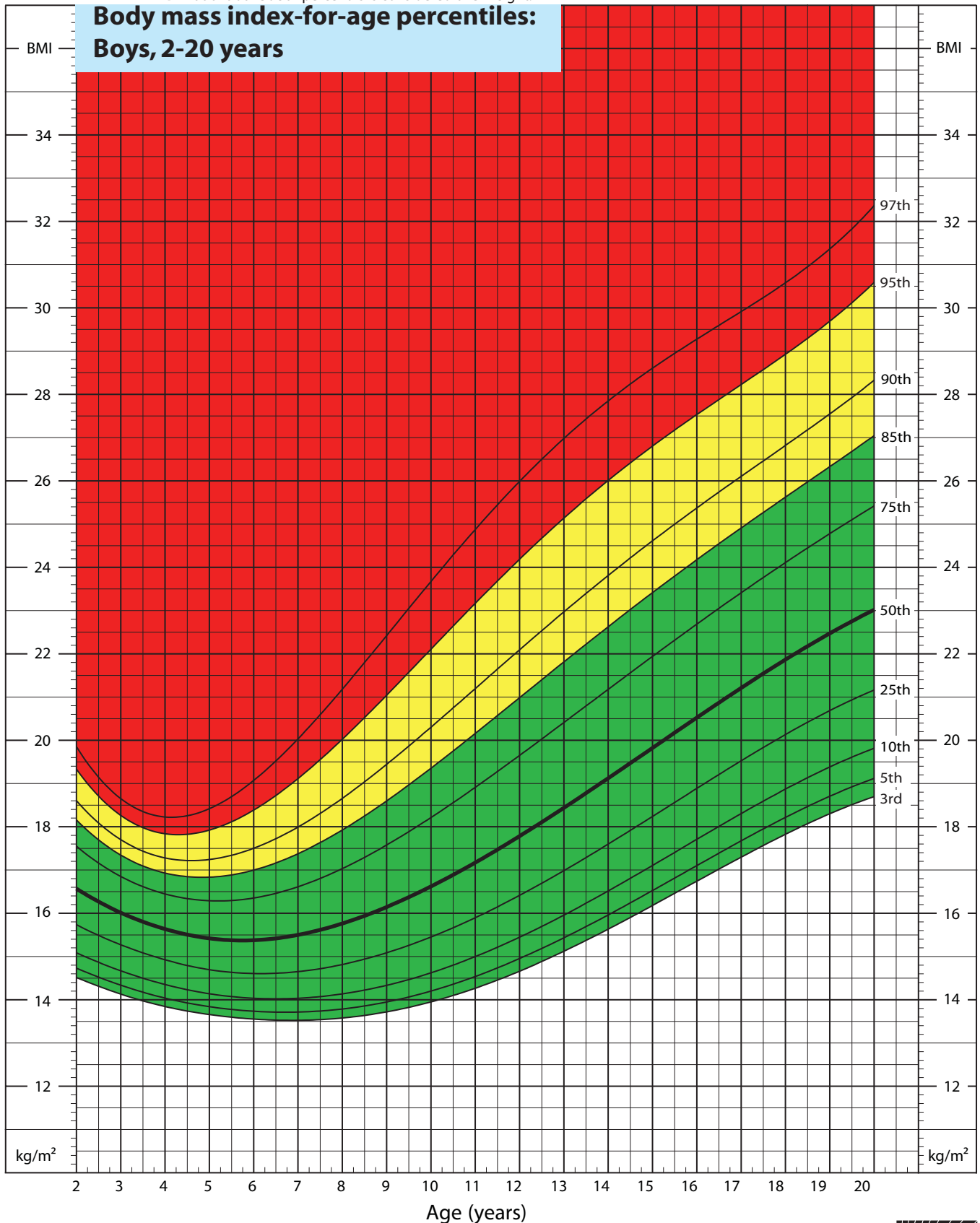


CDC Growth Charts: United States

Body mass index (BMI) is the ratio of weight in kilograms to the square of height in meters. $BMI = \text{Kg}/\text{M}^2$
The American Academy of Pediatrics is promoting BMI as the best way to define overweight and obesity.
BMI between 85th percentile and 95th percentile for age and sex is considered at risk for overweight.
BMI at or above 95th percentil is considered overweight.



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SOURCE: Developed by the National Center for Health Statistics in collaboration with the National Center for Chronic Disease Prevention and Health Promotion (2000).



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