


Warm Water Pool Schedule

Summer 2017
June 5 - August 20, 2017

TIME	MON	TUES	WED	THURS	FRI	SAT	SUN	TIME
5:45	Going Solo 5:45-6:45	Members 5:45-7:55	Going Solo 5:45-6:45	Members 5:45-7:55	Going Solo 5:45-6:45	CLOSED	CLOSED	5:45
6:30								6:30
7:00	Members 5:45-9:25		Members 5:45-9:25		Members 5:45-9:25			7:00
7:30								7:30
8:00	Going Solo/ Phys Ther 8:00-9:25	MSCR 8:00-8:55	Going Solo/ Phys Ther 8:00-9:25	MSCR 8:00-8:55	Going Solo/ Phys Ther 8:00-9:25			8:00
8:30						MSCR 8:15-9:15		8:30
9:00		Aqua Str & Flx 9:00-10:00		Aqua Str & Flx 9:00-10:00			CLOSED	9:00
9:30	Oakwood 9:30-10:25		Oakwood 9:30-10:25		Aqua Yoga Plus 9:30-10:30	Aqua Str & Flx 9:20-10:20		9:30
10:00		Going Solo 10:00-11:00		Going Solo 10:00-11:00				10:00
10:30	Arthritis Plus 10:30-11:30		Arthritis Plus 10:30-11:30					10:30
11:00		PT Priority 10:00-12:50		PT Priority 10:00-12:00	PT Priority 10:30-2:55	Members 10:30-4:45		11:00
11:30	PT Priority 11:30-2:55		PT Priority 11:30-2:55			Going Solo 11:30-12:30		11:30
12:00	Members 11:30-2:55	Members 10:00-12:50	Members 11:30-2:55	Aqua Ai Chi 12:05-12:50	Members 10:30-2:55		Members 11:00-4:45	12:00
12:30								12:30
1:00		Arthritis Plus 12:55-1:55		Arthritis Plus 12:55-1:55				1:00
1:30								1:30
2:00	Going Solo 2:00-2:55	MSCR Class 2:00-3:00	Going Solo 2:00-2:55	MSCR Class 2:00-3:00			Going Solo 2:00-3:00	2:00
2:30								2:30
3:00								3:00
3:30	MSCR classes 3:00-5:00	PT Priority 3:00-4:30	MSCR classes 3:00-5:00	PT Priority 3:00-4:30	MSCR class 3:00-4:00			3:30
4:00								4:00
4:30		Members 3:00-6:30		Members 3:00-6:30	Members 4:00-7:45			4:30
5:00	Mem 5:00-5:25		Mem 5:00-5:25			Sat/Sun: close at 4:45 pm		5:00
5:30	Aq Str & Flx 5:25-6:25	Going Solo 5:30-6:30	Aq Str & Flx 5:25-6:25	Going Solo 5:30-6:30		CLOSED	CLOSED	5:30
6:00								6:00
6:30		Aqua Ai Chi 6:35-7:20		Aqua Yoga 6:35-7:35	Members 4:00-7:45			6:30
7:00	Members 6:30-9:45		Members 6:30-9:45					7:00
7:30		Aqua Core 7:25-8:25		Members 7:20-9:45				7:30
8:00								8:00
8:30	Going Solo 8:30-9:30	Going Solo 8:30-9:30	Going Solo 8:30-9:30	Going Solo 8:30-9:30	Fri: close at 7:45 pm	 uwsportsmedicine.org (608) 263-7936		8:30
9:00					CLOSED			9:00
9:30								9:30

Mon - Thurs: close at 9:45 pm

06/05/17

NOTE: Aquatic Center always closes 15 minutes prior to the building closing. Please plan your schedule to allow adequate time to shower, change clothes, and exit the building by stated closing time.

XXXXXX
0:00-0:00

== Scheduled class time. Entire pool is in use during these times. Please plan your schedule accordingly.

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== Member, Going Solo, PT, and TRP Priority times. These times are blocked off specifically for participants performing independent pool exercise.

Pool schedules are subject to minor changes. Please see postings for special events (make up classes, etc.).