

TAC POOL FAQs- Updated November 2021

HOW DO I ENTER THE FACILITY TO SWIM?

Please park in the front of The American Center and enter at the Main Entrance or the Clinic Entrance. You may park under the overhang. (Saturdays only the Main Entrance will be open)
DO NOT PARK IN RAMP. You will be screened for Covid-19 symptoms every time you enter the facility.

DO I NEED TO CHECK IN AT FRONT DESK?

No. Once you have been screened at the door you may go directly to the pool. (Check-in at Front Desk when you have PT appointment) Please give your name to lifeguard each time you come in.

HOW FAR IN ADVANCE CAN I REGISTER FOR POOL TIME?

Registration will open on Wednesday @ noon for the next week, Monday-Saturday.
Please call 608.440.6496 with any questions regarding pool reservations or classes.

HOW MANY TIMES MAY I RESERVE POOL TIME?

You may register for one 45- minute spot per day-as many days as you'd like. Each reservation is \$8.
(We are not offering month pool passes **AT THIS TIME**)

ARE CHILDREN ALLOWED TO SWIM?

To respect all capacity limits and social distancing guidelines we will not be allowing any children under the age of 12 in the warm pool at this time. Family Swims will not be available until further notice.

SHOULD I COME DRESSED READY TO SWIM?

You are more than welcome to arrive "swim ready". Locker rooms are available for changing and showering. A few lockers will be available, and bins will be available for storing personal items. We ask you to limit your time in locker room, maintain distance from others and bring only what is necessary.

WILL THERE BE TOWELS AVAILABLE?

No. In accordance with guidance from UW Health Infection Control, towels are no longer provided.

WILL SHOWERS BE AVAILABLE TO USE AFTER SWIMMING?

Yes, a limited number of showers will be available.

WHAT IF I NEED TO CANCEL MY SWIM?

Please call the pool office to cancel your reservation **608-440-6496**.

IS DROP IN AVAILABLE FOR POOLS?

Due to limited pool capacities drop-in swims will not be allowed. Please reserve a time if you want to swim. Also, pool users may be asked to share specific areas in the pool to give patients/therapists priority.

DO MASKS NEED TO BE WORN?

A fresh medical grade mask must always be worn in all UW Health Facilities. Please keep your mask on in the locker room but it may be removed for showering. A mask must be worn between the locker room and until entry into the pool.

ARE VACCINATIONS REQUIRED TO USE THE FACILITY?

While vaccinations are available to everyone age 12 or older, not everyone can have it. We will continue to practice safe social distancing and masking.

Facility Rules/Expectations

- You must have a pool time reserved to swim
- You must be able to enter/exit the pool independently OR provide your own qualified attendant
- Face covering (fresh medical grade mask) is required on pool deck
- Six- foot social distancing is expected in locker rooms, on deck and in pools
- All pool users should shower before entering the pool
- Pools may be closed temporarily due to severe weather, staffing or maintenance issues
- No perfumes or heavy scents in the locker rooms or on pool deck
- No Children under the age of 12 allowed in pools -Except PT patients or Swim lessons

Lap Pool

- Reserve your 45-minute lap pool time uwhealth.org/classes. No drop-ins allowed.
- Check in with the lifeguard on deck no more than 5 minutes before your swim reservation to receive lane assignment.
- Lap lanes may be used for swimming, walking, running and aerobic exercise.
- Pool users may be asked to share specific place in the pool to give patients & therapists priority.
- Lap lanes may be shared.
- Equipment available for use or you may bring your own. You are responsible to return equipment to the "Used Equipment" bin for sanitizing.
- Currently the pool deck is not an approved eating or drinking space. You may have a covered water bottle on pool edge.
- Leave all belongings in locker room or use available bins.
- Swim Teams will be using the Lap Pool from 5-9pm Mon - Fri

Warm Water Pool

- Reserve a 45-minute pool spot using uwhealth.org/classes. No drop-ins allowed.
- Warm Water Pool is used for therapy only. No vigorous exercise/activity is allowed. Please be mindful/respectful of others.
- There is a maximum of eight people in the warm water pool during classes.
- There is a maximum of 4 people in the warm pool when PT appointments are scheduled
- Check in with the lifeguard on deck no more than 5 minutes before your swim reservation.
- Pool users may be asked to share specific place in the pool to give patients & therapists priority.
- Pool equipment is available for use or you may bring your own. Some may be limited for physical therapy use. You are responsible to return equipment to the "Used Equipment" bin for sanitizing.
- Currently the pool deck is not an approved eating or drinking space. You may have a covered water bottle on pool edge.
- Face covering required on pool deck but optional in warm water pool.
- Leave all belongings in locker room or use available bins.
- Swim Teams will be using the Lap Pool from 5-9pm Mon - Fri

How to Register for a Pool Reservation in the TAC Pools

1. Go to our website at uwhealth.org. You will need to use Google Chrome.
2. On the upper right-hand corner of the UW Health home page click on Classes



3. Scroll down the Classes page, and under Health and Fitness click on Aquatics. This will take you to the Registration System (ACTIVENET)



4. You will see a list of possibilities of days, the example below is for Monday May 10th. **Please note the *TAC Pool Reservation. This notes that the reservation is for our American Center facility.**

Name	First Meeting or Date Description	Day(s)	Instructor	Location	Open	Fee and Action
*TAC Pool Reservation - Monday, May10 ⓘ	From May 10, 2021 to May 10, 2021		Unspecified	n/a	Unlimited	More (22) ▾

5. To see all the possible reservation slots for the selected day, click on [More](#).
6. You will get a drop-down menu that will look like the below. This allows you to choose from the available times on the chosen weekday. The time is listed in second column under the date.

TAC Lap Pool Reservation ⓘ Quick View	May 10, 2021 Monday from 7am to 7:45am	Mon	Unspecified	TAC Lap Pool	4	+ Wish List
TAC Lap Pool Reservation ⓘ Quick View	May 10, 2021 Monday from 8am to 8:45am	Mon	Unspecified	TAC Lap Pool	3	+ Wish List
TAC Lap Pool Reservation ⓘ Quick View	May 10, 2021 Monday from 10am to 10:45am	Mon	Unspecified	TAC Lap Pool	3	+ Wish List

7. Click on the time slot you would like.
8. If you have any questions, please email or call Katie Heiser KHeiser@uwhealth.org or 608-440-6496