

Policy & Procedure Manual

UW HEALTH ATHLETIC TRAINING RESIDENCY PROGRAM

Maria Kostichka
2018 | ATHLETIC TRAINING RESIDENCY PROGRAM DIRECTOR

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Mission

The mission of the UW Health Athletic Training Residency Program is to prepare the athletic trainer to be a complete and versatile healthcare provider within the orthopedic clinic setting, with an emphasis on musculoskeletal assessment and diagnosis.

Description

The UW Health Sports Medicine program offers a 12-month athletic training residency that is designed to provide the athletic trainer with a breadth of experience in the sports medicine clinical setting, as well as its orthopedic sub-specialty clinics. Our area of clinical focus is musculoskeletal assessment and diagnosis.

Two athletic training residents will be accepted for the 2018-2019 UW Health Athletic Training Residency Program.

Each athletic training resident will be provided with rotation-specific competencies and objectives he/she will be required to meet throughout the course of the residency experience.

Clinical Rotations/Area of Focus

- **Primary Care Sports Medicine**
- **Orthopedic Knee and Shoulder**
- **Hip Preservation**
- **Total Joint Replacement**
- **Orthopedic Foot and Ankle**
- **Pediatric Orthopedics**
- **Elective**

In addition to the clinical rotations, the athletic training residents will be active participants in learning. Each athletic training resident is expected to:

- Participate in intra-departmental educational programming by delivering two educational presentations throughout the residency program
- Observe readings of various imaging (x-rays, MRI, CT) and administration of US/Fluoro-guided procedures in Musculoskeletal Radiology
- Observe and scrub-in with orthopedic surgeons in the outpatient operating room
- Attend pre, mid and final rotation meetings with assigned focus area preceptors
- Perform a self-assessment, seek constructive feedback and utilize feedback to modify the behavior
- Participate in athletic training residency program review and development

Residency Program Goals and Learning Outcomes

Residency Program Goals

| Program Goals | Assessment Methods |
|---|---|
| <i>The UW Health Athletic Training Residency Program seeks to:</i> | |
| Provide athletic trainers with a comprehensive 12-month residency with didactic, scholarly, and clinical experiences providing an emphasis in musculoskeletal assessment and diagnosis within the sports medicine and orthopedic setting. | <ul style="list-style-type: none"> • Exit Interviews • Alumni Survey • Learning outcome measures (see below) |
| Prepare athletic training residents to participate as versatile members of a healthcare team within the sports medicine and orthopedic setting through application of advanced knowledge and skills. | <ul style="list-style-type: none"> • Exit Interviews • Alumni Survey • Learning outcome measures (see below) |
| To develop athletic training professionals who apply their advanced knowledge of musculoskeletal assessment in diagnosis in employment settings consistent with their residency training. | <ul style="list-style-type: none"> • Exit Interviews • Alumni Survey • Learning outcome measures (see below) |

Resident Learning Outcomes

| Residency Learning Objectives | Assessment Methods |
|---|--|
| <i>UW Health Athletic Training Residents will:</i> | |
| Demonstrate advanced knowledge beyond their initial professional preparation in the area of musculoskeletal assessment and diagnosis within the sports medicine and orthopedic setting. | Direct: Pre- and Post-Knowledge Assessment, Initial/End Competency Review, Didactic Reflective/Learning Assessment Indirect: Exit Interviews, Alumni Survey |
| Apply the CAATE Post-Professional Core Competencies to professional practice: <ul style="list-style-type: none"> ○ Employ patient centered care ○ Demonstrate interdisciplinary collaboration ○ Interpret and apply evidence to guide their athletic training practice ○ Reflect for the purpose of quality improvement ○ Apply healthcare informatics ○ Demonstrate professional conduct | Direct: Pre- and Post-Knowledge Assessment, Initial/End Competency Review, Didactic Reflective/Learning Assessment Indirect: Exit Interviews, Alumni Survey |
| Demonstrate competence through successful completion of the orthopedic technologist exam. | Direct: OTC Exam |
| Prepare and present scholarly work in an interdisciplinary educational forum. | Direct: Peer Evaluation, Program Director Feedback Indirect: Exit Interviews, Alumni Survey |

Qualifications

- State of Wisconsin Athletic Training licensure or (application in process)
- NATA-BOC certification
- NPI Number
- Two years' experience as an athletic trainer is preferred
- Bachelor's degree required
- Master's degree preferred
- CPR/AED Certification

Application Requirements & Selection Process

Application Requirements

1. Resume/Curriculum Vitae
2. Letter of Intent (including decision to pursue residency program and future career goals)
3. Three (3) professional letters of recommendation

Qualified candidates must submit a formal electronic employment application located in the Careers section of the UW Health Careers Website. <https://careers.uwhealth.org>

All new applicants will be required to create a username and password.

Incomplete applications will not be considered.

Selection Process

Once complete applications are received;

1. Select candidates will be contacted for a phone interview.
2. Qualified candidates will then be selected for mandatory, on-site interview.
3. Candidates will be responsible for all travel costs to and from Madison, WI.
4. Once in Madison, WI; all other accommodations (meals, hotel, transportation) will be provided by the UW Health Athletic Training Residency Program.
5. Final decisions will be made by the end of April and all candidates will be contacted.

Schedule & Hours

Monday-Friday

Clinic Hours: 7:30 AM to 5:00 PM

Individualized and predetermined monthly schedules are created for each resident by the program director.

For each work week, the resident will receive one credit towards program completion.

A credit is earned for completing a work week and the required responsibilities of that week which may include any or all of the following:

- Clinical Responsibilities
- Research
- Musculoskeletal Radiology
- Surgical Observation/2nd Assist
- Friday AM Conference Attendance
- Casting/Orthotics/DME

Hours are monitored via the educational opportunities tracking log (Excel) which is submitted to the program director every other Monday morning.

Stipend & Benefits

2018-2019 Stipend: \$30,000

All benefits are outlined in the UWHC Resident and Intern Benefit Summary 2018.



Vacation/ Legal Holiday / Sick Time / Leave of Absence

During the residency year each resident is allowed six (6) vacation days, eight (8) legal holidays and five (5) days of sick time.

UW Health recognizes eight (8) legal holidays. UW Health clinics and offices will be closed on these holidays:

- January 1: New Year's Day
- 3rd Monday in January: Martin Luther King, Jr. Day (MLK)
- Last Monday in May: Memorial Day
- July 4: Independence Day
- 1st Monday in September: Labor Day
- 4th Thursday in November: Thanksgiving Day
- December 24: Christmas Eve
- December 25: Christmas Day

Requesting Time Off

Written requests for time off must be received by the 10th of the preceding month to be considered. All requests should be in writing via department email to the program director.

Requested time off related to continuing education events or future job placement/interviews does not need to be taken from the resident's allotted vacation time.

Leave of Absence

The athletic training resident would not be eligible for the Personal Medical Leave process that is outlined in the UWHC Time Off Policy (9.40).

If the resident has requested/coordinated time off directly with the program director, the individual may take unpaid time away from the residency. However, to successfully complete the residency program, the total period away cannot exceed six (6) weeks.

Each request will be reviewed on a case by case basis and further decisions to resume the program or offerings to re-start at another time will be determined by the program director.

Employee Expectations, Disciplinary Action and Appeal

Policy 9.55 attached outlines all employee expectations as well as the disciplinary action and appeals process.



~~9.55-Resident-05...~~

Continuing Education

Twenty-five (25) Evidence Based Practice Continuing Education Units per year*

Residents may apply for continuing education dollars during his/her residency year. Continuing education funds are considered on a case by case basis but not guaranteed.

Documents to accompany continuing education requests include:

1. CEU Request Form – fully approved
2. Proof of payment for registration
3. Credit Card Expense form
4. Brochure including itinerary and speakers

* CAATE accredited athletic training residency program status

Retention & Program Completion

Program retention and completion has been developed as a hybrid of similar internal UW Health programs, specifically our PT Residency program and Primary Care Sports Medicine Fellowship.

For each work week, the resident will receive one credit towards program completion.

A credit is earned for completing a work week and the required responsibilities of that week.

The responsibilities include but are not limited to: didactic, clinical and scholarly experiences as listed in the program curriculum above.

- The residency is completed after 52 weeks and 46 credits.
- The minimum number of credits for program completion is 46 credits.
- This is monitored by using the educational opportunities tracking hour log (Excel) which is submitted to the program director every other Monday morning.
- This time differential accounts for vacation, legal holiday, and sick leave.
- To successfully complete the residency program, the total period away cannot exceed six (6) weeks.

Evaluation of Program and Preceptors

- Each resident will complete rotation specific and individual preceptor evaluations
- Each resident will perform self-assessments, seek constructive feedback and utilize feedback to modify the behavior
- Each resident will participate in athletic training residency program review and development through completion of the exit interview

Residency Program Costs

Actual or estimated cost based on the price of living in Madison, WI

- State of Wisconsin License.....\$ 75.00 initial fee
- Board of Certification (BOC) Maintenance Fees.....\$55.00 annually
- OTC Exam Registration (reimbursed after successful completion of exam).....\$425.00
- Housing.....Average monthly rent single apartment \$1,193
- Parking at select clinical locations (American Family Children’s Hospital).....\$4/hour U-Bay Lot
- Transportation to/from clinical sites.....Cost Related to Personal Vehicle Use
- City of Madison Bus Pass.....FREE

Scholarships are not offered as part of the UW Health Athletic Training Residency Program.