Statement of Need

Functional gastrointestinal disorders are among the most common conditions seen by primary care and specialty practices. Research is rapidly changing the understanding of the multiple underlying mechanisms in these disorders. Patient management and treatment remains challenging, and there is a lack of effective pharmacologic treatments available. The 8th International Symposium on Functional Gastrointestinal Disorders has been developed to enhance the knowledge and skills of physicians, psychologists, nurses and allied health professionals in their care of patients with functional gastrointestinal disorders.

Objectives

At the conclusion of this activity, participants will be able to:

- Apply advances in the pathophysiology of the functional and motility gastrointestinal (GI) disorders
- Apply newer technologies involved with diagnostic assessment of the functional GI disorders
- Evaluate and apply the latest “hot topic” advances in understanding brain-gut interactions, gut flora, receptors and drugs
- Develop improved clinical skills in the diagnosis and care of patients with functional GI disorders
- Apply the strategies and skills relating to interview technique, communication skills, and patient-centered care in order to improve patient satisfaction, adherence, and clinical outcome
- Benefit from networking and sharing information experiences with other conference participants
- Recognize the influence of genetics, early life, and socio-cultural factors on the clinical expression of functional GI disorders
- Identify the role of neurotransmitters and receptors in the development of clinical symptoms

Target Audience

This activity has been designed to meet the needs of clinicians and other health care professionals who are looking to enhance their knowledge and skills for the care of their patients with functional gastrointestinal disorders.

Elements of Competence

This activity has been designed to address the general competencies of patient care, medical knowledge, practice based learning and improvement and interpersonal and communication skills.

For Further Information

For registration information please contact: Terese Bailey, Office of Continuing Professional Development in Medicine and Public Health, 2701 International Lane, #208, Madison, Wisconsin 53704; telephone: 608/240-2141. E-mail: tmbailey@wisc.edu.

For other inquiries please contact: Cara O’Brien, International Foundation for Functional Gastrointestinal Disorders (IFFGD), PO Box 170864, Milwaukee, Wisconsin 53217; telephone: 414/964-1799. E-mail: cobrien@iffgd.org.
Symposium Fee
The symposium fee of $650 for physicians and psychologists; $450 for nurses, residents, physician assistants and others. The Fee includes the cost of tuition, materials, breakfasts, refreshment breaks, lunches, two dinners and a $50 non-refundable registration fee. Should you cancel your registration up to 72 hours prior to the symposium, you will be refunded the entire symposium fee except the $50 non-refundable portion. No refunds will be made after that time.

Housing
A block of rooms has been reserved at The Pfister Hotel, 424 E. Wisconsin Avenue, Milwaukee, WI 53202; telephone: 414/273-8222. The special symposium rates are:
- Single $169/night plus tax
- Double $189/night plus tax
- Suite $244/night (salon), $244/night (master) + tax
The Pfister will release the block of rooms to the general public on March 22, 2009. Please call or write the Hotel directly for your reservation. Please mention “8th International Symposium on Functional Gastrointestinal Disorders” to the hotel staff when making your reservation.

Four Easy Ways to Register
On-line: www.ocpd.wisc.edu/course_catalog
By Mail: Return your completed registration form and payment.
By Phone: 608/262-1397. Please call and give your billing information or pay by MasterCard, VISA, or American Express.
By Fax: 1-800/741-7416 (in Madison fax 265-3163).

Confirmations
All registrations are confirmed in writing. If you do not receive a confirmation, please call: 608/262-1397.

Conference Attire
To ensure your comfort in the conference rooms, please bring a sweater or jacket to accommodate temperature variations.

Credit
Accreditation Statement
This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the University of Wisconsin School of Medicine and Public Health and the International Foundation for Functional Gastrointestinal Disorders. The University of Wisconsin School of Medicine and Public Health is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement
The University of Wisconsin School of Medicine and Public Health designates this educational activity for a maximum of 20 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Continuing Education Units
The University of Wisconsin-Madison, as a member of the University Continuing Education Association (UCEA), authorizes this program for 2.0 continuing education units (CEUs) or 20 hours.

Policy on Disclosure
It is the policy of the University of Wisconsin School of Medicine and Public Health that the faculty, authors, planners, and other persons who may influence content of this CME activity disclose all relevant financial relationships with commercial interests in order to allow CME staff to identify and resolve any potential conflicts of interest. Faculty must also disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during their presentation(s). Detailed disclosures will be made in the activity handout materials.

Exhibits and Exhibit Times
The symposium will feature both nonprofit and commercial exhibits. Ample and unopposed time has been allotted to view the exhibits and meet with representatives on:

Friday, April 17
7:00-8:00 am; 9:30-10:15 am; 12:15-1:45 pm
and 2:45-3:45 pm

Saturday, April 18
7:00-8:00 am; 9:30-10:30 am and 11:45 am-2:15 pm
Registration Form

8th International Symposium on Functional Gastrointestinal Disorders
April 17-19, 2009

Please print in BLOCK letters

STEP 1. Participant Information

Name

First    MI    Last

Professional Degree (for credit and name badge)  ❑ MD  ❑ DO  ❑ PhD  ❑ RN  ❑ PA

    Other, please specify

Company Name

Dept. Name and/or Mail Code

Work Address

City, State, Zip

Day Phone (________)         FAX (________)  Where you can be reached from 9:00 am - 5:00 pm

E-mail Address

STEP 2. Confirmation

❑ Work Address (as provided in Step 1) or ❑ Home Address – Please complete the following:

Home Address

City, State, Zip

STEP 3. Registration Fees

❑ $650 physicians, psychologists; ❑ $450 nurses, residents, physician assistants, and others

TOTAL FEE REMITTED: _________

❑ PO or check enclosed (payable to University of Wisconsin)
❑ Please bill my company
❑ CREDIT CARD: ❑ MasterCard; ❑ VISA; ❑ American Express

    Cardholder’s Name

    Card Number   Exp. Date

STEP 4. Workshop & Mini Symposia Registration

Workshop & Mini Symposia – see next column

STEP 5. Send your Registration Form to:

Please return your payment with this form to:
Kathy Kneebone, The Pyle Center, 702 Langdon Street, Madison, WI 53706
or FAX 1-800/741-7416 (in Madison FAX 265-3163).

Workshop & Mini Symposia Registration:

Please check the sessions you would like to attend. Requests will be honored on a first-come, first-served basis.

SATURDAY, APRIL 18, 2009

AM Mini Symposia

Please choose one 2 hour session.

Mini Symposia: 10:15 am – 12:15 pm (2 hours)

❑ S1. Challenging Cases at the Referral Centers
❑ S2. Central Treatments: Psychopharmacology, Behavioral
❑ S3. Proof of Concept and Study Mechanisms in Drug Development
❑ S4. Pediatrics

PM Workshop(s)

Please choose one 3 hour workshop or two 1.5 hour workshops.

Workshop: 2:00 pm – 5:00 pm (3 hours)

❑ A1. Interview Techniques and Communication Skills

Workshops: 2:00 pm – 3:30 pm (1.5 hours)

❑ B1. Case Studies and Diagnostic Strategies – Upper GI
❑ B2. Gender, Age, Society and the Patient
❑ B3. Intestinal Permeability and Sensitivity
❑ B4. Brain-Gut Axis: Basics
❑ B5. Cross-Cultural Aspects of FGID
❑ B6. Pediatric (Pain, Early Influences on Symptoms…)

Workshops: 4:00 pm – 5:30 pm (1.5 hours)

❑ C1. Case Studies and Diagnostic Strategies – Lower GI
❑ C2. Functional Biliary Disorders
❑ C3. Brain Imaging
❑ C4. Esophageal and Upper GI Disorders
❑ C5. Psychological Assessment: Pearls for the Clinician at the Bedside
❑ C6. Fecal Incontinence

SUNDAY, APRIL 19, 2009

AM Mini Symposia

Please choose one 2 hour session.

Mini Symposia: 8:00 am – 10:00 am (2 hours)

❑ S5. Constipation: New Insights into Etiology and Treatment
❑ S6. Gastroparesis, CVS & Related Gastric Disorders
❑ S7. Overlap of GI with Somatic Syndromes
Hashem B. El-Serag, MD, MPH, Associate Professor of Medicine; Chief, Gastroenterology and Hepatology Section, Dept. of Medicine; Chief, Clinical Epidemiology and Outcomes, Health Services Research, Michael E. DeBakey VA Medical Center & Baylor College of Medicine, Houston, TX

Ronnie Fass, MD, Associate Professor of Medicine; University of Arizona; Director, GI Motility Laboratories, Southern Arizona VA Health Care System and Arizona Health Sciences Center, Tucson, AZ

Shin Fukudo, MD, PhD, Tohoku University Graduate School of Medicine, Department of Behavioral Medicine, Sendai, Japan

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Albena Halpert, MD, Clinical Instructor, Department of Gastroenterology, Boston University Medical Center, Boston, MA

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Douglas A. Drossman, MD, Professor of Medicine and Psychiatry; Co-Director, UNC Center for Functional GI and Motility Disorders, Division of Gastroenterology and Hepatology, University of North Carolina at Chapel Hill, Chapel Hill, NC

Faculty continued on page 6
FRIDAY, APRIL 17, 2009

AM
7:00 Registration and Breakfast
8:00 Greetings: Nancy J. Norton, Stephen P. James, MD; Emeran A. Mayer, MD

AM Plenary – Clinical Approach
8:20 Moderator: Douglas A. Drossman, MD
8:25 Integrated Approach to FGID
Douglas A. Drossman, MD
9:00 Pathophysiology of FGID
Robin Spiller, MD
9:20 Discussion
9:45 Refreshment Break

Hot Topics: Brain Gut
10:00 Moderator: Robin Spiller, MD
10:05 Basic Principles of Neurophysiology for the Clinician
Gary Mawe, PhD
10:25 Mast Cells, Visceral Sensitization and Inflammation
Giovanni Barbara, MD
10:45 The Brain-Gut-Microbial Axis in Health and Disease
Stephen M. Collins, MBBS, FRCP(UK), FRCPC
11:05 Bacterial Flora, Probiotics and Antibiotics
Eammon M.M. Quigley, MD
11:25 Imaging Genetics in Functional Pain Disorders
Emeran A. Mayer, MD
11:45 Summary
Robin Spiller, MD
11:55 Discussion
12:25 Lunch

PM Plenary – Hot Topics: Receptors & Drugs
1:30 Moderator: William D. Chey, MD
1:35 Dopamine Receptors
Jackie D. Wood, PhD
1:50 Secretagogues
Michael Camilleri, MD
2:05 CRF / HPA
Yvette Taché, PhD
2:20 Opioids and Hyperalgesia
Mark R. Hutchinson, PhD
2:35 Summary
William D. Chey, MD
2:45 Discussion
3:15 Refreshment Break

Epidemiology
3:35 Moderator: G. Richard Locke III, MD
3:40 Epidemiology, Sociocultural, Cross-Cultural and Gender/Race
Ami D. Sperber, MD, MSPH
4:00 Childhood Factors
Miranda A.L. van Tilburg, MD
4:20 Genetics
Nicholas J. Talley, MD
4:40 Summary
G. Richard Locke III, MD
4:50 Discussion
5:20 Adjourn
6:15 Buses depart for the Milwaukee Art Museum
6:30 Museum Reception and Dinner

SATURDAY, APRIL 18, 2009

AM
7:00 Breakfast Buffet

AM Plenary – Basic Principles
8:00 Moderator: Lin Chang, MD
8:05 Application / Integration of Rome III
John E. Kellow, MD
8:17 EPS and PDS – What is the Evidence?
Jan Tack, MD, PhD
8:29 A Practical Approach to Psychosocial Assessment
Bruce D. Naliboff, PhD
8:41 Validating Questionnaires for Clinical Practice
Brennan M.R. Spiegel, MD, MSFS
8:53 Physiologic Testing in FGID
William E. Whitehead, PhD
9:05 Biomarkers
Lin Chang, MD
9:17 Summary
Lin Chang, MD
9:30 Discussion
9:50 Refreshment Break

AM Mini Symposia
10:15 – 12:15 (2 hours)
S1: Challenging Cases at the Referral Centers
Chair: Arnold Wald, MD
Lin Chang, MD
William D. Chey, MD
Douglas A. Drossman, MD

S2: Central Treatments: Psychopharmacology, Behavioral
Chair: Kevin W. Olden, MD
Jeffrey M. Lackner, PsyD
R. Bruce Lydiard, MD, PhD
Brenda B. Toner, PhD, CPsych

S3: Proof of Concept and Study Mechanisms in Drug Development
Chair: Michael Camilleri, MD
Gary Mawe, PhD
William E. Whitehead, PhD

S4: Pediatrics
Chair: Carlo DiLorenzo, MD
• Role of Cognition and Emotional Development in Pediatric FGID
Paul E. Hyman, MD
• How Prevalent are Anxiety and Depression in Children with FGID and What Can the Gastroenterologist Do About It?
John V. Campo, MD
• What Makes a Child with Functional Abdominal Pain Disabled?
Rona L. Levy, MSW, PhD, MPH, FACC
• GI Disturbances and Autism in Children
Timothy M. Buie, MD
12:15 Lunch
**PM Workshops**

(Workshop Coordinators names are bolded)

**2:00 – 5:00 WORKSHOP (3 hours)**

- **A1:** Interview Techniques and Communication Skills  
  Douglas A. Drossman, MD  
  Christine B. Dalton, PA-C  
  Albena Halpert, MD

**2:00 – 3:30 WORKSHOPS (1.5 Hours)**

- **B1:** Case Studies and Diagnostic Strategies – Upper GI  
  Yehuda Ringel, MD  
  Ronnie Fass, MD  
  Vincenzo Stanghellini, MD
- **B2:** Gender, Age, Society and the Patient  
  Brenda B. Toner, PhD, CPsych  
  Lin Chang, MD  
  Margaret M. Heitkemper, RN, PhD  
  G. Richard Locke III, MD  
  Nancy J. Norton
- **B3:** Intestinal Permeability and Sensitivity  
  Giovanni Barbara, MD  
  G.E.E. Boeckxstaens, MD, PhD
- **B4:** Brain-Gut Axis: Basics  
  Jackie D. Wood, PhD  
  Elie D. Al-Chaer, MS, PhD, JD  
  Shin Fukudo, MD, PhD  
  Jennifer Labus, PhD  
  Yvette Taché, PhD
- **B5:** Cross-Cultural Aspects of FGID  
  Ami D. Sperber, MD, MSPH  
  Charles D. Gerson, MD  
  Mary-Joan Gerson, PhD
- **B6:** Pediatric (Pain, Early Influences on Symptoms...)  
  Rona L. Levy, MSW, PhD, MPH, FACG  
  Denesh Chitkara, MD  
  Miranda A.L. van Tilburg, PhD  
  Lynn S. Walker, PhD

**3:30 Refreshment Break**

**4:00 – 5:30 WORKSHOPS (1.5 Hours)**

- **C1:** Case Studies and Diagnostic Strategies – Lower GI  
  Arnold Wald, MD  
  Anthony J. Lembo, MD  
  George F. Longstreth, MD  
  Peter J. Whorwell, MD
- **C2:** Functional Biliary Disorders  
  P. Jay Pasricha, MD  
  Peter B. Cotton, MD, FRCS, FRCP  
  Walter J. Hogan, MD
- **C3:** Brain Imaging  
  Braden Kuo, MD  
  Jennifer Labus, PhD  
  Richard Lane, MD, PhD
- **C4:** Esophageal and Upper GI Disorders  
  Ronnie Fass, MD  
  Peter J. Kahrilas, MD  
  Vincenzo Stanghellini, MD
- **C5:** Psychological Assessment: Pearls for the Clinician at the Bedside  
  Kevin W. Olden, MD  
  Jeffrey M. Lackner, PsyD  
  Jane Leserman, PhD
- **C6:** Fecal Incontinence  
  William E. Whitehead, PhD  
  Adil E. Bharucha, MD  
  Frank A. Hamilton, MD, MPH  
  Ann C. Lowry, MD, FACS  
  Jeannette Tries, PhD, OTR

**5:30 Dinner**

**Evening Mini Symposia**

**7:00** Summary of Rome Outcomes Meeting  
Chair: Lin Chang, MD  
TBD

**9:00 Adjourn**

**SUNDAY, APRIL 19, 2009**

**7:00** Breakfast

**AM Mini Symposia**

8:00 – 10:00 (2 hours)

- **S5:** Constipation: New Insights into Etiology and Treatment  
  Chair: Satish S.C. Rao, MD, PhD, FRCP (Lon)  
  **• Epidemiology:** National Estimates of Stool Frequency and Stool Consistency from NHANES Survey  
  Hashem B. El-Serag, MD, MPH  
  **• Differentiating Types of Constipation:** Slow Transit, Dyssynergic Defecation and Outlet Obstruction  
  Satish S.C. Rao, MD, PhD, FRCP (Lon)  
  **• Biofeedback Treatment of Dyssynergic Defecation**  
  Steve Heymen, PhD  
  **• Pharmacological Treatments for Constipation**  
  John F. Johanson, MD, MSc (Epid)

- **S6:** Gastroparesis, CVS & Related Gastric Disorders  
  Chair: Kenneth L. Koch, MD  
  Braden Kuo, MD  
  Henry P. Parkman, MD  
  P. Jay Pasricha, MD

- **S7:** Overlap of GI with Somatic Syndromes  
  Chair: G. Richard Locke III, MD  
  **• Interstitial Cystitis**  
  Michael A. Pezzone, MD, PhD  
  **• Fibromyalgia**  
  Daniel J. Clauw, MD  
  **• Psychological Co-Morbidities in Gastrointestinal Disorders**  
  Bruce D. Naliboff, PhD  
  **• Sleep Disturbance**  
  William C. Orr, PhD

10:00 Refreshment Break

**AM Plenary – Art and Science of Patient Care**

10:30 Moderator: John E. Kellow, MD

10:35 Maximizing the Physician Patient relationship  
Albena Halpert, MD

10:55 Narcotic Bowel Syndrome  
Douglas A. Drossman, MD

11:15 How to Handle Difficult Clinical Problems with Psychotropic Agents  
Kevin W. Olden, MD

11:35 Summary  
John E. Kellow, MD

11:45 Discussion

12:05 Closing Remarks  
Nancy J. Norton  
Douglas A. Drossman, MD

12:20 Adjourn