Acknowledgments

The authors of this resource guide and the Wisconsin Diabetes Advisory Group represent key organizations and individuals committed to improving the health of people at risk for, or with, diabetes in Wisconsin. The Wisconsin Diabetes Prevention and Control Program wishes to thank them for their collaboration and expertise regarding this revision.

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Diabetes in Wisconsin

Diabetes is a serious, common, costly, but controllable chronic disease. In Wisconsin:

- Diabetes was the sixth leading cause of death in 2003
- An estimated 330,000 adults have diabetes (diagnosed and undiagnosed) and an estimated 4,000 children and adolescents have diagnosed diabetes.
- In 2003, over 1,300 residents died with diabetes listed as the underlying cause of death
- In 2002, there were over 85,000 diabetes-related hospitalizations
- In 2002, there were over 1,400 diabetes-related amputations

Annually in Wisconsin, diabetes and its complications cost an estimated $4.52 billion in health care costs and lost productivity. Many of these adverse outcomes can be prevented, or at least delayed, by a more aggressive program of preventive care, prompt identification of problems, early intervention, and treatment.

Purpose of the Diabetes Resource Guide

One method to help improve diabetes care and delay or reduce diabetes-related complications is to provide current diabetes educational and resource information to health care providers and people with diabetes. The purpose of this guide is to provide a listing of resources for organizations, government agencies, programs and initiatives, worksite wellness, language and multicultural, and financial in one easy-to-use guide.

The Diabetes Resource Guide’s audience is:

- People with diabetes, their family and friends
- People at risk for developing diabetes
- Health care organizations
- Health care professionals

About the Wisconsin Diabetes Prevention and Control Program

http://dhfs.wisconsin.gov/health/diabetes

The Diabetes Prevention and Control Program (DPCP) works to improve the health of people at risk for, or with, diabetes in Wisconsin. Forming and maintaining strong, active partnerships are key to achieving this mission. The DPCP uses a statewide approach to improve diabetes care through:

- Working with health systems
- Designing population-based community interventions and health communications
- Outreach to at-risk populations
- Conducting surveillance and evaluation of the burden of diabetes
- Coordination of efforts through the Diabetes Advisory Group

The Diabetes Advisory Group, convened by the DPCP, provides the foundation for active partnerships across the state. Over 100 diverse partners participate in the group, including health care and professional organizations, minority groups, business coalitions, insurance and managed care organizations, voluntary and community-based organizations, academic centers, industry and public health representatives, and consumers.
Copies and Updates
Every attempt is made at the time of printing to include the most current information; however, contact information and internet addresses frequently change. Please notify us, using the contact information listed below, if you notice any incorrect information or wish to add a valuable resource to our next revision. To obtain additional copies of the Diabetes Resource Guide, download at http://dhfs.wisconsin.gov/health/diabetes, call (608) 261-9422, or email ludlule@dhfs.state.wi.us.
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of the Diabetes Prevention and Control Program,  
Division of Public Health,  
Wisconsin Department of Health and Family Services
Financial

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Dial 2-1-1 to access local free, confidential community information, referrals and crisis line services 24 hours a day, 7 days a week. Assistance with a wide range of health, family and social service issues, including emergency food, alcohol or other drug abuse, health care, homelessness and emergency shelter, financial assistance, family and parenting issues, mental health care, legal assistance, housing concerns, crisis counseling, and other issues.

Toll-free: dial 2-1-1

Advocacy and Benefits Counseling for Health, Inc. (ABC)
ABC is a nonprofit public interest law firm dedicated to ensuring health care access for Wisconsin children and families, particularly those with special needs or who are at risk. It provides free health benefits counseling and legal services for low-income families with children up to 21 years of age who are having difficulty paying for health care or having problems with insurance, HMOs or public benefits programs that provide health care.

Dane County Office
ABC for Health, Inc.
Toll-free: (800) 585-4222
Tel: (608) 261-6939
Email: info@safetyweb.org
Website: www.safetyweb.org

Barron County Office
ABC for Health, Inc.
Tel: (715) 537-3471

Polk County Office
ABC for Health, Inc.
Tel: (715) 485-8525

BadgerCare
BadgerCare is Wisconsin’s state program to provide health insurance for uninsured working families, managed by the Division of Healthcare Financing, Department of Health and Family Services. The program insures both children and their parents and is intended to fill gaps between Medicaid and private health insurance. To be eligible one must have children under age 19 living with them, their income must be within the guideline limits, and they cannot be covered by other health insurance.

Toll-free: (800) 362-3002
Website: http://dhfs.wisconsin.gov/badgercare

Community Health Centers
Fees at many of these clinics are based on a sliding scale or the patient’s ability to pay.

See Appendix B and Appendix C

Diabetes Drug-Related Patient Assistance Programs
See Appendix A

Directory of Prescription Drug Patient Assistance Programs
To make it easier for physicians to identify the growing number of programs available for needy patients, member companies of the Pharmaceutical Research and Manufacturers of America (PhRMA) created this directory. It lists company programs that provide drugs to physicians whose patients could not otherwise afford them. Only PhRMA member companies are listed.

Toll-free: (888) 477-2669
Website: www.helpingpatients.org
Eye Care America’s Diabetes EyeCare Program (DEP)
The Diabetes EyeCare Program (DEP) is a service of Eye Care America, the Foundation of the American Academy of Ophthalmology. DEP promotes annual, dilated eye exams for people with diabetes and raises awareness about diabetic eye disease, provides free diabetic eye disease educational materials, and facilitates access to eye care. People eligible for a referral through the program receive a comprehensive, medical eye exam and up to one year of treatment – at no out-of-pocket expense – for any condition diagnosed during the initial exam. Volunteer ophthalmologists accept Medicare and/or other insurance reimbursement as payment in full.

**Diabetes Help Line**
Toll-free: (800) 391-3937
Website: [www.eyecareamerica.org](http://www.eyecareamerica.org)

GovBenefits.gov
GovBenefits.gov is a partnership of federal agencies with a shared vision – to provide improved, personalized access to government assistance programs. The mission of GovBenefits.gov is to use the Internet to connect citizens to government benefit program eligibility information; increase access to information, particularly for people with disabilities; reduce expense and difficulty of doing business with the government; and, continue to add programs to become the single source for federal, state, and local government benefit programs. The online screening tool is free, easy-to-use, and completely confidential.

Toll-free: (800) 333-4636
Website: [www.govbenefits.gov](http://www.govbenefits.gov)

Health Insurance Risk Sharing Plan (HIRSP)
The Wisconsin Health Insurance Risk Sharing Plan (HIRSP), managed by the Division of Healthcare Financing, Department of Health and Family Services, offers health insurance to Wisconsin residents who are either unable to find adequate health insurance coverage in the private market due to their medical conditions or who have lost their employer-sponsored group health insurance. Applicants are required to meet HIRSP eligibility criteria to qualify.

Toll-free: (800) 828-4777
Tel: (608) 221-4557
Website: [www.hirsp.org](http://www.hirsp.org)

**Prescription Drug Questions**
Toll-free: (866) 270-3877

Medicare Preventive Service:
**Diabetes Screening, Supplies and Self-Management Training**
This site answers common questions and provides links to numerous other sites with diabetes self-management information.

Toll-free: (800) 633-4227

Medicare Preventive Services:
Diabetes Screening, Supplies, and Self-Management Training

Medicare Coverage of Diabetes Supplies and Services (pdf file – 30 page booklet)
[http://www.medicare.gov/Publications/Pubs/pdf/11022.pdf](http://www.medicare.gov/Publications/Pubs/pdf/11022.pdf)
Medicare and You (pdf file – 116 page booklet)
Diabetes care issues are discussed on pages 10, 12, 13, 15, 24, and 34. Document includes information on Medicare Part D.

NeedyMeds.com
This website offers a complete listing of patient assistance programs for prescription drugs. Information is frequently updated and obtained directly from the drug manufacturers. Both patients and health professionals can obtain information from the site. Health professionals have an option to purchase a manual with the information from the website.

Tel: (215) 625-9609 Website: www.needymeds.com

NonprofitWarehouse.com
Nonprofit Warehouse.com is an online service that provides products for nonprofit organizations. Their goal is to bring nonprofit manufacturers and selected low-cost suppliers together with nonprofit organizations in a common place for the mutual benefit of the people they serve. Included among a variety of products and programs is the free Prescription Drug Discount Card that provides a 50% discount on generic drugs and a 15% discount on branded drugs at more than 65,000 pharmacies nationwide. The card must be printed from the website.

Tel: (770) 541-7777 Email: customerservice@nonprofitwarehouse.com Website: www.nonprofitwarehouse.com

Partnership for Prescription Assistance
The Partnership for Prescription Assistance brings together America’s pharmaceutical companies, doctors, other health care providers, patient advocacy organizations and community groups to help qualifying patients who lack prescription coverage get the medicines they need through the public or private program that’s right for them. Many patients will get the medicines free or nearly free.

Toll-free: (888) 477-2669 Website: www.pparx.org

RxAssist
RxAssist provides physicians and other health care providers with the information they need to access patient assistance programs offered through pharmaceutical manufacturers. Providers can search programs by company, brand name, generic name, and drug class. downloadable information is also available for patients describing options for prescription assistance. The site also links to state programs and drug discount card programs.

Tel: (401) 729-3284 Email: info@rxassist.org Website: www.rxassist.org

The Medicine Program.com
This program offers a unique FREE discount prescription drug program. There are no burdensome criteria to qualify for this program – everyone is eligible. This plan is absolutely free-of-charge and is available to anyone that is looking to lower the cost of their prescriptions.

Website: www.themedicineprogram.com/
**Wisconsin SeniorCare**
Managed by the Division of Healthcare Financing, Department of Health and Family Services, SeniorCare is Wisconsin’s prescription drug assistance program for Wisconsin residents age 65 years or older who meet eligibility requirements. Individuals with prescription drug coverage under other plans will be eligible to enroll, but SeniorCare will only cover eligible costs not covered under other plans. Individuals enrolled in Medicaid are not eligible. There is an annual fee to participate in program.

Toll-free: (800) 657-2038 (TTY and translations services available)

For more information contact your county or tribal aging office:
[http://dhfs.wisconsin.gov/aging/contacts/COAGOF.HTM](http://dhfs.wisconsin.gov/aging/contacts/COAGOF.HTM)

Website: [http://dhfs.wisconsin.gov/seniorcare](http://dhfs.wisconsin.gov/seniorcare)

**Wisconsin Chronic Disease Program**
Managed by the Division of Healthcare Financing, Department of Health and Family Services, the Wisconsin Chronic Disease Program (WCDP) offers assistance to Wisconsin residents with chronic renal disease, hemophilia, and adult cystic fibrosis. The program pays health care providers for disease-related services and supplies provided to certified Wisconsin Chronic Disease Program recipients after all other sources of payment have been exhausted. Chronic Disease Program recipients are responsible for certain co-payments and annual deductibles determined by the program.

Tel: (608) 266-2469 Website: [http://dhfs.wisconsin.gov/wcdp](http://dhfs.wisconsin.gov/wcdp)

**Wisconsin Council of the Blind**
The Wisconsin Council of the Blind is a private, nonprofit agency that serves the blind and visually impaired of Wisconsin. Activities include legislative and administrative advocacy as well as public education and referral. Services include low vision evaluations, rehabilitation teaching, low interest loans, and scholarships. The Council also sells a variety of vision assistance products at low cost to people who are blind or have low vision. Some items may be available on loan for a trial basis before purchase.

Toll-free: (800) 783-5213 Email: info@wcblind.org
Tel: (608) 255-1166 Website: [www.wcblind.org](http://www.wcblind.org)
Financial

Other Referral and Support Resources

Civic Groups and Community Organizations
See your local telephone directory for the Salvation Army, United Way, Lutheran Social Services, Jewish Social Services, and Associated Catholic Charities.

Community Health Centers
These Centers provide access to comprehensive community-oriented primary health care services for medically underserved communities in Wisconsin. See Appendix B and Appendix C for a complete listing of Wisconsin's Community Health Centers.

County Human/Social Services
These agencies can provide direction for acquiring medical assistance, food stamps, information and referral. Listing at: http://dhfs.wisconsin.gov/aboutDHFS/OSF/AreaAdm/ProgramAgencyListing.pdf

County/Tribal Aging Offices and Benefits Specialists
These specialists can answer questions about needs, services and opportunities for older persons in their communities. Listing at: http://dhfs.wisconsin.gov/aging/contacts/COAGOF.HTM

Local Public Health Departments
Local Public Health Departments can provide information and referral as well as linkage to local services. See listing for county and/or city of residence: http://dhfs.wisconsin.gov/LocalHealth/

Medigap
Medigap is private health insurance that supplements Medicare’s benefits by filling in some of the gaps in Medicare coverage. A booklet entitled Medicare Supplement Insurance Approved Polices, which describes individual Medigap insurance policies currently being sold in Wisconsin, may be obtained from:
Toll-free: (800) 242-1060
Website: http://dhfs.wisconsin.gov/aging/BOALTC/MEDIGAP.HTM

Wisconsin Medicaid and SeniorCare Preferred Drug List-Quick Reference
Website provides list of medications covered under Wisconsin Medicaid and SeniorCare Programs.
Website: www.dhfs.wisconsin.gov/medicaid/pharmacy/pdl/
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**Department of Veterans Affairs Diabetes Program (VA)**
The VA’s Diabetes Program offers a variety of diabetes resources for veterans and health professionals, including Diabetes Clinical Practice Guidelines. It is a comprehensive evidence-based document that incorporates information from several existing, national consensus, evidence-based guidelines.

Tel: (202) 273-5400  
Website: [www1.va.gov/diabetes](http://www1.va.gov/diabetes)

*VA Health Care Benefits Hotline*  
Toll-free: (877) 222-8387

**Division of Diabetes Translation, Centers for Disease Control and Prevention (DDT)**
DDT promotes assessment, health policy development, assurance of quality health services, and implementation of community-based approaches to reduce the burden of diabetes in the U.S. The agency supports Diabetes Prevention and Control Programs in all 50 states and eight territories or island jurisdictions, conducts surveillance and research, and is a sponsor of the National Diabetes Education Program. A variety of patient education materials are available.

Toll-free: (877) 232-3422  
Email: diabetes@cdc.gov  
Website: [www.cdc.gov/diabetes](http://www.cdc.gov/diabetes)

**Food and Nutrition Information Center (FNIC)**
The FNIC is one of several information centers located at the National Agricultural Library (NAL). The food and human nutrition collection of NAL includes books, manuals, journal articles, and audio-visual materials. Resources range from educational materials to scientific information.

Tel: (301) 504-5719  
Email: fnic@nal.usda.gov  
Website: [www.nal.usda.gov/fnic](http://www.nal.usda.gov/fnic)

**Indian Health Service (IHS), Division of Diabetes Treatment and Prevention**
An agency of the Public Health Service, Department of Health and Human Services, IHS develops, documents, and sustains a health effort to prevent and control diabetes in American Indian and Alaska Native communities. Resources include information on nutrition and fitness, a diabetes resource catalog, and training/workshops on diabetes.

Tel: (505) 248-4182  
Email: feedback@ihs.gov  
Website: [www.ihs.gov/medicalprograms/diabetes](http://www.ihs.gov/medicalprograms/diabetes)

**National Center on Minority Health and Health Disparities (NCMHD)**
The mission of the NCMHD is to promote minority health and to lead, coordinate, support, and assess the NIH effort to reduce and ultimately eliminate health disparities. The NCMHD supports research, fosters emerging programs, disseminates information, and provides outreach to minority and other health disparity communities.

Tel: (301) 402-1366  
Email: NCMHDinfo@od.nih.gov  
Website: [http://ncmhd.nih.gov](http://ncmhd.nih.gov)
**National Diabetes Information Clearinghouse (NDIC)**
The NDIC is a service of the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), part of the National Institutes of Health (NIH), under the U.S. Public Health Service. The clearinghouse is designed to increase knowledge and understanding about diabetes among patients and their families, health care professionals, and the public. NDIC publications include public and patient materials, professional materials, catalogs and guides, fact sheets, and information packets.

Toll-free: (800) 860-8747
Email: ndic@info.niddk.nih.gov
Website: www.niddk.nih.gov/health/diabetes/ndic.htm

**National Eye Institute (NEI)**
NEI is a branch of the National Institutes of Health. It supports basic and clinical research to develop safe and effective methods to prevent, diagnose, and treat diabetic eye disease. NEI produces patient and professional education materials related to diabetic eye disease and its treatment, including literature for patients, guides for health professionals, and education kits for community health workers and pharmacists.

Tel: (301) 496-5248
Email: 2020@nei.nih.gov
Website: www.nei.nih.gov

**National Heart, Lung, and Blood Institute (NHLBI)**
The primary responsibility of the NHLBI is the scientific investigation of heart, blood vessel, lung, and blood diseases. The NHLBI Information Center responds to inquiries related to high blood pressure, cholesterol, asthma, heart attack, obesity, and sleep disorders. Public and patient education materials are available on numerous topics including cholesterol, high blood pressure, asthma, heart disease, physical activity, obesity, sleep disorders, stroke, and blood diseases. Clinical practice guidelines and other publications for health professionals are available on the above topics as well.

Tel: (301) 592-8573
Email: nhlbiinfo@nhlbi.nih.gov
Website: www.nhlbi.nih.gov

**National Immunization Program (NIP)**
The NIP is a part of the Centers for Disease Control and Prevention. As a disease-prevention program, NIP provides leadership for the planning, coordination, and conduct of immunization activities nationwide. Support and information is provided to health departments, health professionals, partners, and the media.

*English Hotline:*
Toll-free: (800) 232-2522
Email: nipinfo@cdc.gov
Website: www.cdc.gov/nip

*Spanish Hotline:*
Toll-free: (800) 232-0233
Government Agencies

**National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)**
The NIDDK is part of the National Institutes of Health. They conduct and support biomedical research, disseminating research findings to the public. A variety of resources are available in easy-to-read and Spanish formats through NIDDK’s National Diabetes Information Clearinghouse (see above), and through their other programs and initiatives.

- Toll-free: (800) 860-8747
- Tel: (301) 654-3327
- Email: ndic@info.niddk.nih.gov
- Website: www.niddk.nih.gov

**National Institute on Aging (NIA)**
The NIA is a branch of the National Institutes of Health. The NIA promotes healthy aging by conducting and supporting biomedical, social, and behavioral research and public education. Educational material topics cover specific diseases and health conditions, treatments, and research. Materials are for use by the general public, patients and family members, health professionals, voluntary and community organizations, and the media.

- Toll-free: (800) 222-2225
- Email: niainfo@mail.nih.gov
- Website: www.nih.gov/nia

**National Kidney and Urologic Diseases Information Clearinghouse (NKUDIC)**
NKUDIC provides information about kidney and urologic diseases to the public, patients, and their families and health care professionals. A variety of educational materials and publications are available.

- Toll-free: (800) 891-5390
- Email: nkudic@info.niddk.nih.gov
- Website: http://kidney.niddk.nih.gov

**National Oral Health Information Clearinghouse (NOHIC)**
The NOHIC serves as a resource for patients, health professionals, and the public who seek information on the oral health of special care patients. These include people with genetic or systemic disorders that compromise oral health, people whose medical treatment causes oral problems, and people with mental or physical disabilities that make dental hygiene difficult. A service of the National Institute of Dental and Craniofacial Research, NOHIC gathers and disseminates information from many sources, including voluntary health organizations, educational institutions, government agencies, and industry.

- Tel: (301) 496-4261
- Email: nidcrinfo@mail.nih.gov
- Website: www.nidcr.nih.gov/HealthInformation/SpecialCareResources

**Office of Minority Health (OMH) Resource Center**
The OMH works to improve the health of racial and ethnic populations through the development of health policies and programs. OMH is the largest resource and referral service on minority health in the Nation.

OMH offers information, publications, mailing lists, database searches, referrals, and more for African-American, Asian American, Hispanic/Latino, Native American/Alaska Native, and Pacific Islander populations. OMH-RC publishes the newsletters, *Closing the Gap* and *Pocket Guide to Minority Health Resources*.

- Toll-free: (800) 444-6472
- Email: info@omhrc.gov
- Website: www.omhrc.gov
Rural Information Center (RIC)
The Rural Information Center, part of the U.S. Department of Agriculture, provides information and referral services for rural communities, officials, organizations, and citizens.

Toll-free: (800) 633-7701  
Website: www.nal.usda.gov/ric

UW Center for Tobacco Research and Intervention (CTRI)
The CTRI is committed to aiding smokers in overcoming their dependence on tobacco. The CTRI accomplishes these goals through four program areas: research, clinical, outreach and education, and policy. Fact sheets, publications, and information on cessation services and programs by county are available.

Tel: (608) 262-8673  
Website: www.ctri.wisc.edu

UW Population Health Institute
The Institute serves as a focal point for applied public health and health policy within the University of Wisconsin-Madison School of Medicine and Public Health as well as a bridge to public health and health policy practitioners in the state. Research and education opportunities are offered as well as publications and reports.

Tel: (608) 263-6294  
Website: www.pophealth.wisc.edu/uwphi

Wisconsin Bureau of Aging and Disability Resources
The Bureau of Aging and Disability Resources in the Division of Disability and Elder Services, Department of Health and Family Services, is responsible for analyzing public policy options for planning and managing the delivery of home and community-based services for persons who are elderly and persons with physical disabilities. The Bureau administers programs required under the Older Americans Act and the Wisconsin Elder Act and coordinates and manages the Community Options Program, home and community-based waiver programs, the Independent Living Centers, and WisTech.

Tel: (608) 266-2536  
Email: rosnefp@dhfs.state.wi.us  
Website: http://dhfs.wisconsin.gov/aging

Wisconsin Bureau for the Blind
The Bureau for the Blind in the Division of Disability and Elder Services, Department of Health and Family Services, is dedicated to serving people who have vision loss. For those persons who meet the eligibility requirements, the services of a field-based personal assistant are provided to help in the management of everyday tasks. Counseling and support groups are also available.

Toll-free: (888) 879-0017  
Website: http://dhfs.wisconsin.gov/blind
Wisconsin Comprehensive Tobacco Prevention and Control Program
The Comprehensive Tobacco Prevention and Control Program is part of the Bureau of Community Health Promotion, Division of Public Health, Department of Health and Family Services. The Tobacco Prevention and Control Program works to reduce the leading cause of chronic disease – tobacco use – through the coordination of a comprehensive, statewide effort with multiple partnerships at the local, state, and national level. The program also coordinates the activities and materials for the Thomas T. Melvin Youth Tobacco Prevention and Education Program.

Tel: (608) 266-8526 Website: http://dhfs.wisconsin.gov/tobacco

Wisconsin Tobacco Quit Line
Toll-free: (800) 784-8669

Wisconsin Diabetes Prevention and Control Program (DPCP)
The Wisconsin Diabetes Prevention and Control Program, in the Bureau of Community Health Promotion, Division of Public Health, Department of Health and Family Services, takes a statewide approach to improve diabetes care in Wisconsin by focusing on health systems, community interventions, health communications, surveillance, and evaluation. A variety of resources are available for both people with diabetes and health professionals.

Tel: (608) 261-6871 Email: ludlule@dhfs.state.wi.us
Website: http://dhfs.wisconsin.gov/health/diabetes

Wisconsin Heart Disease and Stroke Prevention Program
This program is in the Bureau of Community Health Promotion, Division of Public Health, Department of Health and Family Services. The overall purpose of the program is to reduce the burden of cardiovascular disease statewide.

Tel: (608) 266-3702 Email: bruec@dhfs.state.wi.us
Website: http://dhfs.wisconsin.gov/health/cardiovascular

Wisconsin Immunization Program
The Immunization Program, located in the Bureau of Communicable Diseases and Preparedness, Division of Public Health, Department of Health and Family Services, working in partnership and collaboration with local partners, strives to eliminate the transmission of vaccine preventable disease through effective immunization programs and outbreak control measures. Utilizing best practice strategies and evidence-based programming, steps to achieve the mission include: improving the effectiveness of immunization delivery systems, increasing immunization access for all, identifying and eliminating racial, ethnic and other disparities, and protecting the community through high immunization rates.

Tel: (608) 267-9959 Website: http://dhfs.wisconsin.gov/immunization
Wisconsin Minority Health Program
The Minority Health Program in the Bureau of Health Information and Policy, Division of Public Health, Department of Health and Family Services, is the primary point of contact on minority health for the Department and develops initiatives to advance the health of racial and ethnic minority communities in Wisconsin.

Tel: (608) 267-2173

Website: [http://dhfs.wisconsin.gov/health/minorityhealth](http://dhfs.wisconsin.gov/health/minorityhealth)

Wisconsin Nutrition and Physical Activity Program
The Wisconsin Nutrition and Physical Activity Program is in the Bureau of Community Health Promotion, Division of Public Health, Department of Health and Family Services. The program works to prevent and control obesity and other chronic diseases by developing a nutrition and physical activity infrastructure at the state level through collaboration and coordination with state and local government and private partners. The program also identifies, assesses, utilizes, and evaluates data sources and research to define and monitor the burden of obesity and has also developed an evidence-based State Nutrition and Physical Activity Plan.

Tel: (608) 267-3694

Website: [http://dhfs.wisconsin.gov/health/physicalactivity](http://dhfs.wisconsin.gov/health/physicalactivity)

Wisconsin Office of the Commissioner of Insurance
The Office of the Commissioner of Insurance (OCI) was created by the legislature in 1871. The original intent of OCI has not changed drastically over the past 125 years. In 1871, OCI was vested with broad powers to ensure that the insurance industry responsibly and adequately met the insurance needs of Wisconsin citizens. Today, OCI’s mission is to lead the way in informing and protecting the public and responding to its insurance needs.

Toll-free: (800) 236-8517

Website: [http://oci.wi.gov](http://oci.wi.gov)

Wisconsin Program for Children and Youth with Special Health Care Needs
The Children and Youth with Special Health Care Needs Program in the Bureau of Community Health Promotion, Division of Public Health, Department of Health and Family Services, provides consultation assistance for families of children who have chronic illnesses or disabilities and have special health care needs.

Tel: (608) 266-8178

Website: [http://dhfs.wisconsin.gov/DPH_BFCH/cshcn](http://dhfs.wisconsin.gov/DPH_BFCH/cshcn)
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American Diabetes Association's Spanish Language Website
This website is the Spanish version of the American Diabetes Association’s website.

Website: www.diabetes.org/espanol/default.jsp

American Dietetic Association's Diversity Resource List
This resource list is designed to assist in the location of nutrition education resources for various population groups, as well as to help increase awareness and understanding of diversity.

Website: www.eatright.org/cps/rde/xchg/ada/hs.xsl/CADE_3207_ENU_HTML.htm

American Heart Association's Spanish Language Website
This website is the Spanish version of the American Heart Association’s website.

Website: www.heart.org/presenter.jhtml?identifier=3015971

American Indian Health National Library of Medicine
This web resource on American Indian Health, sponsored by the National Library of Medicine, is designed to bring together health and medical resources pertinent to the American Indian population including policies, consumer health information, and research. Links are provided to an assortment of documents, websites, databases, and other resources.

Website: http://americanindianhealth.nlm.nih.gov

Association of Asian Pacific Community Health Organizations
This website is designed to serve as a vehicle through which you can easily access the information you need to better serve the health needs of Asian Americans, Native Hawaiians and Pacific Islanders.

Tel: (501) 272-9536 ext. 102 Website: www.aapcho.org

Babel Fish Translation
Translate text or entire websites with the Babel Fish translation tool.

Website: http://babelfish.altavista.com/translate.dyn

California Project LEAN Spanish Nutrition and Activity Information
California Project LEAN provides a variety of resources, evaluations, articles, and materials for promoting healthy eating and physical activity.

Tel: (916) 552-9907 Email: yberends@dhs.ca.gov Website: www.californiaprojectlean.org

Center for Cross-Cultural Health
The Center for Cross-Cultural Health is a Minnesota-based organization providing education and tools that ensure diverse populations receive culturally competent and sensitive materials.

Tel: (651) 209-8999 Website: www.crosshealth.com
**Diabetes Australia**
This site offers diabetes education materials in Arabic, Chinese, Croatian, Greek, Hindi, Italian, Malaysian, Serbian, Spanish, Thai, Turkish, Vietnamese, and Ukrainian.

Email: ccpp@diabetesaustralia.com.au  
Website: www.diabetesaustralia.com.au/multilingualdiabetes

**Free Translation Services**
FreeTranslation.com is one of the most popular websites of its kind, with more than 2 million visitors per week. FreeTranslation.com allows users to obtain free translations of both text and web pages. The translation is generated by a computer and displayed instantly.

Website: www.freetranslation.com

**Great Lakes Inter-Tribal Council, Inc. (GLITC)**
GLITC is a private nonprofit consortium that assists Native Americans in Wisconsin with health and social services.

Tel: (715) 588-3324  
Email: glitc@glitc.org  
Website: www.glitc.org

**Health Information Translations**
This site is a collaborative initiative to improve health education for limited English proficiency patients and is intended to serve as a valuable resource to help health care professionals teach health education to those patients with limited English skills. By leveraging the combined skills and experience of three of Central Ohio’s largest health care organizations, this project produces some of the most valuable resources for health care education in diverse communities. This website currently translates health education materials into 13 different languages; check the site regularly for new language translations.

Tel: (614) 293-3191  
Website: www.healthinfotranslations.com

**Hmong Health Education Network**
The goal of the Hmong Health Education Network is to provide access to health information for Hmong people and those who provide health, education, and social services to the Hmong community. The website is managed by the Wausau Area Hmong Mutual Assistance Association (WAHMA), with funding for the Hmong Health Education Network from the National Library of Medicine (NLM).

Website: www.hmonghealth.org

**Indian Health Service (IHS), Division of Diabetes Treatment and Prevention**
An agency of the Public Health Service, Department of Health and Human Services, IHS develops, documents, and sustains a health effort to prevent and control diabetes in American Indian and Alaska Native communities. Resources include information on nutrition and fitness, a diabetes resource catalog, and training/workshops on diabetes.

Tel: (505) 248-4182  
Email: feedback@ihs.gov  
Website: www.ihs.gov/medicalprograms/diabetes
Multicultural Diabetes Materials from Harborview Medical Center, Seattle
This website contains materials developed by Harborview Medical Center (Seattle, WA) for use in Multicultural Diabetes Classes for patients and family members. Class topics include basics of diabetes, nutrition, medicines, and glucose meters. The materials are available as easy-to-print PDFs and are translated into Amharic, Cambodian, Oromo, Somali, Spanish, Tigrean, and Vietnamese (each includes both target language and English). Several of the patient education handouts also include audio narrations that require software for listening.


National Alliance for Hispanic Health
The National Alliance for Hispanic Health focuses on improving the health and well-being of Hispanics. *Su Familia*, a National Alliance for Hispanic Health Program, offers Hispanic consumers free reliable and confidential health information in Spanish and English and helps navigate callers through the health system. Staffed by bilingual health information specialists the helpline provides basic information on a wide range of health topics.

*Su Familia Helpline* (bilingual)                Website: [www.hispanichealth.org](http://www.hispanichealth.org)
Toll-free: (866) 783-2645

National Cancer Institute
This website provides a variety of educational materials on healthy eating geared toward African-American, Latino American, and Native American audiences, as well as the general public.


National Center for Cultural Competence (NCCC)
The mission of the NCCC is to increase the capacity of health and mental health programs to design, implement, and evaluate culturally and linguistically competent service delivery systems.

Website: [www11.georgetown.edu/research/gucchd/nccc](http://www11.georgetown.edu/research/gucchd/nccc)

National Council of La Raza (NCLR)
NCLR’s health programs work to develop culturally-relevant bilingual health education and promotional materials for those in the Hispanic community not being reached by national, mainstream health education efforts, as well as to provide assistance in the form of model programs, consultation, and training.

Tel: (202) 785-1670                Website: [www.nclr.org](http://www.nclr.org)

National Diabetes Education Program (NDEP)
This website provides a wide variety of materials for both providers and patients. Many are available in 16 different languages. Special campaigns sponsored through this site include: *Small Steps, Big Rewards – Prevent Type 2 Diabetes; Control Your Diabetes for Life*; and, *Be Smart About Your Heart – Control the ABCs of Diabetes*.

Toll-free: (800) 438-5383                Website: [www.ndep.nih.gov](http://www.ndep.nih.gov)
Tel: (770) 488-5037
**National Hispanic/Latino Diabetes Initiative for Action (NLDI)**
This program was developed to serve as a blueprint for the Centers for Disease Control and Prevention to frame interdisciplinary, culturally-relevant approaches to control diabetes and its complications in the U.S. Hispanic/Latino community. The initiative is comprehensive in scope, serving as a long-range “road map.”

Toll-free: (800) 232-4636  
Website: www.cdc.gov/diabetes/projects/latino.htm

**National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)**
The NIDDK is part of the National Institutes of Health. They conduct and support biomedical research, disseminating research findings to the public. A variety of resources are available in easy-to-read and Spanish formats through NIDDK’s National Diabetes Information Clearinghouse and through their other programs and initiatives.

Toll-free: (800) 860-8747  
Email: ndic@info.niddk.nih.gov  
Website: www.niddk.nih.gov

**National Kidney Foundation, Inc.**
The National Kidney Foundation offers their *A to Z Health Guide* publications in Spanish.

Website: http://www.kidney.org/atoz/atozTopic_sp.cfm

**NativeWeb: Health Resources**
NativeWeb is an international, nonprofit, educational organization dedicated to using telecommunications including computer technology and the Internet to disseminate information from and about indigenous nations, peoples, and organizations around the world; to foster communication between native and non-native peoples; to conduct research involving indigenous peoples’ usage of technology and the Internet; and, to provide resources, mentoring, and services to facilitate indigenous peoples’ use of this technology.

Website: www.nativeweb.org/resources/health_elder_resources

**New South Wales (NSW) Multicultural Health Communication Service**
NSW Multicultural Health Communication Service (Multicultural Communication) provides information and services to assist health professionals to communicate with non-English speaking communities.

Email: mhcs@sesiabs.health.nsw.gov.au  
Website: www.mhcs.health.nsw.gov.au

**Nutrition Education for New Americans Project**
The Nutrition Education for New Americans Project has lost its funding from the USDA. The nutritional and diabetes handouts in 30 different languages are still available from this site. *All of the materials are copyright free; please distribute them freely.* Do not call the phone number on the handouts as it is no longer valid.

Website: http://monarch.gsu.edu/multiculturalhealth
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AARP
AARP is dedicated to enhancing quality of life for all as we age. AARPs leads positive social change and delivers value to members through information, advocacy and service. Membership in AARP is open to any person age 50 or above. The group is known for providing a host of services to this ever-growing segment of the population by: informing members and the public on issues important to this age group; advocating on legislative, consumer and legal issues; promoting community service; and, offering a wide range of special products and services to members

Toll-free: (888) 687-2277 Website: [www.aarp.org](http://www.aarp.org)

American Academy of Periodontology (AAP)
The Academy’s purpose is to advocate, educate, and set standards for advancing the periodontal and general health of the public and promoting excellence in the practice of periodontics. Periodontics is one of nine dental specialties recognized by the American Dental Association.

Tel: (312) 787-5518 Website: [www.perio.org](http://www.perio.org)  
The Mouth/Body Connection: Diabetes Fact Sheet [www.perio.org/consumer/mbc.diabetes.htm](http://www.perio.org/consumer/mbc.diabetes.htm)

American Association of Diabetes Educators (AADE)
AADE is a multi-disciplinary organization for health professionals involved in diabetes patient education with state and regional chapters. The association sponsors a diabetes educator certification program, provides grants, scholarships, and awards for educational research and teaching activities, provides curriculum guides, consensus statements, self-study programs, and other resources for diabetes educators.

Toll-free: (800) 338-3633 Email: aade@aadenet.org  
Email: aade@aadenet.org Website: [www.diabeteseducator.org](http://www.diabeteseducator.org)  

Diabetes Educator Access Line
Toll-free: (800) 832-6874  
provides names and addresses of local certified diabetes educators

American Dental Association
The American Dental Association is the professional association of dentists committed to the public’s oral health, ethics, science, and professional advancement.

Tel: (312) 440-2500 Website: [www.ada.org](http://www.ada.org)  

American Diabetes Association (ADA)
The mission of this organization is to prevent and cure diabetes, and to improve the lives of all people affected by diabetes. To fulfill this mission, the American Diabetes Association funds research, publishes scientific findings, and provides information and other services to people with diabetes, their families, health care professionals, and the public.

ADA National Office  
Toll-free: (800) 342-2383 Website: [www.diabetes.org](http://www.diabetes.org)  
ADA Wisconsin Area Office  
Toll-free: (888) 342-2383 Tel: (414) 778-5500
ADA Recognized Programs in Wisconsin
ADA Recognition is a national voluntary process formally identifying diabetes patient education programs that meet National Standards for Diabetes Patient Education. Visit www.diabetes.org/education/edustate2.asp or call ADA at (888) 342-2383 for a current listing of Wisconsin’s Recognized Programs.

Diabetes Support Groups in Wisconsin
Contact the ADA at (888) 342-2383 for a current listing of diabetes support groups in Wisconsin.

Become a Diabetes Advocate
The Diabetes Advocate Program encourages people concerned about diabetes issues to write or speak to policy makers about diabetes. The Advocacy Action Center contains information about federal legislation, research funding, disability issues, health care insurance issues, and an option to become a Diabetes Advocate. To reach the Advocacy Action Center, go to: http://advocacy.diabetes.org/site/PageServer?pagename=AC_homepage

American Dietetic Association
The American Dietetic Association is an organization for registered dietitians and other professionals providing nutrition care and education services. The association publishes the monthly Journal of the American Dietetic Association.

The Diabetes Care and Education (DCE) Practice Group develops guidelines for the nutritional management of diabetes and maintains a network of practicing dietitians available for consultation. The DCE Practice Group publishes two newsletters, Newsflash and On the Cutting Edge. Other materials are available for professionals and patients.

American Dietetic Association
Toll-free: (800) 877-1600
Website: www.dce.org
www.eatright.org

Wisconsin Dietetic Association
Toll-free: (888) 232-8631
Email: wda@centurytel.net
Website: www.eatrightwisc.org

Consumer Nutrition Information Line and Registered Dietitian Locator:
Toll-free: (800) 366-1655

American Heart Association (AHA)
The American Heart Association is a nonprofit association dedicated to fighting heart disease and stroke through research and education. Professional resources include professional development seminars and meetings, emergency cardiac care training, and research information and opportunities. Consumer resources include free or low-cost brochures, pamphlets, newsletters, etc. related to the prevention of heart disease and stroke as well as disease-specific information.

AHA National Center
Toll-free consumers: (800) 242-8721
Toll-free professionals: (800) 787-8984
Website: www.americanheart.org

AHA in Wisconsin
Many local divisions: See “Local Info” link on website.
**American Stroke Association (ASA)**
The American Stroke Association is a division of the American Heart Association that focuses on reducing risk, disability, and death from stroke through research, education, fund raising, and advocacy.

Toll-free: (888) 478-7653
Website: [www.americanheart.org](http://www.americanheart.org)

**American Urologic Association Foundation**
The American Urological Association Foundation partners with physicians, researchers, health care professionals, patients, caregivers, families, and the public to support and promote research, patient/public education, and advocacy to improve the prevention, detection, treatment, and cure of urologic diseases.

Toll-free: (866) 746-4282
Email: patienteducation@auafoundation.org
Website: [www.auafoundation.org](http://www.auafoundation.org)

**Centers for Disease Control (CDC) Foundation**
The CDC Foundation is an independent, nonprofit enterprise that forges effective partnerships between CDC and others to fight threats to health and safety. The Foundation can accept funding and responsibly create programs that help donors and CDC scientists achieve their common goals.

Toll-free: (888) 880-4CDC
Website: [www.cdcfoundation.org](http://www.cdcfoundation.org)

**Diabetes Action Research and Education Foundation**
The mission of the Diabetes Action Research and Education Foundation is to support and promote education and scientific research to enhance the quality of life for all people affected by diabetes. Materials provided include exercise videos designed for people with diabetes. The booklet *Diabetes Self-Management: Basics and Beyond*, as well as recipes and tips are available on their website.

Tel: (202) 333-4520
Website: [www.daref.org](http://www.daref.org)

**Diabetes Exercise and Sports Association (DESA)**
DESA’s mission is to enhance the quality of life for people with diabetes through exercise and physical fitness. DESA publishes a quarterly newsletter, *The Challenge*, and sponsors a variety of events.

Toll-free: (800) 898-4322
Email: desa@diabetes-exercise.org
Website: [www.diabetes-exercise.org](http://www.diabetes-exercise.org)

**Diabetes Research and Training Centers (DRTCs)**
The National Institute of Diabetes and Digestive and Kidney Diseases supports six DRTCs. These centers offer seminars and workshops for health care professionals on diabetes management and offer professional expertise in developing and implementing diabetes programs. Individual centers produce a variety of educational materials, including audiovisuals for health care professionals.

For a complete list of DRTCs, go to: [http://diabetes.niddk.nih.gov/dm/pubs/drtc](http://diabetes.niddk.nih.gov/dm/pubs/drtc)
**Great Lakes Inter-Tribal Council, Inc. (GLITC)**
GLITC is a private nonprofit consortium that assists Native Americans in Wisconsin with health and social services.

Tel: (715) 588-3324  
Email: glitc@glitc.org  
Website: www.glitc.org

**Hadley School for the Blind**
The Hadley School for the Blind in Winnetka, Illinois, offers more than 90 distance education courses to eligible students completely free of charge, including “You, Your Eyes and Diabetes.” Individuals must meet one of the following criteria to be eligible: (1) a blind adult (14+ years of age); (2) a relative of a blind or visually impaired child; (3) a family member of a blind or visually impaired adult; or (4) a professional in the blindness field.

Toll-free: (800) 323-4238  
Email: info@hadley.edu  
Website: www.hadley-school.org

**International Diabetes Center (IDC)**
IDC offers education classes for people with diabetes as well as training programs and consultation services for health professionals. They have developed the Staged Diabetes Management program, a system of clinical pathways that helps primary care providers and diabetes educators partner with patients to gain control of their diabetes and prevent complications. IDC and its affiliates also conduct research on the prevention and treatment of diabetes. IDC has a variety of patient education material available.

Toll-free: (888) 825-6315  
Website: www.idcdiabetes.org

**International Diabetes Federation (IDF)**
The IDF is a non-governmental organization in official relations with the World Health Organization (WHO) and the Pan American Health Organization (PAHO). IDF carries out broad global initiatives through task forces, working groups, conferences, and educational development. Materials published by IDF include the Diabetes Voice, Bulletin of the IDF, leaflets, fact sheets, and other publications including a directory of online resources and a directory of clinical practice guidelines.

Tel: +32-2-5385511  
Email: info@idf.org  
Website: www.idf.org

**Joslin Diabetes Center**
The Joslin Diabetes Center offers inpatient and outpatient treatment, education, and other support services to adults and children with diabetes; provides professional medical education; sponsors camps for children with diabetes; and, supports research to improve treatment and find a cure for diabetes and its complications. In addition to its headquarters in Boston, there are affiliated diabetes treatment centers nationwide.

Tel: (617) 732-2400  
Website: www.joslin.harvard.edu
**Juvenile Diabetes Research Foundation International (JDRF)**

JDRF is a private, nonprofit, voluntary health agency with chapters and affiliates throughout the world. JDRF raises funds to support research on the cause, cure, treatment, and prevention of diabetes and its complications. The organization awards research grants for laboratory and clinical investigations and also provides training programs, workshops, and conferences for researchers.

- **JDRF International**
  - Toll-free: (800) 533-2873
  - Email: [info@jdrf.org](mailto:info@jdrf.org)
  - Website: [www.jdrf.org](http://www.jdrf.org)

- **JDRF, Southeastern Wisconsin Chapter**
  - Tel: (414) 453-4673
  - Email: [southeastwi@jdrf.org](mailto:southeastwi@jdrf.org)

- **JDRF, Western Wisconsin Chapter**
  - Tel: (608) 833-2873
  - Email: [westernwi@jdrf.org](mailto:westernwi@jdrf.org)

- **JDRF, Northeast Wisconsin Chapter**
  - Tel: (920) 997-0038
  - Email: [northeastwi@jdrf.org](mailto:northeastwi@jdrf.org)
  - Website: [www.jdrf.org/chapters/WI/Northeast-Wisconsin](http://www.jdrf.org/chapters/WI/Northeast-Wisconsin)

**Latino Health Organization**

The Latino Health Organization helps bridge the gap in access to health care for people of Latin American descent living in Milwaukee. Services include a home visiting outreach program, written and verbal translation services, and a health promoters training program.

- Tel: (414) 647-9990
- Website: [www.latinohealthorganization.org](http://www.latinohealthorganization.org)

**Lighthouse International**

Lighthouse International’s mission is to enable people of all ages to overcome vision impairment through worldwide leadership in vision rehabilitation services, education, research, and advocacy. Lighthouse has a variety of products, publications, and resources available for those affected with vision impairment.

- Tel: (212) 821-9200
- Email: [info@lighthouse.org](mailto:info@lighthouse.org)
- TTY: (212) 821-9713
- Website: [www.lighthouse.org](http://www.lighthouse.org)

**MetaStar, Inc.**

MetaStar is a health care quality improvement organization based in Madison, Wisconsin. MetaStar helps to assure cost-effective, quality health care through projects with health care organizations involving quality improvement, data analysis, and cost containment. MetaStar will work together with healthcare systems and clinics to improve care for their patients with diabetes.

- Toll free: (800) 362-2320
- Website: [www.metastar.com](http://www.metastar.com)

**MidWest Clinicians’ Network (MWCN)**

MWCN’s mission is to enhance professional and personal growth for clinicians to become effective leaders in their health centers and promoters of quality, community-based primary health care. The Health Disparities Collaboratives are a quality improvement initiative for primary health care centers.

- Tel: (517) 381-8000
- Email: [mwcn-info@mpca.net](mailto:mwcn-info@mpca.net)
- Website: [www.midwestclinicians.org](http://www.midwestclinicians.org)
**Milwaukee Area Health Education Center (Milwaukee AHEC)**
The mission of Milwaukee AHEC is to improve access to health care in Southeastern Wisconsin’s underserved communities, through the development of community-based, client oriented, culturally relevant, collaborative health professions education programs. Milwaukee AHEC accomplishes its mission by fostering cooperation and collaboration among health professionals, educational institutions and the communities. Milwaukee AHEC offers health careers and cultural competency information and presentations at a low cost.

Tel: (414) 344-0675  
Email: mail@milahec.org  
Website: www.milahec.org

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**Milwaukee Urban League**
The Milwaukee Urban League’s mission is to provide essential services . . . strong results-oriented programming . . . to those who share with all of us a desire to be productive, contributing members of the community. A dedicated team of staff, volunteers, sponsors, and the Board open doors to information, skill development, and other support to help African Americans achieve their full potential and participate in the social mainstream, to secure economic self-sufficiency, parity and power, and civil rights.

Tel: (414) 374-5850  
Email: tmalone@tmul.org  
Website: www.tmul.org

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**MUMS: National Parent-to-Parent Network**
MUMS is a national Parent-to-Parent organization for parents or care providers of a child with any disability or health condition. MUMS’ main purpose is to provide support to parents in the form of a networking system that matches them with other parents whose children have the same or similar condition. Parents can then exchange valuable information and provide each other with emotional support.

Toll-free Parents Only: (877) 336-5333  
Tel: (920) 336-5333  
Email: mums@netnet.net  
Website: www.netnet.net/mums

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**National Asian Women’s Health Organization (NAWHO)**
NAWHO’s diabetes education program, *Transforming Information into Action*, seeks to increase awareness of diabetes among Asian American community members, educate health care professionals about diabetes and Asian Americans, train health advocates to be informed diabetes spokespeople, and create culturally-appropriate diabetes education materials.

Tel: (415) 773-2838  
Email: info@nawho.org  
Website: www.nawho.org

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**National Certification Board for Diabetes Educators (NCBDE)**
The mission of the NCBDE is to promote excellence in the profession of diabetes education through the development, maintenance, and protection of the Certified Diabetes Educator (CDE) credential and certification process.

Tel: (847) 228-9795  
Email: info@ncbde.org  
Website: www.ncbde.org
National Federation of the Blind: The Diabetes Action Network
The Diabetes Action Network, a division of the National Federation of the Blind, is a support and information network for all people with diabetes, especially those who are blind or losing vision. The Network publishes a quarterly magazine, Voice of the Diabetic, and a resource guide. A wide variety of other resources and information are available through the National Federation of the Blind.

Website: http://www.nfb.org/nfb/Diabetes_Action_Network.asp?SnID=1773308

National Kidney Foundation, Inc. (NKF)
The NKF is a voluntary health organization dedicated to preventing kidney and urinary tract diseases, improving the health and well-being of individuals and families affected by these diseases, and increasing the availability of all organs for transplantation. The National Kidney Foundation of Wisconsin (NKFW) is committed to reducing the impact of chronic kidney disease through its prevention, detection, and early intervention programs; constituent and professional education programs; public policy and advocacy initiatives; organ and tissue donor awareness; community collaborations; and, direct support for kidney-related research.

NKF, Inc.  NKF of Wisconsin, Inc.
Toll-free: (800) 622-9010  Toll-free: (800) 543-6393
Email: info@kidney.org  Email: nkfw@kidneywi.org
Website: www.kidney.org  Website: www.kidneywi.org

National Lipid Education Council (NLEC)
The NLEC is a multidisciplinary panel of experts in lipid management, cardiology, endocrinology, and primary care. The organization provides an online resource for healthcare professionals called Lipid Health. The site provides access to a newsletter, Lipid Management, current literature and case studies, events, and CME opportunities.

Email: info.CCMDweb@pps.thomson.com  Website: www.lipidhealth.org

Northern Wisconsin Area Health Education Center (NAHEC)
The mission of NAHEC is to improve access to health care in northern Wisconsin’s underserved communities primarily through the education of present and future health care professionals. NAHEC accomplishes its mission by offering continuing education programs and trainings for health professionals, and providing a variety of resources for both health professionals and consumers.

Tel: (715) 849-2432  Email: info@nahec-wi.org
Website: www.nahec-wi.org
**Prevent Blindness America**
Prevent Blindness America is the nation’s leading volunteer eye health and safety organization with the sole mission of preventing blindness and preserving sight. Diabetes-Sight.org, sponsored by Prevent Blindness America, is designed to help both patients and health care professionals find the information and resources they need for the prevention of vision loss from diabetes.

Prevent Blindness America  
Toll-free: (800) 331-2020  
Email: info@preventblindness.org  
Website: www.preventblindness.org

Prevent Blindness Wisconsin  
Tel: (414) 765-0505  
Email: info@preventblindnesswisconsin.org  
Website: www.preventblindness.org/wi

**Wisconsin Dental Association**
The WDA is dedicated to giving both their members and the public timely information about Wisconsin dentistry.

Tel: (414) 276-4520  
Website: www.wda.org

**Wisconsin Lions Foundation, Inc.**
The mission of the Wisconsin Lions Foundation, Inc. is to provide a vehicle for the Lions, Lioness, and Leo Clubs to work together towards a common cause, a vision, or a project while servicing the residents of Wisconsin. The Lions Club is a service organization, whose purpose is to provide help to people who need financial assistance, especially for services related to vision.

Toll-free: (877) 463-6953  
Tel: (715) 677-4969  
Email: wlf@wi-net.com  
Website: www.wlf.info

**Wisconsin Primary Health Care Association**
The Wisconsin Primary Health Care Association is a private, nonprofit trade and advocacy organization of community, migrant, and homeless health centers, and other groups and individuals concerned about access to primary health care for underserved rural and urban communities. The Association works with Wisconsin’s Health Centers in the areas of public education, legislative advocacy, and technical support, as well as promotes access to comprehensive community-oriented primary health care services for medically underserved communities in Wisconsin. See Appendix B for a complete listing of Wisconsin’s Community Health Centers.

Tel: (608) 277-7477  
Email: wphca@wphca.org  
Website: www.wphca.org

**Wound Care Institute (WCI)**
The WCI is a nonprofit organization involved in the advancement of wound healing and diabetic foot care. Educational seminars, research studies, educational grants, a speakers’ bureau, preceptorship programs, and patient literature are some of the WCI’s goals.

Tel: (305) 919-9192  
Email: tamara@woundcare.org  
Website: http://woundcare.org
Programs and Initiatives

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Community Guide to Preventive Services
This Guide provides evidence-based recommendations for programs and policies to promote population health. A variety of topics are covered including diabetes, nutrition, and oral health. The Community Guide is sponsored by the Centers for Disease Control and Prevention’s National Center for Health Marketing and the Community Guide partners.

Email: communityguide@cdc.org  Website: http://thecommunityguide.org

Diabetes Prevention Program (DPP)
The DPP was the first nationwide research study designed to determine whether type 2 diabetes can be prevented through diet and physical activity, or medication. The DPP study, sponsored by the National Institute of Diabetes and Digestive and Kidney Diseases (part of the National Institutes of Health), was administered at 27 medical centers across the country. In addition to information on the study and the results, diabetes information fact sheets for specific populations and statistical summaries are available from the website.


Diabetes-Sight.org
Diabetes-Sight.org, sponsored by Prevent Blindness America, is designed to help both patients and health care professionals find the information and resources they need for the prevention of vision loss from diabetes. Prevent Blindness America is the nation’s leading volunteer eye health and safety organization with the sole mission of preventing blindness and preserving sight.

Toll-free: (800) 331-2020  Email: info@preventblindness.org  Website: www.preventblindness.org  www.diabetes-sight.org

Emergency Medical Services for Children
The Child Alert Program is part of the EMS for Children Program in the Bureau of Local Health Support and EMS, Division of Public Health, Department of Health and Family Services. The goal of the Child Alert Program is to develop a statewide system of access improving the preparation of pre-hospital and emergency care for children and youth with special health care needs.

Tel: (608) 266-7457  Email: koppbc@dhfs.state.wi.us  Website: http://dhfs.wisconsin.gov/health/injuryprevention/emsc

Everyday Choices for a Healthier LIFE
This website, sponsored by the American Cancer Society, American Diabetes Association and American Heart Association, encourages people to impact their health through everyday choices.

Website: www.everydaychoices.org

Feet Can Last a Lifetime: Foot Care Kit for Diabetes
This kit is a foot care campaign from the National Diabetes Education Program. Materials available include a kit for healthcare professionals and one for patients. Exam room flyers, tip sheets, and other materials are also available.

Website: http://ndep.nih.gov/resources/feet
Healthy Wisconsin People
The *Healthy Wisconsin People* website is dedicated to providing reliable health information for the residents of Wisconsin. The site features links to a broad range of health-related websites and organizations, with a special emphasis on health services for Wisconsinites. Healthy Wisconsin People was created through a joint project of the Northern Wisconsin Area Health Education Center and the Southwest Wisconsin Area Health Education Center.

Email: info@nahec-wi.org  Website: www.healthywisconsin.org

LEAP (Lower Extremity Amputation Prevention) Program
The LEAP Program is a comprehensive prevention program that can help to dramatically reduce lower extremity amputations in individuals with diabetes. The Program includes materials for healthcare providers along with a patient education booklet.

Toll-free: (800) 642-2477  Website: www.bphc.hrsa.gov/leap

Making Systems Changes for Better Diabetes Care
This website, from the National Diabetes Education Program, provides information, models, links, resources, and tools to help health care professionals assess needs for systems change, develop strategic plans, implement tools for action, and evaluate the systems change process.

Website: http://www.betterdiabetescare.nih.gov

National Cholesterol Education Program (NCEP)
NCEP offers publications aimed at raising awareness and understanding about high blood cholesterol as a risk for coronary heart disease and the benefits of lowering cholesterol levels. A wide variety of publications may be downloaded and/or printed materials may be ordered.

Tel: (301) 592-8573  Email: nhlbiinfo@nhlbi.nih.gov  Website: www.nhlbi.nih.gov/about/ncep

National Diabetes Education Initiative (NDEI)
The NDEI is an online, multi-component educational program on type 2 diabetes designed for healthcare professionals. The NDEI develops programs that address the spectrum of type 2 diabetes and also provides healthcare professionals with updated diabetes data and research information through a variety of mediums.

Toll-free: (800) 471-7745  Email: feedback@ndei.org  Website: www.ndei.org

National Diabetes Education Program (NDEP)
The National Diabetes Education Program provides a wide variety of materials for both providers and patients. Many are available in 16 different languages. Special campaigns sponsored through this site include: Small Steps, Big Rewards. Prevent Type 2 Diabetes; Control Your Diabetes for Life; and, Be Smart About Your Heart – Control the ABCs of Diabetes.

Toll-free: (800) 438-5383  Website: www.ndep.nih.gov  Tel: (770) 488-5037
National Eye Health Education Program (NEHEP)
This program, developed by the National Eye Institute, promotes public and professional awareness of the importance of early diagnosis and treatment of diabetic eye disease.

Tel: (301) 496-5248
Email: 2020@nei.nih.gov
Website: www.nei.nih.gov/nehep

National Fruit and Vegetable Program
The National Fruit and Vegetable Program is a nutrition campaign to encourage Americans to eat more fruits and vegetables for better health. A variety of public education materials and research information is available. Health professionals seeking fruit and vegetable materials for programs and activities should contact the National Fruit and Vegetable Program Coordinator in Wisconsin.

National Fruit and Vegetable Program
Tel: (770) 488-6026
Website: www.5aday.gov

Fruit and Vegetable Nutrition Coordinator – Wisconsin
Tel: (608) 267-9194
Email: meineam@dhfs.state.wi.us
Website: http://dhfs.wisconsin.gov/health/physicalactivity/5aDay

National Glycohemoglobin Standardization Program (NGSP)
NGSP’s mission is to standardize glycohemoglobin test results so that clinical laboratory results are comparable to those reported in the Diabetes Control and Complications Trial (DCCT), where relationships to mean blood glucose and risk for vascular complications were established.

Tel: (573) 882-1257
Website: www.missouri.edu/~diabetes/ngsp.html

National High Blood Pressure Education Program (NHBPEP)
NHBPEP is administered and coordinated by the National Heart, Lung, and Blood Institute (NHLBI). The goal of the NHBPEP is to reduce death and disability related to high blood pressure through programs of professional, patient, and public education.

Tel: (301) 592-8573
Website: www.nhlbi.nih.gov/about/nhbpep

National Kidney Disease Education Program (NKDEP)
NKDEP is a program of the National Institutes of Health to reduce the deaths and disabilities from kidney disease and its complications. Kidney disease information is available for both patients and health professionals.

Toll-free: (866) 454-3639
Email: nkdep@info.niddk.nih.gov
Website: www.nkdep.nih.gov

Obesity Education Initiative (OEI)
The overall purpose of OEI is to help reduce the prevalence of overweight along with the prevalence of physical inactivity in order to reduce the risk of coronary heart disease (CHD) and overall morbidity and mortality from CHD. Information is available on the OEI’s programs as well as health information for professionals and patients.

Tel: (301) 592-8573
Website: www.nhlbi.nih.gov/about/oei
**President’s Council on Physical Fitness and Sports**
The President’s Council on Physical Fitness and Sports serves as a catalyst to promote, encourage and motivate Americans of all ages to become physically active and participate in sports. The President’s Council initiates and administers programs, often in partnership with other groups, which reach individual people in schools, homes, workplaces and communities. Fact sheets, reports, and resources are available.

Tel: (202) 690-9000  
Websites: [www.fitness.gov](http://www.fitness.gov)  
[www.presidentschallenge.com](http://www.presidentschallenge.com)

**Proctor and Gamble Dental Care**
This website offers a wide range of patient education materials, including information sheets on diabetes and periodontal disease, plaque, tartar control, and brushing/flossing instructions. Materials are available in multiple languages.

Website: [www.dentalcare.com](http://www.dentalcare.com)

**SeniorHealth.gov**
SeniorHealth.gov makes aging-related health information easily accessible for family members and friends seeking reliable, easy-to-understand online health information. This site was developed by the National Institute on Aging (NIA) and the National Library of Medicine (NLM) both part of the National Institutes of Health (NIH). SeniorHealth.gov features authoritative and up-to-date health information from Institutes and Centers at NIH. In addition, the American Geriatrics Society provides expert and independent review of some of the material found on this website. Each health topic includes general background information, open-captioned videos, quizzes, and frequently asked questions (FAQs). New topics are added to the site on a regular basis.

Email: [custserv@nlm.nih.gov](mailto:custserv@nlm.nih.gov)  
Website: [http://nihseniorhealth.gov](http://nihseniorhealth.gov)

**Sharps Disposal in Wisconsin**
The Waste Management Program of the Wisconsin Department of Natural Resources maintains information on their website regarding proper sharps disposal including frequently asked questions, publications and contacts.

Email: [medical.waste@dnr.state.wi.us](mailto:medical.waste@dnr.state.wi.us)  
Website: [www.dnr.wisconsin.gov/org/aw/wm/medinf](http://www.dnr.wisconsin.gov/org/aw/wm/medinf)

**Weight-Control Information Network (WIN)**
WIN is a national information service of the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), National Institutes of Health (NIH). WIN was established in 1994 to provide health professionals and consumers with science-based information on obesity, weight control, and nutrition. A variety of materials and publications are available.

Toll-free: (877) 946-4627  
Tel: (202) 828-1025  
Email: [win@info.niddk.nih.gov](mailto:win@info.niddk.nih.gov)  
Website: [http://win.niddk.nih.gov](http://win.niddk.nih.gov)
Worksite Wellness

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**DiabetesAtWork.org Program**
This online diabetes and health resource kit, part of the National Diabetes Education Program, helps businesses and managed care companies assess the impact of diabetes in their workplace. It also provides easy-to-understand information for employers to help their employees manage their diabetes and take steps toward reducing the risk for diabetes-related complications such as heart disease. The website offers user-friendly fact sheets and ready-to-present lesson plans.

Website: [www.DiabetesAtWork.org](http://www.DiabetesAtWork.org)

**Diabetes Toolbox**
The Diabetes Toolbox was designed by the Alliance to help employers improve employee wellness and reduce the burden of diabetes. The Toolbox contains detailed information on specific workplace strategies including: Diabetes Overview, Early Detection, Education, Supportive Work Environment, and Tools to Assist Individuals with Diabetes.

Website: [www.alliancehealthcoop.com/diabetes](http://www.alliancehealthcoop.com/diabetes)

**National Business Group on Health**
The National Business Group on Health, formerly the Washington Business Group on Health, is the only national nonprofit organization exclusively devoted to representing the perspective of large employers and providing practical solutions to its members’ most important health care problems.

Website: [www.businessgrouphealth.org](http://www.businessgrouphealth.org)

**Wellness Councils of America (WELCOA)**
A national nonprofit membership organization dedicated to promoting healthier lifestyles for all Americans, especially through health promotion initiatives at the worksite. Organizationally, WELCOA serves as an umbrella, linking communities and coalitions together into a supportive network that includes locally affiliated Wellness Councils, Well City initiatives, Well Workplaces, and individual and corporate members throughout the United States.

Tel: (402) 827-3590  
Email: wellworkplace@welcoa.org  
Website: [www.welcoa.org](http://www.welcoa.org)

**Wellness Council of Wisconsin**
The Wellness Council is the only nonprofit organization in Wisconsin dedicated exclusively to helping employers design results-oriented wellness programs to maximize the health and productivity of their most valuable asset – their employees. The Wisconsin affiliate of Wellness Councils of America, all programs and services are consistent with the mission to promote worksite wellness in Wisconsin.

Tel: (414) 291-9355  
Email: wcwi@wellnesscouncilwi.org  
Website: [www.wellnesscouncilwi.org](http://www.wellnesscouncilwi.org)
**Worksite Wellness Resource Kit**

The Worksite Wellness Resource Kit is a tool to assist worksites with implementing strategies that have been proven to be effective. The kit provides information to implement a broad range of strategies or programming; some will require very little or no resources while other strategies may require considerable resources. The kit shows you ways to get started and make a difference in the health of your employees, regardless of the size of your worksite and its available resources. The kit was developed through a collaborative effort between the Nutrition and Physical Activity Program, Diabetes Prevention and Control Program, Heart Disease and Stroke Prevention Program, Comprehensive Cancer Control Program, and Arthritis Program.

Website: [http://dhfs.wisconsin.gov/health/physicalactivity/Sites/Worksitekit.htm](http://dhfs.wisconsin.gov/health/physicalactivity/Sites/Worksitekit.htm)
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NOTE: The internet addresses listed in this section are not necessarily listed in other sections of the resource guide. Please see the previous sections for internet addresses of specific organizations, government agencies, etc.
**Care Guidelines**

Wisconsin Essential Diabetes Mellitus Care Guidelines  

Clinical Guidelines on the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults  
[www.nhlbi.nih.gov/guidelines/obesity/ob_home.htm](http://www.nhlbi.nih.gov/guidelines/obesity/ob_home.htm)

Compendium of Diabetes Best Practices  
[www.dqip.org/compendium/index.html](http://www.dqip.org/compendium/index.html)

Detection, Evaluation and Treatment of High Blood Cholesterol in Adults  

Diabetes Clinical Practice Recommendations (2007)  
*Updated annually, check website for new links.*  
[http://care.diabetesjournals.org/content/vol30/suppl_1](http://care.diabetesjournals.org/content/vol30/suppl_1)

Dietary Guidelines for Americans  
[www.health.gov/dietaryguidelines](http://www.health.gov/dietaryguidelines)

Hypertension and Diabetes  

Institute for Clinical Systems Improvement (ICSI) Guidelines for Management of Diabetes Mellitus, Type 2  

National Guideline Clearinghouse  
[www.guideline.gov](http://www.guideline.gov)

National Kidney Foundation’s K/DOQI Clinical Practice Guidelines for Chronic Kidney Disease: Evaluation, Classification and Stratification  

Sixth Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure  


Tobacco Cessation Guidelines  
[www.surgeongeneral.gov/tobacco](http://www.surgeongeneral.gov/tobacco)
**Diabetes Medical Alert Jewelry**

911 Medical Alert Jewelry: [www.911medicalalertjewelry.com](http://www.911medicalalertjewelry.com)

AboutMe Jewelry: [www.aboutmejewelry.com](http://www.aboutmejewelry.com)

American Medical ID: [www.americanmedical-id.com](http://www.americanmedical-id.com)

Creative Medical ID.com: [www.creativemedicalid.com](http://www.creativemedicalid.com)

HAH Originals: [www.hahoriginals.com](http://www.hahoriginals.com)


Lauren’s Hope: [www.laurenshope.com](http://www.laurenshope.com)

Life Jewelry: [www.lifejewelry.com](http://www.lifejewelry.com)

Lifewear: [www.my lifewear.com](http://www.my lifewear.com)

Make Me This.com: [www.makemethis.com](http://www.makemethis.com)

MedicAlert: [www.medicalert.org](http://www.medicalert.org)

Medic Assist: [www.medicassist.com](http://www.medicassist.com)

Medic ID International: [www.medicid.com](http://www.medicid.com)

Medical Identification Jewelry Store: [www.medicalidalertbracelet.com](http://www.medicalidalertbracelet.com)

MedIDs.com: [www.medids.com](http://www.medids.com)

Miss Ruthie’s Kids Medical ID Jewelry: [www.lifejewelry.com](http://www.lifejewelry.com)

N-Style ID: [www.n-styleid.com](http://www.n-styleid.com)

TabBand Positive Identification Systems: [www.tabband.com](http://www.tabband.com)

**General Diabetes Knowledge and Management**

Children with Diabetes: [www.childrenwithdiabetes.com](http://www.childrenwithdiabetes.com)

*Diabetes In Control* News and Information for Medical Professionals: [www.diabetesincontrol.com](http://www.diabetesincontrol.com)

Diabetes Interview: [www.diabetesworld.com](http://www.diabetesworld.com)
Additional Internet Resources

Diabetes Mall: www.diabetesmall.org


dLife TV: www.dlife.com

EndocrineWeb.com The Diabetes Center: www.endocrineweb.com/diabetes

Think Like a Pancreas Resource Guide for Teens with Type 1 Diabetes: www.thinklikeapancreas.com

Government

Administration on Aging: www.aoa.dhhs.gov

Agency for Healthcare Research and Quality: www.ahrq.gov

Centers for Disease Control and Prevention (CDC): www.cdc.gov


Combined Health Information Database (CHID): www.chid.nih.gov

Food and Drug Administration (FDA): www.fda.gov

Healthfinder.gov: www.healthfinder.gov

Healthier U.S.: www.healthierus.gov

Healthiest Wisconsin 2010 (Wisconsin State Health Plan): http://dhfs.wisconsin.gov/StateHealthPlan

Healthy People 2010: www.healthypeople.gov

National Health Information Center: www.health.gov/nhic

The National Center for Health Statistics (NCHS): www.cdc.gov/nchs


National Institutes of Health: www.nih.gov

U.S. Department of Health and Human Services: www.hhs.gov


Wisconsin Health Statistics: http://dhfs.wisconsin.gov/stats
**Nutrition, Physical Activity, and Weight Management**

American Council on Exercise: [www.acefitness.org](http://www.acefitness.org)

Bam! Body and Mind: [www.bam.gov](http://www.bam.gov)

Body Mass Index (BMI) for adults up to 250 pounds: [www.shapeup.org/prof/bmi6.pdf](http://www.shapeup.org/prof/bmi6.pdf)

Body Mass Index (BMI) for adults above 250 pounds: [www.shapeup.org/prof/bmi6a.pdf](http://www.shapeup.org/prof/bmi6a.pdf)

Canada’s Physical Activity Guide: [www.paguide.com](http://www.paguide.com)

CDC – Physical Activity and Nutrition Information: [www.cdc.gov/nccdphp/dnпа/index.htm](http://www.cdc.gov/nccdphp/dnпа/index.htm)


Diabetic Gourmet Magazine: [http://diabeticgourmet.com](http://diabeticgourmet.com)

Dietary Guidelines for Americans: [www.health.gov/dietaryguidelines](http://www.health.gov/dietaryguidelines)

Food Guide Pyramids (various languages and cultural/ethnic Guides):
- [www.nal.usda.gov/fnic/Fpyr/pyramid.html](http://www.nal.usda.gov/fnic/Fpyr/pyramid.html)
- [www.mypyramid.gov](http://www.mypyramid.gov)

Gourmet Connection Network: [www.gourmetconnection.com](http://www.gourmetconnection.com)

Healthier United States: [www.healthierus.gov](http://www.healthierus.gov)

Just Move – American Heart Association: [www.justmove.org](http://www.justmove.org)

Kids Walk to School: [www.cdc.gov/nccdphp/dnпа/kidswalk/index.htm](http://www.cdc.gov/nccdphp/dnпа/kidswalk/index.htm)

National Institute of Health Obesity Education Initiative:
- [www.nhlbi.nih.gov/about/oei/index.htm](http://www.nhlbi.nih.gov/about/oei/index.htm)

Nutrition.gov: [www.nutrition.gov](http://www.nutrition.gov)

Recreation.gov: [www.recreation.gov](http://www.recreation.gov)

Shape Up America: [www.shapeup.org](http://www.shapeup.org)

VERB: [www.verbnow.com](http://www.verbnow.com)

Wisconsin Nutrition and Physical Activity Program:
- [http://dhfs.wisconsin.gov/health/physicalactivity](http://dhfs.wisconsin.gov/health/physicalactivity)
Additional Internet Resources

**Professional/Consumer Associations**

AARP: [www.aarp.org](http://www.aarp.org)

American Academy of Family Physicians: [www.aafp.org](http://www.aafp.org)
   Wisconsin Academy of Family Physicians: [www.wafp.org](http://www.wafp.org)

American Academy of Ophthalmology: [www.aao.org](http://www.aao.org)

American Academy of Pediatrics: [www.aap.org](http://www.aap.org)

American Academy of Periodontology: [www.perio.org](http://www.perio.org)

American Association of Clinical Endocrinologists: [www.aace.com](http://www.aace.com)

American Association of Diabetes Educators: [www.diabeteseducator.org](http://www.diabeteseducator.org)

American Dental Association: [www.ada.org](http://www.ada.org)
   Wisconsin Dental Association: [www.wda.org](http://www.wda.org)

American Dietetic Association: [www.eatright.org](http://www.eatright.org)
   Wisconsin Dietetic Association: [www.eatrightwisc.org](http://www.eatrightwisc.org)

American Medical Association: [www.ama-assn.org](http://www.ama-assn.org)

American Nurses Association: [www.nursingworld.org](http://www.nursingworld.org)
   Wisconsin Nurses Association: [www.wisconsinnurses.org](http://www.wisconsinnurses.org)

American Optometric Association: [www.aoanet.org](http://www.aoanet.org)
   Wisconsin Optometric Association: [www.woa-eyes.org](http://www.woa-eyes.org)

American Podiatric Medical Association (APMA): [www.apma.org](http://www.apma.org)

American Public Health Association (APHA): [www.apha.org](http://www.apha.org)
   Wisconsin Public Health Association (WPHA): [www.wpha.org](http://www.wpha.org)

Association of American Indian Physicians: [www.aaip.com](http://www.aaip.com)

Badger Association of the Blind and Visually Impaired, Inc.: [www.badgerassoc.org](http://www.badgerassoc.org)

Consumer Healthcare Products Association: [www.chpa-info.org](http://www.chpa-info.org)

Endocrine Society: [www.endo-society.org](http://www.endo-society.org)

National Kidney Foundation: [www.kidney.org](http://www.kidney.org)
   National Kidney Foundation of Wisconsin: [www.kidneywi.org](http://www.kidneywi.org)

National Mental Health Association: [www.nmha.org](http://www.nmha.org)
Additional Internet Resources

Pedorthic Footwear Association: www.pedorthics.org

Pharmacy Society of Wisconsin: www.pswi.org

Wisconsin Medical Society: www.wisconsinmedicalsociety.org

Research

CenterWatch – Clinical Trials Listing Service: www.centerwatch.com


Diabetes Prevention Trial – Type 1 (DPT): www.niddk.nih.gov/patient/dpt_1/dpt_1.htm

UK Prospective Diabetes Study (UKPDS): www.dtu.ox.ac.uk/index.php?maindoc=/ukpds/

Scientific Journals

American Journal of Kidney Diseases: www.ajkd.org

American Journal of Public Health: www.ajph.org

Archives of Internal Medicine: http://archinte.ama-assn.org

British Medical Journal: http://bmj.org

Diabetes: http://diabetes.diabetesjournals.org

Diabetes Care: http://care.diabetesjournals.org

Diabetes Spectrum: http://spectrum.diabetesjournals.org


Journal of Family Practice: www.jfampract.com

Morbidity and Mortality Weekly Report: www.cdc.gov/mmwr

Additional Internet Resources

**Universities, Research Centers, and Medical Facilities**

- Diabetes Research Institute: [www.drinet.org](http://www.drinet.org)
- Emory University Health Sciences Center Library, MedWeb: [www.medweb.emory.edu](http://www.medweb.emory.edu)
- University of Pittsburgh School of Public Health Diabetes Health Economics Study Group: [www.pitt.edu/~tjs/diabecon.html](http://www.pitt.edu/~tjs/diabecon.html)
- UW Population Health Institute: [www.pophealth.wisc.edu/uwphi](http://www.pophealth.wisc.edu/uwphi)

**Miscellaneous**

- Diabetes Monitor: [www.diabetesmonitor.com](http://www.diabetesmonitor.com)
- Diabetic Gift Baskets: [www.diabeticgiftbaskets.com](http://www.diabeticgiftbaskets.com)
- Dr. Koop: [www.drkoop.com](http://www.drkoop.com)
- Medscape for Health Professionals and Medline access: [www.medscape.com](http://www.medscape.com)
- WebMD Health: [http://my.webmd.com](http://my.webmd.com)
Appendix A:
Pharmaceutical Companies and Assistance Programs

Most pharmaceutical companies provide free diabetes educational materials and patient assistance programs. For information contact:

**Abbott Diabetes Care**
1360 South Loop Road
Alameda, CA 94502
Toll-free: (800) 527-3339
http://abbottdiabetescare.com
Patient Assistance Program
Toll-free: (800) 222-6885

**Bristol-Myers Squibb Company**
345 Park Avenue
New York, NY 10154-0037
Tel: (212) 546-4000
www.bms.com
Patient Assistance Program
Toll-free: (800) 736-0003

**Amylin Pharmaceuticals, Inc.**
9360 Towne Centre Drive
San Diego, CA 92121
Tel: (858) 552-2200
www.amylin.com
Patient Assistance Program
Toll-free: (800) 330-7647

**Disetronic Medical Systems, Inc.**
11800 Exit 5 Parkway, Suite 120
Fishers, IN 46037
Toll-free: (800) 280-7801
Email: info@disetronic-usa.com
www.disetronic-usa.com

**Aventis Pharmaceuticals, Inc.**
300 Somerset Corporate Blvd.
Bridgewater, NJ 08807
Toll-free: (800) 981-2491
www.aventis.com
Patient Assistance Program
Toll-free: (800) 221-4025

**Eli Lilly and Company**
Lilly Corporate Center
Indianapolis, IN 46285
Toll-free: (800) 545-5979
www.lilly.com
Lilly Cares Patient Assistance Program
Toll-free: (800) 545-6962

**BD Medical-Diabetes Care**
1 Becton Drive
Franklin Lakes, NJ 07417-1883
Toll-free: (888) 232-2737
www.bd.com

**GlaxoSmithKline**
One Franklin Plaza
P O Box 7929
Philadelphia, PA 19101
Toll-free: (888) 825-5249
www.gsk.com
Bridges to Access Program
Toll-free: (866) 728-4368
Together Rx Access Program
Toll-free: (800) 444-4106
### Hoffman-La Roche Inc.
340 Kingsland Street  
Nutley, NJ 07110  
Toll-free: (800) 845-7355  
Tel: (973) 235-5000  
[www.roche.com](http://www.roche.com)  
Patient Assistance Program  
Toll-free: (800) 877-757-6243

### LifeScan, Inc.
1000 Gibraltar Drive  
Milpitas, CA 95035  
Toll-free: (800) 227-8862  
Email: CustomerService@LifeScan.com  
[www.lifescan.com](http://www.lifescan.com)

### Novo Nordisk Pharmaceuticals, Inc.
100 College Road West  
Princeton, NJ 08540  
Toll-free: (800) 727-6500 (med/tech info only)  
Tel: (609) 987-5800  
[www.novonordisk-us.com](http://www.novonordisk-us.com)  
Patient Assistance Program  
Toll-free: (800) 310-7549

### Pfizer, Inc.
235 E. 42nd St.  
New York, NY 10017  
Toll-free: (800) 879-3477  
Tel: (212) 573-2323  
[www.pfizer.com](http://www.pfizer.com)  
Pfizer Helpful Answers  
Toll-free: (800) 706-2400  
[www.PfizerHelpfulAnswers.com](http://www.PfizerHelpfulAnswers.com)

### Sanofi-Aventis
300-400 Somerset Corp. Blvd.  
Bridgewater, NJ 08807-0977  
Toll-free: (800) 207-8049  
[www.sanofi-aventis.us](http://www.sanofi-aventis.us)  
Patient Assistance Program  
Toll-free: (800) 446-6276

### Schering-Plough
2000 Galloping Hill Road  
Kenilworth, NJ 07033-0530  
Tel: (908) 298-4000  
[www.schering-plough.com](http://www.schering-plough.com)  
Patient Assistance Program  
Toll-free: (800) 347-7503

### Takeda Pharmaceuticals
475 Half Day Road  
Lincolnshire, IL 60069  
Toll-free: (877) 582-5332  
Tel: (847) 383-3000  
[www.tpna.com](http://www.tpna.com)  
Patient Assistance Program  
Toll-free: (800) 830-9159 or (877) 582-5332
Appendix B: Wisconsin Primary Health Care Association’s Community Health Centers

Members of the Wisconsin Primary Health Care Association

Fees at these clinics are based on a sliding scale or the patient’s ability to pay.

Access Community Health Centers
Wm. T. Evjue Clinic
3434 E. Washington Avenue
Madison, WI 53704
Tel: (608) 443-5480

Additional Madison Community Health Center location:
South Side Clinic
2202 South Park Street
Madison, WI 53713
Tel: (608) 261-9270

Community Health Systems, Inc.
74 Beloit Mall
Beloit, WI 53511
Tel: (608) 361-0311

Additional Community Health Systems, Inc. locations:
Beloit Area Community Health Center
74 Beloit Mall
Beloit, WI 53511
Tel: (608) 361-0311

Janesville Community Health Center
849 Kellogg Avenue
Janesville, WI 53546
Tel: (608) 758-7814

Racine Community Health Center
2405 Northwestern Avenue
Racine, WI 53404
Tel: (262) 886-0474

Bridge Community Health Clinic
1810 North Second Street
Wausau, WI 54403
Tel: (715) 848-4884

Family Health Center of Marshfield, Inc.
1000 North Oak Avenue
Marshfield, WI 54449-5790
Toll-free: (800) 782-8581
Tel: (715) 387-5511

Additional Family Health Center locations:
Athens Center
729 Pine Street
Athens, WI 54411
Tel: (715) 257-7521

Bruce Center
405 Bruce Lake Road
Bruce, WI 54819
Tel: (715) 868-1111

Cadott Center
305 S. Hwy 27
Cadott, WI 54727
Tel: (715) 289-3102

Chippewa Center
2655 Cty Hwy I
Chippewa Falls, WI 54729
Tel: (715) 726-4200

Chippewa Pediatric Dentistry
2509 Cty Hwy I
Chippewa Falls, WI 54729
Tel: (715) 729-9312

Colby-Abbotsford Center
111 Dehne Drive
Colby, WI 54421
Tel: (715) 223-2331

Cornell Center
221 Main Street
Cornell, WI 54732
Tel: (715) 239-6344

Greenwood Center
102 W Cannery St.
Greenwood, WI 54437
Tel: (715) 267-6600

Ladysmith Center
906 College Avenue West
Ladysmith, WI 54848
Tel: (715) 532-2300

Ladysmith Dental Center
315 Miner Avenue West
Ladysmith, WI 54848
Tel: (715) 532-2500
Appendix B: Wisconsin Primary Health Care Association’s Community Health Centers

Loyal Center
141 North Main Street
**Loyal**, WI 54446
Tel: (715) 255-8595

Mosinee Center
385 Orbiting Drive
**Mosinee**, WI 54455
Tel: (715) 693-9100

Owen Dental Center
202 Central Avenue
**Owen**, WI 54460
Tel: (715) 229-4337

Park Falls Center
50 Sherry Avenue
**Park Falls**, WI 54552
Tel: (715) 762-7311

Phillips Center
104 Trinity Drive
**Phillips**, WI 54555
Tel: (715) 339-2101

Stratford Center
101 Wisconsin Ave
**Stratford**, WI 54484
Tel: (715) 687-4211

Thorp Center
704 South Clark
**Thorp**, WI 54771
Tel: (715) 669-5536

**Family Health Medical and Dental Center**
La Clinica de los Campesinos, Inc.
400 S. Town Line Road
**Wautoma**, WI 54982
Toll-free: (800) 942-5330
Tel: (920) 787-5514

**Fox Cities Community Health Center**
Centro de Salud ~ Tsev Kuaj Mob
1800 N. Appleton Road
**Menasha**, WI 54952
Tel: (920) 731-7445

**Gerald L. Ignace Indian Health Center**
1711 S. 11th Street
**Milwaukee**, WI 53204
(414) 383-9526
Hours: Mon/Wed, 8 am – 5 pm; Tues/Thur, 8 am – 7 pm; Fri, 8 am – Noon; clinic provides comprehensive health care to persons of American Indian descent and their families

**Health Care for the Homeless of Milwaukee**
Outreach, Community Support Program, Case Management and Housing Services Office
711 West Capitol Drive
**Milwaukee**, WI 53206
Tel: (414) 374-2400

Additional Health Care for the Homeless locations:

Angel of Hope Clinic
209 West Orchard Street
**Milwaukee**, WI 53204
Tel: (414) 385-5395

Behavioral Health Clinic
711 West Capitol Drive
**Milwaukee**, WI 53206
Tel: (414) 374-2400

Madre Angela Dental Clinic
1308 S. 16th Street
**Milwaukee**, WI 53204
Tel: (414) 383-3220

St. Ben’s Clinic
1027 North 9th Street
**Milwaukee**, WI 53233
Tel: (414) 765-0606

 Salvation Army Clinic
1730 North 7th Street
**Milwaukee**, WI 53205
Tel: (414) 265-6360

Walkers Point Community Clinic
611 West National, Suite 400
**Milwaukee**, WI 53204
Tel: (414) 384-1400

**Kenosha Community Health Center, Inc.**
4536 22nd Avenue
**Kenosha**, WI 53140
Tel: (262) 656-0044

**Lake Superior Community Health Center**
4325 Grand Avenue
**Duluth**, MN 55807
Tel: (218) 722-1497

Additional Lake Superior Community Health Center location:

Lake Superior Community Health Center
3600 Tower Avenue
**Superior**, WI 54880
Tel: (715) 392-1955
Appendix B: Wisconsin Primary Health Care Association’s Community Health Centers

**Milwaukee Health Services, Inc.**  
MLK Heritage Health Center  
2555 N. Martin Luther King Jr. Drive  
**Milwaukee, WI 53212**  
Tel: (414) 372-8080

Additional Milwaukee Health Services location:  
Isaac Coggs Heritage Health Center  
8200 W. Silver Spring Drive  
**Milwaukee, WI 53218**  
Tel: (414) 760-3900

**N.E.W. Community Clinic**  
622 Bodart Street  
**Green Bay, WI 54301**  
Tel: (920) 437-9773

Additional N.E.W. Community Clinic locations:  
Family Violence Center  
**Green Bay, WI 54305-0727**  
Tel: (920) 435-0100  
Freedom House  
308 North Irwin  
**Green Bay, WI 54301**  
Tel: (920) 432-4646  
House of Hope  
1660 Christiana Street  
**Green Bay, WI 54303**  
Tel: (920) 884-6740  
N.E.W. Community Shelter  
301 Mather Street  
**Green Bay, WI 54303**  
Tel: (920) 437-3766  
Salvation Army  
626 Union Street  
**Green Bay, WI 54303**  
Tel: (920) 497-7053

**North Woods Community Health Centers**  
600 Shell Creek Road  
**Minong, WI 54859**  
Tel: (715) 466-2201

Additional North Woods Community Health Center location:  
North Woods Community Health Centers  
11128 N. State Hwy 77/27  
**Hayward, WI 54843**  
Tel: (715) 634-2541

**Northern Health Centers, Inc.**  
15397 Highway 32  
**Lakewood, WI 54138**  
Tel: (715) 276-6321

**Scenic Bluffs Community Health Centers**  
238 Front Street  
**Cashton, WI 54619**  
Tel: (608) 654-5100

Additional Scenic Bluffs Community Health Centers locations:  
Scenic Bluffs – Norwalk  
200 W. North Street  
**Norwalk, WI 54648**  
Tel: (608) 823-7853  
Scenic Bluffs – Three Rivers Health Science Center  
1300 Badger Street  
**La Crosse, WI 54601**  
Tel: (608) 789-6293

**Sixteenth Street Community Health Center**  
1032 South 16th Street  
**Milwaukee, WI 53204**  
Tel: (414) 672-1353

Additional Sixteenth Street Community Health Center location:  
Parkside Campus  
2906 S. 20th Street  
**Milwaukee, WI 53215**  
Tel: (414) 654-0221

**Westside Healthcare Association, Inc.**  
Lisbon Avenue Health Center  
3522 W. Lisbon Avenue  
**Milwaukee, WI 53208**  
Tel: (414) 935-8000

Additional Westside Healthcare Association location:  
Hillside Family Health Center  
1452 N. 7th Street, 2nd Floor  
**Milwaukee, WI 53208**  
Tel: (414) 287-0918
Appendix C: Medical Services and Free/Low-Cost Clinics

NOT members of the Wisconsin Primary Health Care Association

Fees at many of these clinics are free, based on a sliding scale, or the patient’s ability to pay.

Eye Exams and Eye Glasses

**Eye Care America’s Diabetes EyeCare Program (DEP)**
The DEP provides free diabetic eye disease educational materials and facilitates access to eye care. People eligible for a referral through the program receive a comprehensive, medical eye exam and up to one year of treatment – at no out-of-pocket expense – for any condition diagnosed during the initial exam. Volunteer ophthalmologists accept Medicare and/or other insurance reimbursement as payment in full.

*Diabetes Help Line*
Toll-free: (800) 391-3937
Website: [www.eyecareamerica.org](http://www.eyecareamerica.org)

**New Eyes for the Needy**
New Eyes for the Needy strives to improve the vision of the less fortunate by purchasing new eyeglasses in the United States and recycling donated glasses for distribution worldwide. See website for details and application.

Tel: (973) 376-4903
Website: [www.neweyesfortheneedy.org/users/individuals.html](http://www.neweyesfortheneedy.org/users/individuals.html)

**Sight for Students Program**
Sight for Students is a Vision Service Plan (VSP) charity that provides free vision exams and glasses to low-income, uninsured children. The program operates nationally through a community partner network that identifies children in need and VSP network doctors who provide the eye care services. See website for details.

Toll-free: (888) 290-4964
Website: [www.sightforstudents.org](http://www.sightforstudents.org)

**Vision USA**
The Vision USA Program, an American Optometric Association program, has participating optometrists all over the country who provide free eye exams to those in need. In Wisconsin, the program is limited to children under the age of 18. Call for services in your area.

*Vision USA – The Wisconsin Project*
Toll-free: (877) 435-2020

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**Dental Exams**

**Donated Dental Services** is a low-cost dental care program of the Wisconsin Dental Association. In order to be eligible, an individual must be permanently disabled, critically ill, or elderly and the condition must be severe enough to prohibit or limit gainful employment. Call toll-free for services in your area: (888) 338-6852.
Appendix C: Medical Services and Free/Low-Cost Clinics

<table>
<thead>
<tr>
<th>Clinic Name</th>
<th>Address</th>
<th>City, State, ZIP</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Harambee Dental Clinic</td>
<td>2202 S. Park Street</td>
<td>Madison, WI 53713</td>
<td>(608) 267-1174</td>
</tr>
<tr>
<td>Mid-City Dental Group</td>
<td>2040 W. Wisconsin Avenue, Suite 480</td>
<td>Milwaukee, WI 53233</td>
<td>(414) 344-1828</td>
</tr>
<tr>
<td>Family Dental Center</td>
<td>3500 W. Lisbon Avenue</td>
<td>Milwaukee, WI 53208</td>
<td>(414) 342-0378</td>
</tr>
<tr>
<td>South Side Guadalupe Dental Clinic, Inc.</td>
<td>1112 S. 3rd Street</td>
<td>Milwaukee, WI 53204</td>
<td>(414) 643-8787</td>
</tr>
</tbody>
</table>

Please note that many of the health clinics below also provide dental services.

Free or Low-Cost Medical Clinics

These clinics are not members of the Wisconsin Primary Health Care Association (Appendix B).

(Clinics are organized alphabetically by city.)

<table>
<thead>
<tr>
<th>Clinic Name</th>
<th>Address</th>
<th>City, State, ZIP</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Church Health Services, Inc.</td>
<td>308 Oneida Street</td>
<td>Beaver Dam, WI 53916</td>
<td>(920) 887-1766</td>
</tr>
<tr>
<td></td>
<td>Hours: Tues–Thurs, by appointment only, primarily afternoon hours</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Open Door Clinic</td>
<td>First Presbyterian Church</td>
<td>Chippewa Falls, WI 54729</td>
<td>(715) 720-1443</td>
</tr>
<tr>
<td></td>
<td>Hours: Tues, 4 – 8 pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Springer Health Access Program</td>
<td>Available at all Ministry Health Northwoods locations: Crandon, Eagle River, Laona, Rhinelander, Tomahawk, Woodruff</td>
<td>(715) 361-2066</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Hours: 24-hours-a-day, 7 days a week</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Packard Avenue Community Center</td>
<td>5854 S Packard Avenue</td>
<td>Cudahy, WI 53110</td>
<td>(414) 769-2239</td>
</tr>
<tr>
<td></td>
<td>Hours: Tues, 6 – 8 pm (no fee)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chippewa Valley Health Clinic</td>
<td>421 Graham Avenue</td>
<td>Eau Claire, WI 54702</td>
<td>(715) 839-8477</td>
</tr>
<tr>
<td></td>
<td>Hours: call for clinic hours</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Samaritan Free Health Clinic</td>
<td>St. Agnes Hospital</td>
<td>Fond du Lac, WI 54935</td>
<td>(920) 926-4841</td>
</tr>
<tr>
<td></td>
<td>Hours: Tues, vision and dental 3:30 – 5 pm; Tues, regular medical 6 – 8 pm</td>
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<tr>
<td>Albrecht Free Medical Clinic</td>
<td>Hartford Memorial Hospital</td>
<td>Hartford, WI 53027</td>
<td>(262) 670-7774</td>
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<td></td>
<td>Hours: Tues, 6 – 7:30 pm</td>
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<tr>
<td>Healthnet of Janesville, Inc.</td>
<td>23 W. Milwaukee Street</td>
<td>Janesville, WI 53545</td>
<td>(608) 756-4638</td>
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<td>Hours: appointment necessary</td>
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<tr>
<td>St. Clare Health Mission</td>
<td>916 Ferry Street</td>
<td>La Crosse, WI 54601</td>
<td>(608) 791-9546</td>
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<td></td>
<td>Hours: Tues/Thurs, 5 – 8 pm</td>
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<tr>
<td>ARC House MEDIC Clinic</td>
<td>2009 E. Dayton Street</td>
<td>Madison, WI 53704</td>
<td>No phone</td>
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<td></td>
<td>Hours: 3rd Saturday of every month</td>
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Appendix C: Medical Services and Free/Low-Cost Clinics

Grace Episcopal Drop-In Shelter MEDIC Clinic
*For homeless men*
116 W. Washington Avenue
**Madison, WI 53703**
No phone
Hours: Tues, 8 – 10:30 pm

Michele Tracy Project MEDIC Clinic
306 N. Brooks Street
**Madison, WI 53715**
No phone
Hours: 2nd Tuesday of every month, 5:30–7:30 pm, excluding January, June–August

Salvation Army MEDIC Clinic
*For homeless families*
630 E. Washington Avenue
**Madison, WI 53703**
No phone
Hours: Tuesday evenings

Twin Counties Free Clinic
3130 Shore Drive
**Marinette, WI 54143**
(715) 732-1349
Hours: Tues, 6 – 8:30 pm

Fox Cities Community Clinic
1800 N. Appleton Road
**Menasha, WI 54952**
(920) 731-7445
Hours: call for clinic hours

Community Outreach Health Clinic
W180 N8085 Town Hall Road
**Menomonee Falls, WI 53051**
(262) 257-3393
Hours: Tues/Thurs, 5:30 – 8:00 pm; Thurs, 9 am – 1 pm

Free Clinic of the Greater Menomonee Area
Red Cedar Medical Center
2211 Stout Road
**Menomonie, WI 54751**
(715) 308-3808
Hours: Tues, 5:15 – 7 pm

Ozaukee Community Health Clinic
Columbia St. Mary’s Hospital Ozaukee
13111 N. Port Washington Road
**Mequon, WI 53097**
(262) 243-7533
Hours: Wed, 5 – 9 pm

Bread of Healing Clinic
Cross Lutheran Church
1821 N. 16th Street
**Milwaukee, WI 53205**
(414) 977-0001
Hours: call for clinic hours

C.H. Mason Health Center
3500 W. Mother Daniels Way
**Milwaukee, WI 53209**
(414) 536-7650
Hours: Mon, Tues, Thurs, and Fri, 9 am – 5 pm; Wed, 11 am – 7 pm

City on a Hill
2224 W. Kilbourn Avenue
**Milwaukee, WI 53233**
(414) 931-6670
Hours: Second Saturday of Every Month
10 am – 4 pm (screenings only)

Douglas Community Health Center
3620 N. 18th Street
**Milwaukee, WI 53206**
(414) 449-0450
Hours: Fri, 8:30 am – Noon

Family House Clinic
3300 N. 11th Street
**Milwaukee, WI 53206**
(414) 374-8890
Hours: Mon–Fri, 9 am – 5 pm

Highland Park Wellness Center
1725 N. 17th Street
**Milwaukee, WI 53233**
(414) 933-3310
Hours: call for clinic hours

Hillside Family Health Center
1452 N. 7th Street
**Milwaukee, WI 53205**
(414) 935-8000
Hours: Mon–Thurs, 10:30 am – 7 pm; Fri, 8:30 am – 5 pm

House of Peace Community Nursing Center
1702 Walnut Street
**Milwaukee, WI 53205**
(414) 933-1300
Hours: Mon–Thurs, 9 am – 5 pm
Appendix C: Medical Services and Free/Low-Cost Clinics

Johnston Community Health Services
1230 W. Grant Street
Milwaukee, WI 53215
(414) 286-8892
Hours: Mon – Fri, 8:30 am – 5:00 pm; physician on-call after hours

Keenan Health Center
3200 N. 36th Street
Milwaukee, WI 53216
(414) 286-8884
Hours: call for clinic hours

Lapham Park Wellness Center
650 W. Reservoir Street
Milwaukee, WI 53205
Hours: Mon-Sat, call for clinic hours

Marquette Clinic for Women and Children at the Guest House
1216 N. 13th Street
Milwaukee, WI 53205
(414) 345-3250
Hours: Wed/Thurs, 8 am – Noon

Northwest Health Center
7630 W. Mill Road
Milwaukee, WI 53218
(414) 286-8830
Hours: Tues, 1 – 4 pm; Thurs, 3 – 6 pm

Philippine Medical Clinic
5310 W. Capitol Drive, Suite 300
Milwaukee, WI 53216
(414) 871-5310
Hours: 2nd and 4th Saturdays of every month, 8 am – Noon; walk-ins seen on first-come, first-served basis

Riverwest Pierce Community Nursing Center
2765 N. Fratney Street
Milwaukee, WI 53212
(414) 267-4419
Hours: call for clinic hours

Saturday Clinic for the Uninsured
Columbia St. Mary’s Family Health Center
1121 E. North Avenue
Milwaukee, WI 53212
(414) 219-1000 or (414) 291-1612
Hours: Saturdays, 8 am – Noon; first 25 people seen on first-come, first-served basis

Sethi Medical Clinic
3510 W. Burnham Avenue
Milwaukee, WI 53215
(414) 643-6454
Hours: Mon–Fri, 9 am – 5 pm

Silver Spring Community Nursing Center
5460 N. 64th Street
Milwaukee, WI 53218
(414) 535-0432
Hours: Mon–Thurs, 9 am – 5 pm; Fri, 9 am – 1 pm

Southside Health Center
1639 S. 23rd Street
Milwaukee, WI 53204
(414) 286-8620
Hours: Mon–Fri, 8 am – 4:30 pm; evening hours available

Lake Area Free Clinic
432 S. Lapham Street
Oconomowoc, WI 53066
(262) 569-4990
Hours: Tues, 5 – 8 pm

Living Healthy Clinic/The Health Place
800 Algoma Boulevard
Oshkosh, WI 54901
(920) 424-1242
Hours: Mon–Thurs, 8 am – 4 pm

St. Frances Community Clinic
1965 Oshkosh Avenue
Oshkosh, WI 54902
(920) 231-2378
Hours: call for clinic hours

Good Neighbor Clinic
1906 North Street
Prairie du Sac, WI 53578
(608) 643-4749 ext. 14
Hours: Mon/Wed, 1 – 5 pm

Health Care Network, Inc.
904 State Street
Racine, WI 53404
(262) 632-2400
Hours: Mon–Fri, 8:30 am – 4:45 pm, also offers discounted dental services
Salvation Army Red Shield Free Clinic
710 Pennsylvania Avenue
Sheboygan, WI 53082
(920) 458-3723
Hours: every Thurs 9 am – Noon/6 – 9 pm,
2nd/4th Monday, 6 – 9 pm;
dental clinic, Tues, 6:30 – 8:30 pm

St. Clare Health Mission
310 W. Main Street
Sparta, WI 54656
(608) 269-1770
Hours: Tues, registration from 5 – 7 pm and
service continues until all registered are seen

Open Door Community Health Clinic
345 S. 18th Avenue
Sturgeon Bay, WI 54235
(920) 743-1151
Hours: call for clinic hours

St. Joseph’s Medical and Dental Clinic
826 N. East Avenue
Waukesha, WI 53186
(262) 544-6777
Hours: Mon-Fri, 8 am – 4 pm, Mon/Thurs, 6 – 8 pm,
dental clinic, 1st/3rd Wed 6 – 8 pm

Waupun Area Free Clinic
Waupun Memorial Hospital
620 W. Brown Street
Waupun, WI 53963
(920) 324-5581
Hours: Apr–Jun/Oct, every 3rd Wed, 6:30 – 9 pm;
Jan–Mar/July–Sept, every 3rd Tues, 6:30 – 9 pm;

Greater Milwaukee Free Clinic, Inc.
9330 West Lincoln Avenue
West Allis, WI 53227
(414) 546-3733
Hours: Tues/Thurs, 5:30 – 6:30 pm

Albrecht Free Medical Clinic
1201 Oak Street
West Bend, WI 53095
(262) 334-8339
Hours: Thurs, 6 – 8 pm