Goal-Setting with Medical Students

1. Describe the goal
   - What do you want your student to learn? What do they want to learn?
   - What is the relevance of the goal?
   - Is the goal focused on knowledge, skills or attitudes?

2. Define the goal
   - Be specific: “Know about CHF” is not as concrete as “I will list four causes of CHF.”
   - How will the learner they will meet the goal?
   - How will you know that they met the goal?

3. Set a deadline

## LEARNING CONTRACT

<table>
<thead>
<tr>
<th>OBJECTIVES</th>
<th>METHODS</th>
<th>EVIDENCE</th>
<th>VERIFICATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>What are you going to learn?</td>
<td>How are you going to learn it? What are the resources you need and what strategies will you use?</td>
<td>How will you know you learned it?</td>
<td>How will you prove to others that you learned it?</td>
</tr>
</tbody>
</table>

Name: ___________________________   Date: ___________________________