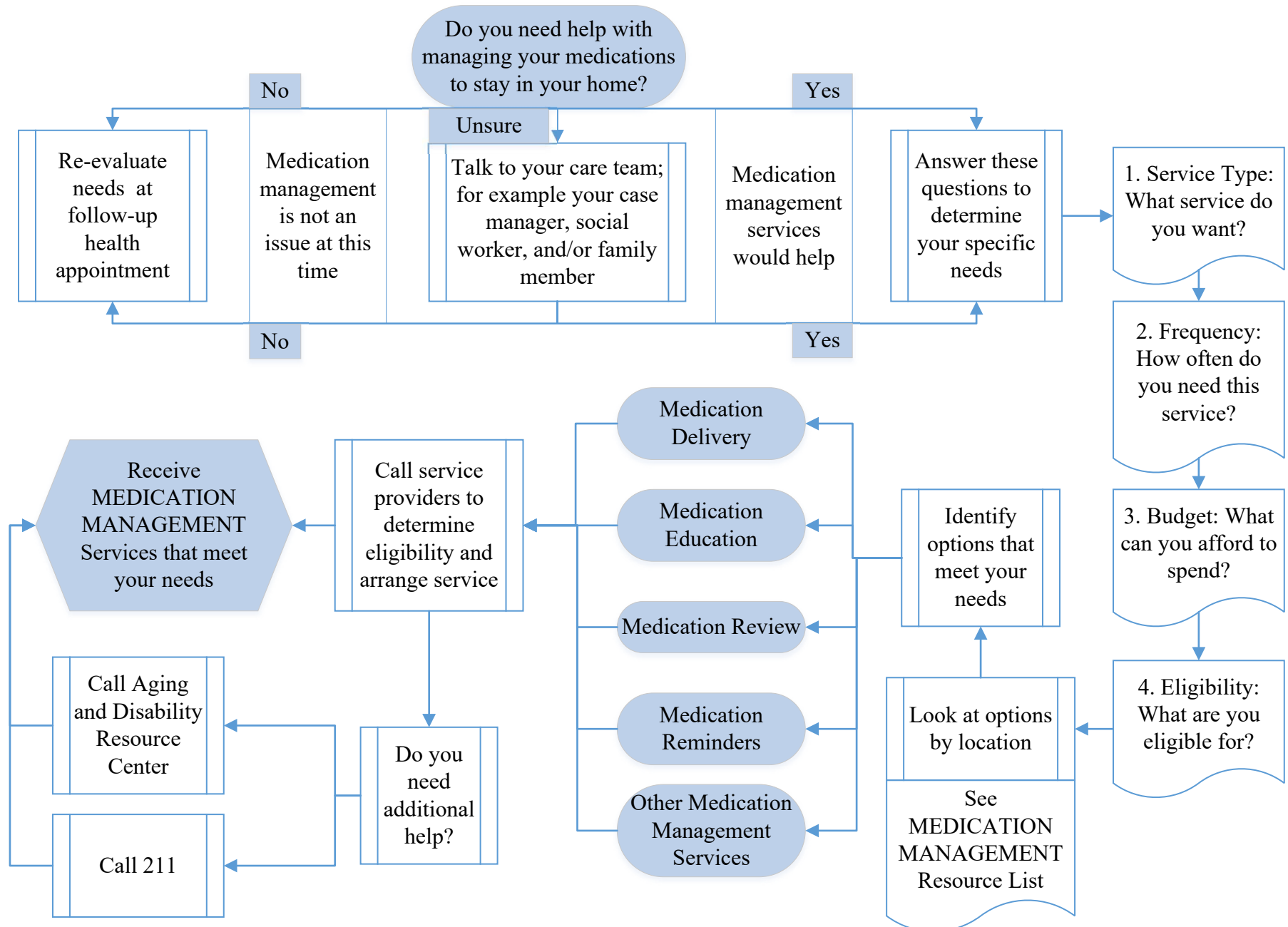


MEDICATION MANAGEMENT

Decision Support – Answer these Questions to Determine the Service that is Right for You





Dane County Community-Based Care Transitions Coalition Resource Guide for Medication Management

What is Medication Management? Medication management is making sure a patient is taking the right medication at the right time and for the right reason. Your medications are reviewed by a medical professional who will work with you to stop possible dangerous drug interactions and other complications. At the end of the professionally done medication review an accurate medication list is then shared with you and your doctor.

You or your loved one may benefit from Medication Management services if:

1. The person is not taking their medications as prescribed (due to refusal and/or inability to keep them organized)
2. The person is unable to get to the pharmacy to pick up their medications
3. The person is:
 - o taking multiple medications that may cause problems when taken together
 - o seeing multiple providers who may not be aware of all the medications that you are being prescribed
 - o using more than one pharmacy
4. The person needs reminders to take their medication

Helpful tips for Medication Management

- If possible, pick one pharmacy for all your medications. The pharmacist can keep track of all the medications you are taking and watch for dangerous drug interactions.
- Keep an updated medication list in your purse or wallet. You may also want to leave one at home or with a family member in case of emergencies.
- Make sure you understand why you are taking each medication and how to take them correctly.
- You may want to talk with your pharmacist or contact your health insurance to see if there is a lower-cost medication available.
- Medications can be auto-refilled, delivered to your home, or mailed to you. Check with your pharmacist and/or insurance company to see if this service is available to you (charges may/may not apply)



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Types of Medication Management services:

- **Pharmacy Medication Services:** There are many types of services available to help you with your medications. Talk with your doctor, nurse practitioner or pharmacist about which of these might be right for you.
 - Prescription medications mailed directly to you
 - Bubble packed medications or prefilled medication boxes (charges may apply)
 - The following pharmacies may offer home or mail delivery, bubble packs or prefilled pill boxes. Call to check.
 - Medicine Shoppe-Monona and McFarland
 - Guardian Pharmacy of Wisconsin
 - Hyvee Pharmacy (call for locations)
 - Community Pharmacy
 - O'Connell Pharmacy
 - Hometown Pharmacy (all locations)
- **Comprehensive Medication Review:** An in-person or telephone discussion about all your medications. This includes prescriptions, over-the-counter (OTC) medications, herbal drugs, and dietary supplements. The review is done by a pharmacist or qualified provider. The pharmacist will provide you and your doctor with a complete and accurate medication list after the review.
- **Medication Reminders:** there are multiple ways that you can be reminded to take your medications. Home care agencies can provide phone call reminders; apps for your cell phone; med boxes can be purchased that have alarms. (See the resource list for more information)

Medication Financial Assistance:

- Talk to your doctor or pharmacist if you need help paying for your medications
- Ask for generic medications when possible



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- Ask for the \$4 prescription program (Walmart)
- FamilyWize Discount Card offers discounts on many drugs and can be used at many pharmacies. <https://familywize.org/>
- Get coupons from GoodRx <https://www.goodrx.com/>. GoodRx looks for medication prices near you to help find the best deal.
- Charitable pharmacies (St. Vincent de Paul: 2033 Fish Hatcher Rd., Madison)
- Partnership for Prescription Assistance: A company that helps find low or no cost medications. <https://www.pparx.org/>
- <https://www.medicare.gov/pharmaceutical-assistance-program/> Medicare Pharmaceutical Assistance Program
- Contact the ADRC if you can't afford your medications or you need help applying for Medicare Part D drug plans (608) 240-7400.

Resources: Services listed may change. Please call the agency directly for the best information about their services.

Name	Description of Services	Contact information
Aging and Disability Resource Center (ADRC)	The ADRC of Dane County provides information about resources and support on all aspects of life related to aging or living with a disability. They are a one-stop shop for older adults, people with disabilities and their families.	2865 N Sherman Ave, Madison, WI 53704 Phone: (608) 240-7400 ADRC@countyofdane.com
Local Senior Center/Aging Coalition	Serving several geographic areas, these agencies provide the entry points through which older persons—and their families—access a wide array of programs and services. Staff will help you decide which service is best for you.	See the attached “Dane County Senior Focal Points and Senior Centers” sheet.



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2-1-1 Wisconsin	2-1-1 is a simple, free, confidential referral and information resource that links people from all communities and ages to the services they need.	Phone: 211 or (877) 947-2211 24 hours a day, seven days a week. Website: 211wisconsin.org
Where is Care (HealthConnect.link)	An online community of free and subsidized health and social services.	Website: https://whereiscare.org/
United Way	Ask to talk with someone there who can explore best payment options for a professional medication review.	2059 Atwood Avenue, Madison, WI 53704 (608) 246-4350 Email: writeus@uwdc.org
United Way SAFE at Home	Medication review by a pharmacist. Eligibility: >65 Income: <\$47,080 (single) or <\$63,720 (married) Residence: Dane County	4639 Hammersley Road, Madison, WI 53711 (608) 223-7970 Website: https://homehealthunited.org/community-health-services/safe-at-home/
VA Healthcare Assistance	Provides healthcare assistance for eligible veterans and their spouses.	345 W Washington Avenue, Madison, WI 53705 (608) 280-7195
Medicare Part D	Comprehensive Medication Reconciliation (CMR) provided by a pharmacist or qualified staff member.	Contact your pharmacist or Medicare.



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	<p>Eligibility: >\$3919 in estimated yearly drug costs (2017), Multiple chronic conditions, Multiple Part D drugs. The type of plan identifies eligible patients.</p>	
<p>Forward Health, Medicaid, Dual Eligible</p>	<p>Medication review provided by a pharmacist.</p> <p>Eligibility: Must be eligible for Forward Health, Must meet at least one of the following:</p> <ol style="list-style-type: none"> 1. Two or more specific medical conditions 2. Four or more medications 3. Hospital/LTC discharge in the past 14 days 4. Provider referral 5. Health literacy issues 6. Diabetics are automatically eligible 	<p>Contact your pharmacist.</p>
<p>Medication Reminders</p>	<p>There are many agencies who can contact you to remind you to take your medication. Ask your pharmacist if they offer the service or contact a local home care agency. The pharmacist may also recommend an electronic pill box.</p> <p>There are also applications that send reminders directly to your cell phone, some of which are free and can connect to your local pharmacy for refills.</p>	<p>Contact your pharmacist, the ADRC, the Aging Coalition or search online for the best service for you.</p>



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IV Medication Management

Agencies are available to help you make sure you get the right dose at the right time according to the physician order. The agency will verify what is covered by your insurance so you know just what you are paying for.

Contact your pharmacist, the ADRC, the Aging Coalition or search online for the best service for you.