

## Stroke Prevention Exercise Program – SPEP Follow Up Contact Consent

The SPEP team would like to follow up with you after discharge to inquire about how your exercise program is going. They would also like to help you problem-solve any issues you may have and answer any questions. By marking the proper box and signing below, you are letting the SPEP team know whether or not they have your permission to contact you after your discharge from UW Hospital.

The SPEP team would like to contact you at 2 and 4-weeks after your discharge to inquire about your progress with SPEP. You can withdraw your permission at any time.

\_\_\_\_\_ **Yes** – The SPEP team has my permission to contact me after discharge.

\_\_\_\_\_ **No** – The SPEP team does **not** have my permission to contact me after discharge.

\_\_\_\_\_  
Name

\_\_\_\_\_  
MR#

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Preferred Phone Number

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Please call the SPEP team at 608-338-5747 with questions.

All SPEP materials and videos can be found at [uwhealth.org/stroke](http://uwhealth.org/stroke).