Orthopedic and Sports Medicine Review for the Pediatric Provider

November 14-15, 2008
Kalahari Resort & Convention Center
Wisconsin Dells, Wisconsin

SPONSORED BY
University of Wisconsin School of Medicine and Public Health
Department of Orthopedics and Rehabilitation
Department of Pediatrics and
Office of Continuing Professional Development in Medicine and Public Health
**INTENDED AUDIENCE**
General practitioners, pediatricians and physicians who regularly manage children with musculoskeletal (MSK) conditions.

**OBJECTIVES**
Using information presented in lecture, case studies and question and answer, at the end of this conference, you will be able to:

- Differentiate benign MSK conditions in children from more serious disorders
- Recognize which MSK problems to manage and which to refer
- Identify hip instability in newborns and make an appropriate and timely diagnosis to avoid complications and prolonged treatment
- Understand the preferred treatment for specific newborn and childhood foot conditions to develop the appropriate therapies
- Recognize and evaluate the basis and extent of hip disorders in pediatric patients to maximize the treatment plan
- Recognize the most common pediatric spinal disorders to make appropriate referrals
- Recognize common sports injuries in pediatric patients. Select appropriate treatment to avoid complications in healing
- Appropriately manage injuries caused by trauma, to expedite successful healing

**ELEMENTS OF COMPETENCE**
This CME activity has been designed to change learner competency with the content of the activity focusing on the competencies of patient care and medical knowledge.

**ACCREDITATION STATEMENT**
The University of Wisconsin School of Medicine and Public Health is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**CREDIT DESIGNATION STATEMENT**
The University of Wisconsin School of Medicine and Public Health designates this educational activity for a maximum of 10.75 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**CONTINUING EDUCATION UNITS**
The University of Wisconsin-Madison, as a member of the University Continuing Education Association (UCEA), authorizes this program for 1.075 continuing education units (CEUs) or 10.75 hours.

**POLICY ON DISCLOSURE**
It is the policy of the University of Wisconsin School of Medicine and Public Health that the faculty, authors, planners, and other persons who may influence content of this CME activity disclose all relevant financial relationships with commercial interests in order to allow CME staff to identify and resolve any potential conflicts of interest. Faculty must also disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during their presentation(s). Detailed disclosures will be made in the activity handout materials.
CONFERENCE CHAIRS
Kenneth Noonan, MD, Associate Professor, Department of Orthopedics and Rehabilitation, University of Wisconsin School of Medicine and Public Health, Madison, Wisconsin
David Bernhardt, MD, Professor, Department of Pediatrics and Department of Orthopedics and Rehabilitation, University of Wisconsin School of Medicine and Public Health, Madison, Wisconsin

GUEST FACULTY
Rebecca Carl, MD, Department of Primary Care Sports Medicine, Children’s Memorial Hospital, Chicago, Illinois
Theodore Ganley MD, Assistant Professor of Orthopedic Surgery, Orthopedic Director of Sports Medicine, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania
Jeffrey Mjaanes, MD, Assistant Professor, Department of Pediatrics, Department of Orthopedics, Pediatric and Adult Sports Medicine, Rush University Medical Center, Chicago, IL

UW SCHOOL OF MEDICINE AND PUBLIC HEALTH FACULTY
Geoffrey Baer, MD, Assistant Professor, Department of Orthopedics and Rehabilitation, Division of Sports Medicine
Kathleen Carr, MD, Assistant Professor, Department of Family Medicine and Department of Orthopedics and Rehabilitation, Division of Sports Medicine
Gregory DeMuri, MD, Associate Professor, Pediatric Infectious Disease Clinic, Department of Pediatrics
Ben Graf, MD, Associate Professor, Department of Orthopedics and Rehabilitation, Division of Sports Medicine
Barbara Knox, MD, Assistant Professor, Medical Director Pediatric Child Protection Program, Department of Pediatrics
Greg Landry, MD, Professor, Department of Pediatrics and Department of Orthopedics and Rehabilitation, Division of Sports Medicine

James Leonard, DO, PT, Associate Professor, Department of Orthopedics and Rehabilitation, Chair of the Rehabilitation Medicine Division and Co-director, UW Health Spine Clinic
James McCarthy, MD, Associate Professor, Department of Orthopedics and Rehabilitation
Blaise Nemeth, MD, MS, Assistant Professor, Department of Pediatrics and Department of Orthopedics and Rehabilitation
Christine Serogy, MD, Assistant Professor, Pediatric Allergy and Immunology, Department of Pediatrics
Marc Sherry, APT, Department of Orthopedics and Rehabilitation, Division of Sports Medicine
Friday, November 14, 2008

7:15-8:00 a.m.  Continental Breakfast and Registration

8:00-8:15 a.m.  Welcome and Introduction
                 Ken Noonan, MD

8:15-9:15 a.m.  Session I
                 General Pediatric Orthopedics
                 Moderator: James McCarthy, MD

                 Diagnosis and Management of Newborn Hip Instability
                 James McCarthy, MD

                 Management of Newborn Foot Deformities
                 Blaise Nemeth, MD, MS

                 Childhood Foot Conditions
                 Ken Noonan, MD

                 Limb Bowing and Twisting in Walking Children: When to Worry
                 Blaise Nemeth, MD, MD

9:15-10 a.m.  Evaluation and Management of Hip Impingement
               James McCarthy, MD

9:15-10 a.m.  Pediatric Limb Pain: When to Worry, Diagnostic Approach
               Rebecca Carl, MD

10-10:25 a.m.  Break

10:25-noon  Session II
               Pediatric Spine Conditions
               Moderator: Ken Noonan, MD

               Frequently Encountered Spine Deformity
               Ken Noonan, MD

               Torticollis
               Blaise Nemeth, MD, MS

               Evaluation of Back Pain
               Rebecca Carl, MD

               Spondylolysis/Spondylolisthesis
               Ken Noonan, MD

               Rehabilitative Approach to Back Pain
               James Leonard, DO, PT

               Case Session
               Panel

Noon-1 p.m.  Lunch

1-1:05 p.m.  Announcements and Introductions
               David Bernhardt, MD

1-1:05-2:05 p.m.  Session III
               Pediatric Sports Medicine
               Moderator: David Bernhardt, MD

               What’s Different About the Pediatric Athlete
               Greg Landry, MD

               Common Sprains and Strains
               Jeff Mjaanes, MD

               Differential Diagnosis for Ankle Pain in the Immature Patient
               Ted Ganley, MD

               Adolescent Anterior Knee Pain, Evaluation and Treatment
               Kathleen Carr, MD

               Osteochondritis Dissecans of the Knee
               Ted Ganley, MD

               Female Athletic Knee: Prone for Problems?
               Rebecca Carl, MD

               Anterior Cruciate Ligament Injuries
               Ben Graf, MD

2:05-3:15 p.m.  Osteochondritis Dissecans of the Knee
               Ted Ganley, MD

2:05-3:15 p.m.  Strategies for Pediatric Rehabilitation
               Marc Sherry, APT

        3:15-3:35 p.m.  Break

2:05-3:15 p.m.  Throwring Injuries in the Growing Skeleton
               Geoffrey Baer, MD

2:05-3:15 p.m.  Throwing Injuries in the Growing Skeleton
               Geoffrey Baer, MD

3:35-4:45 p.m.  Session IV
               Orthopedic Manifestations of Child Abuse
               Barbara Knox, MD

               Modern Management of Lower Limb Fractures
               Ted Ganley, MD

               Ten Fractures that Look Benign but Need Referral
               James McCarthy, MD

               Adjourn

4:45 p.m.  Cocktails and Hors devours
SCHEDULE
Saturday, November 15, 2008

7:15-8:00 a.m.  Continental Breakfast
8:00-8:05 a.m.  Announcements and Introductions  David Bernhardt, MD
8:05-9:25 a.m.  Session V  Sports Medicine
Moderator: David Bernhardt, MD
Pre-participation Physical Examination  David Bernhardt, MD
Musculoskeletal Manifestations of Pediatric Obesity  Rebecca Carl, MD
Stress Fractures  Rebecca Carl, MD

9:30-10:30 a.m.  Session VI  Infections/Common Tumors
Moderator: Blaise Nemeth, MD, MS
Osteomyelitis/Septic Arthritis  Greg DeMuri, MD
Common Pediatric Tumors  James McCarthy MD
Signs/Symptoms of Inflammatory Disease: When to Refer  Christine Seroogy, MD

10:30-10:55 a.m. Break

10:55-11:40 a.m. Workshop Session 1 - Choose to attend one workshop in this session
Workshop A  Examination of the Athlete’s Knee and Ankle  Ted Ganley, MD, David Bernhardt, MD, Jeff Mjaanes, MD, Rebecca Carl, MD
OR
Workshop B  Common Cast and Splints Used in Your Office  Ken Noonan, MD, Blaise Nemeth, MD, MS, James McCarthy, MD

10:55-11:40 a.m. (continued)

11:45 -12:30 p.m. Workshop Session 2 - Choose to attend one workshop in this session
Workshop A  Examination of the Athlete’s Knee and Ankle  Ted Ganley, MD, David Bernhardt, MD, Jeff Mjaanes, MD, Rebecca Carl, MD
OR
Workshop B  Common Cast and Splints Used in Your Office  Ken Noonan, MD, Blaise Nemeth, MD, MS, James McCarthy, MD

12:30 p.m. Adjourn

AMERICAN FAMILY CHILDREN’S HOSPITAL
From newborns to young adults, patients at the American Family Children’s Hospital in Madison, Wisconsin, receive a level of care that is truly unique in the region. Opened in 2007, the state-of-the-art hospital offers outstanding medical care in a new, family-friendly facility. For more information, please visit uwhealth.org/kids.
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Return your completed registration form and payment to:
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Pyle Center Registration
702 Langdon Street
Madison, WI 53706

By Phone (608) 262-1397. Please call and give your billing information or pay by MasterCard, Visa or American Express.

By Fax (608) 240-6002; E-mail rowin@wisc.edu.

HOUSING
A block of rooms has been reserved at the Kalahari Resort at the rates of $99 on Thursday, November 13, $109 on Friday, November 14, and $129 on Saturday, November 15, 2008. Rates include admission to the indoor waterpark for each registred guest. Please call the Kalahari Resort directly for your reservation. To receive the symposium room rate, mention "Orthopedic and Sports Review" to the hotel staff when making your reservation. A deposit or credit card number is required to guarantee your reservation. Should you need to cancel your reservation, please contact the Kalahari directly.

CONFERMATIONS
All registrations are confirmed in writing. If you do not receive a confirmation notice, please call (608) 262-1397.

CONTACT INFORMATION
For conference information please contact Barbara Rowin, UW School of Medicine and Public Health, Office of Continuing Professional Development, 2701 International Lane, Suite 208, Madison, Wisconsin 53704; telephone (608) 240-6002; E-mail rowin@wisc.edu.

REGISTRATION FORM To register online, www.ocpd.wisc.edu/course_catalog

STEP 2. Fee/Payment Information:
Conference Fee:
❑ $350
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❑ P.O. or Check Enclosed (payable to University of Wisconsin)
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