

Swimming Performance Programs

UW Health-The American Center Aquatic Center is available for rental on a single use or long term use basis. We are a 25-yard, four-lane lap pool used for swim performance training, team activities, clinics and lap swimming. The Aquatic Center is equipped with 4 Spectrum starting blocks along with the full RJP Colorado Timing system. We are able to display start reaction, break out, turn and relay start times. Instant feedback is possible with 4 swimmers at a time.

The Aquatic Center helps competitive swimmers improve their starts, turns, strokes and times. We work with age group, high school and college swimmers, coaches and teams. We use state-of-the-art equipment to improve your strokes, starts and turns.

Please contact [Katie Heiser](#) or call (608) 440-6496 for a tour of the Aquatic Center and equipment or to set up a rental.

Rental Rates

(July 1, 2016)

Contract Rental (\$77/hour)

- contract includes rental of pool >4 hours per month for a minimum of 8 rentals.
- Contract rentals include up to 4 lanes of reaction time starting system.*

Team Rentals (\$100/hour)

- team rentals include renting the pool <4 hours per month for a length of no less than 4 rentals.

Performance Team Rental (\$200/hour)

- team rental plus 4 lanes of reaction time starting system.

Performance Lane (\$100/hour)

- includes rental of 1 lane with reaction time starting system and touch pad.

*Coaches must arrange for timing system set-up with pool staff