

UW Health at The American Center

May 2018 Warm Water Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Open Pool 6am-8:30pm Yoga in the Pool 7:30-8:30am Aqua Core 5:30-6:30pm	Open Pool 6am-8:30pm Warm Water Gentle Moves 7:30-8:30am Sr Aqua Ex 2-2:45pm	Open Pool 6am-8:30pm Warm Water Healing 7:30-8:30am Aqua Core 5:30-6:30pm	Open Pool 7:30am-5pm Aqua Exercise 7:30-8:30am	Family Swim/ Open Pool 7am-1pm
6	7	8	9	10	11	12
Family Swim/ Open Pool 11am-2pm	Open Pool 7:30am- 8:30pm Arthritis Aqua Ex. 7:30-8:30am Sr Aqua Ex 2-2:45pm	Open Pool 6am-8:30pm Yoga in the Pool 7:30-8:30am Aqua Core 5:30-6:30pm	Open Pool 6am-8:30pm Warm Water Gentle Moves 7:30-8:30am Sr Aqua Ex 2-2:45pm	Open Pool 6am-8:30pm Healing Waters GMV 7:30-9am Aqua Core 5:30-6:30pm	Open Pool 7:30am-5pm Aqua Exercise 7:30-8:30am Pools CLOSED @ 5pm	Family Swim/ Open Pool 7am-1pm
13	14	15	16	17	18	19
Family Swim/ Open Pool 11am-2pm	Open Pool 7:30am- 8:30pm Arthritis Aqua Ex. 7:30-8:30am Sr Aqua Ex 2-2:45pm	Open Pool 6am-8:30pm Yoga in the Pool 7:30-8:30am Aqua Core 5:30-6:30pm	Open Pool 6am-8:30pm Warm Water Gentle Moves 7:30-8:30am Sr Aqua Ex 2-2:45pm	Open Pool 6am-8:30pm Healing Waters GMV 7:30-9am Aqua Core 5:30-6:30pm	Open Pool 7:30am-5pm Aqua Exercise 7:30-8:30am	Family Swim/ Open Pool 7am-1pm
20	21	22	23	24	25	26
Family Swim/ Open Pool 11am-2pm	Open Pool 7:30am- 8:30pm Arthritis Aqua Ex. 7:30-8:30am Sr Aqua Exercise 2-2:45pm	Open Pool 6am-8:30pm Yoga in the Pool 7:30-8:30am Aqua Core 5:30-6:30pm	Open Pool 6am-8:30pm Warm Water Gentle Moves 7:30-8:30am Sr Aqua Ex 2-2:45pm	Open Pool 6am-8:30pm Healing Waters GMV 7:30-9am Aqua Core 5:30-6:30pm	Open Pool 7:30am-5pm Aqua Exercise 7:30-8:30am	Family Swim/ Open Pool 7am-1pm
27	28	29	30	31	<div style="border: 1px solid black; padding: 5px;"> As of June 1, 2018 children (under the age 13) will be allowed to swim on weekends and after 5pm on weekdays. </div>	
Family Swim/ Open Pool 11am-2pm	POOLS CLOSED	Open Pool 6am-8:30pm Yoga in the Pool 7:30-8:30am Aqua Core 5:30-6:30pm	Open Pool 6am-8:30pm Warm Water Gentle Moves 7:30-8:30am Sr Aqua Ex 2-2:45pm	Open Pool 6am-8:30pm Healing Waters GMV 7:30-9am Aqua Core 5:30-6:30pm		

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