

Goal-Setting with Medical Students

1. Describe the goal

- What do you want your student to learn? What do they want to learn?
- What is the relevance of the goal?
- Is the goal focused on knowledge, skills or attitudes?

2. Define the goal

- Be specific: "Know about CHF" is not as concrete as "I will list four causes of CHF."
- How will the learner they will meet the goal?
- How will you know that they met the goal?

3. Set a deadline

LEARNING CONTRACT

Name: _____

Date: _____

OBJECTIVES <i>What are you going to learn?</i>	METHODS <i>How are you going to learn it? What are the resources you need and what strategies will you use?</i>	EVIDENCE <i>How will you know you learned it?</i>	VERIFICATION <i>How will you prove to others that you learned it?</i>