

Patient Name: _____

DOB: _____

MR #: _____

University of Wisconsin Hospital and Clinics
600 Highland Avenue Madison, WI 53792
**INITIAL PATIENT QUESTIONNAIRE-
REHABILITATION**

**The clinic is located at 6630 University Ave.
Middleton, WI 53562**

Date: _____

Patient Address: _____

Home Phone: _____ Work Phone: _____

Age: _____ Height: _____ cm/inches Weight: _____ kg/lbs Male Female

Referring Physician's Name: _____ Physician Phone: _____

Physician Address: _____

Type of Practice (Internist, Surgeon, etc.): _____

CHIEF COMPLAINT:

Do you have-

Neck pain Yes No

Upper back pain Yes No

Shoulder pain Yes No

Low back pain Yes No

Arm pain Yes No

Hip/Leg pain Yes No

Any other complaints: _____

If more than one area, which is worse? _____

How long have you had this problem? _____

Did your symptoms follow an injury ? _____ If yes, please indicate: Work Auto accident Other

Describe: _____

Circle your least and greatest pain levels over the past two weeks:

(None) 0---1---2---3---4---5---6---7---8---9---10 (Severe)

Describe your pain (check all that apply):

- Constant Deep Dull Sharp Intermittent Throbbing
- Stiffness Aching Shooting Cramping Burning Stabbing

Is your pain worse (check one)

- At night In the morning End of the shift/day
- No difference between day and night On a wet/cloudy day

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Indicate which of the following activities increase (I) or decrease (D) your pain

- | | | | |
|---------------------------------|-------|------------------------|-------|
| When I first get out of bed | _____ | Standing | _____ |
| Getting up | _____ | Walking | _____ |
| Sitting | _____ | Bending back | _____ |
| Lying on my back/side | _____ | Lying on stomach | _____ |
| Leaning forwards | _____ | Coughing/Sneezing | _____ |
| Lifting/bending forwards | _____ | Twisting | _____ |
| Straining | _____ | Reaching over | _____ |
| Look up/turn head sideways | _____ | Washing/combing hair | _____ |
| Climbing stairs/walking up ramp | _____ | Going down stairs/ramp | _____ |
| Long car rides | _____ | Other | _____ |

Have you had neck/back symptoms before? Yes No

Have you had previous back or neck surgery? Yes No If yes, describe: _____

Have you had prior episodes of back symptoms for which you received Worker's Compensation? Yes No

Is the purpose of this exam to determine disability status for the government or an insurance agency? Yes No

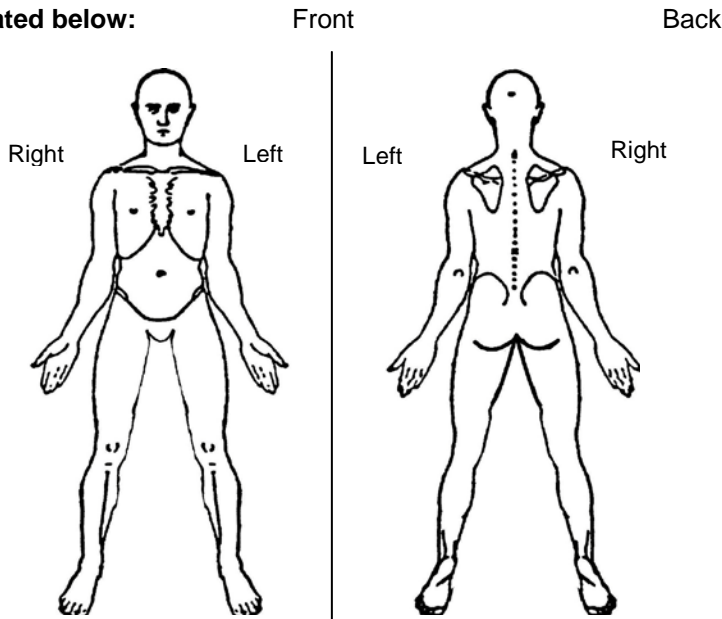
Are you currently receiving any type of financial compensation for your back problem? Yes No

Do you have an attorney for your back problem? Yes No

Mark in the areas of your body where you now feel your typical pain. Include all affected areas. Use the appropriate symbols indicated below:

PAIN = XXXXXXXXX

NUMBNESS = OOOOOO



Pain Diagram

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Date

Location

MRI: _____

CT Scan: _____

Myelogram: _____

Bone Scan: _____

EMG: _____

Xrays: _____

PREVIOUS TREATMENT:

Put a check next to each type of treatment you have had for your back/neck in the past. Then check the column that best describes the effect of the treatment.

<u>Treatment</u>	(✓) if you have had this	Did it make things (✓)		
		<u>Better</u>	<u>Worse</u>	<u>No change</u>
Hot packs/ice	_____	_____	_____	_____
Ultrasound	_____	_____	_____	_____
Massage	_____	_____	_____	_____
TENS/Electrical Stimulation	_____	_____	_____	_____
Yoga/Tai-Chi	_____	_____	_____	_____
Exercises	_____	_____	_____	_____
Traction	_____	_____	_____	_____
Bed Rest	_____	_____	_____	_____
Pool Therapy	_____	_____	_____	_____
Biofeedback	_____	_____	_____	_____
Injections	_____	_____	_____	_____
Braces/Splints	_____	_____	_____	_____
Medication	_____	_____	_____	_____
Acupuncture	_____	_____	_____	_____
Chiropractic Adjustments	_____	_____	_____	_____

MEDICAL HISTORY: Have you ever had:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> AIDS or HIV testing | <input type="checkbox"/> Phlebitis or blood clots | <input type="checkbox"/> Kidney Stones | <input type="checkbox"/> Asthma/Breathing problems |
| <input type="checkbox"/> Stroke | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Cancer | <input type="checkbox"/> Thyroid trouble |
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Radiation/Chemotherapy | <input type="checkbox"/> Kidney Infections | <input type="checkbox"/> Ulcer <input type="checkbox"/> Heart Attack |
| <input type="checkbox"/> Migraine or other severe head pain | | <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Chronic Fatigue Syndrome | <input type="checkbox"/> Fibromyalgia |
| <input type="checkbox"/> Other: _____ | | | |

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REVIEW OF SYSTEMS: (✓) all that apply.

Constitutional

Fever _____
Chills _____
Night sweats _____
Weight loss _____
Loss of appetite _____

Allergy/Immune

Drug allergy _____
Seasonal allergy _____
Food Allergy _____
Iodine allergy _____
Transplant _____

Neurological

Paralysis _____
Tremors _____
Spasticity _____
Seizures _____
Muscle atrophy _____

Musculoskeletal

Joint stiffness/swelling _____
Muscle pain/swelling _____
Fatigue _____
Fractures _____

Hemo-lymphatic

Anemia _____
Excessive bleeding _____
Easy bruising _____
Lymphoma _____
Leukemia _____
Cancer _____
Lymph node swelling _____

CV/Respiratory

Shortness of breath _____
Wheezing _____
Cough _____
Coughing up blood _____
Chest Pains _____
Palpitations _____
Leg swelling _____

Gastrointestinal

Difficulty swallowing _____
Heartburn _____
Nausea/vomiting _____
Constipation _____
Diarrhea _____
Blood in stools _____
Stomach pain _____

Endocrine

Obesity _____
Thyroid Disorder _____
Diabetes _____
Menopause _____
Menstrual irregularities _____
Pelvic pain _____
Addison's disease _____

HENT

Loss of vision _____
Eye Redness _____
Headaches _____
Dizziness _____
Glaucoma _____

Skin/Integumentary

Rash _____
Ulcer _____
Eczema _____
Hives _____

Genitourinary

Pain urinating _____
Incontinence _____
Blood in urine _____
Dribbling _____
Sexual Difficulties _____
Pregnant _____; LMP _____

Psychiatric

Poor sleep _____
Depression _____
Anxiety _____
Stress at work/home _____
Panic Spells _____

PAST SURGICAL HISTORY:

Year	Operation	Place Hospitalized

If you had previous back surgery;

What were your symptoms before the surgery? (indicate **R** for right side, **L** for left side, **B** for both sides and circle all that applies)

Neck Pain _____ Shoulder pain/numbness/weakness _____ Arm pain/numbness/weakness _____
Wrist/hand pain/numbness _____ Back Pain _____ Hip/buttock/thigh pain/numbness/weakness _____
Leg pain/numbness/weakness _____ Ankle/foot pain/numbness/weakness _____
Urinary complaints _____ Bowel Complaints _____ Impotence _____ Walking/gait disturbances _____
Balance/falls/clumsiness _____

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Did your symptoms improve after surgery? _____ If yes, how long afterwards? _____

Did you get worse after surgery? _____ If yes, explain: _____

Were you released back to work after surgery? _____ If so, when? _____

ALLERGIES:

Name of medicine/substance	Type of reaction	Date

MEDICINES: List all medicines that you have taken recently. Include vitamins and non-prescription medicine.

- | | |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

FAMILY HISTORY:

- Spinal Problems Yes No If yes, describe: _____
- Bleeding Disorders Yes No If yes, describe: _____
- Heart Disease Yes No If yes, describe: _____
- Cancer Yes No If yes, describe: _____
- Diabetes Yes No If yes, describe: _____

SOCIAL HISTORY:

How many years of schooling ? (circle one)

- Less than high school high school graduate technical school diploma 1-3 years of college
- College graduate post graduate or professional degree

Marital Status: Single _____ Married _____ Divorced _____ Remarried _____ Widowed _____
Separated _____

How many years? _____ Number of children? _____ Ages: _____

Who lives with you at home? _____

Working status: Working Not Working Student Disabled Retired

Primary Occupation: _____ Employer: _____

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How long have you worked at your present job? _____ If not working, last date worked: _____

Spouse's Occupation: _____

Have you ever smoked? Yes No Type/Amount: _____ Years: _____ If quit, when? _____

Amount of alcohol consumed in a typical week? _____ Cups of caffeinated drinks per day? _____

Have you used: Marijuana Cocaine Heroin Other _____

Do you get any regular exercise? Describe: _____

**Please complete this form and bring with you to your appointment. Our clinic is located at 6630
University Ave. Middleton, WI 53562**

Completed by: _____ Date: _____

If not completed by patient, relationship to patient: _____

Reviewed by: _____ Date: _____ Time: _____