

Splash into safety!

WATER SAFETY QUIZ FOR ADULTS

1. Children can drown in as little as:
- A. One inch of water
 - B. Three inches of water
 - C. Six inches of water
 - D. All of the above

Answer

D. Children can drown in as little as one inch of water. Never leave children unattended around water in pools, spas, bathtubs, etc. Always empty buckets after use and use toilet locks.

2. True or false: Once a child has learned how to swim, he or she can swim without adult supervision.

Answer

False. Swimming lessons are designed to help your child be more confident and safe in the water. They do not make your child drowning-proof. Always make sure there is an adult present when children are playing in or around water.

3. Which of the following items are designed to keep your child from drowning?
- A. Air-filled water wings
 - B. Life jacket
 - C. Pool noodle
 - D. All of the above

Answer

B. A life jacket approved by the U.S. Coast Guard is the only item that is designed to keep your child from drowning. Air-filled toys, such as water wings or inner tubes, should never be substituted for life jackets. Always supervise your children when they are in or around water.

4. Sunscreen should be applied to your child:
- A. Every two hours when exposed to the sun
 - B. Before your child goes outside
 - C. After swimming
 - D. All of the above

Answer

D. In order to ensure the best protection for your child, always use a sunscreen with an SPF of 15 or higher and apply to all exposed skin before heading out, after swimming and every two hours.

5. True or false: Children can drown even if many adults are nearby.

Answer

True. Many children have drowned when adults were nearby. Always designate a person to watch children in or around water. The majority of children who drown in swimming pools were last seen in the home, had been missing from sight for less than five minutes and were in the care of one or both parents at the time of the drowning.

6. True or false: A bystander would hear splashing, crying and screaming if a child were drowning.

Answer

False. Drowning usually occurs quickly and silently. Childhood drownings and near-drownings can happen in a matter of seconds and typically occur when a child is left unattended or during a brief lapse in supervision.

7. It is okay for your child to not wear a life jacket in a boat if:
- A. He or she is a very good swimmer
 - B. An adult is present
 - C. There is a life jacket on the boat
 - D. None of the above

Answer

D. It is never okay to let your child ride on a boat without a proper U.S. Coast Guard-approved life jacket.



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