Preventive care reminders in MyChart

To stay healthy and watch for early signs of health issues, it’s very important to get your health screenings. When you use MyChart you can find out which screenings are due and what preventive care is recommended.
**Email reminder**

When you are due for preventive care, you will receive an email or notification on your smart device.

![Sample Email](image)

**Letter**

Once logged into MyChart, you will see a link to open a letter. The letter explains what is due.

![Sample Letter](image)
Preventive Care Page

View more information about screenings on the Preventive Care Page. Find this page by clicking the link in the letter (shown on previous page) or by using the options below:

- Click the link on the homepage when topics are “due.” (If none are due, this view won’t be shown.)

- Open the Menu and select Preventive Care
Preventive Care Page

The Preventive Care Page shows screenings that are due or have been done. This is based on your records in the UW Health system. If MyChart shows that care is due and you received it elsewhere, ask your provider to update your information at your next visit.

Sample Preventive Care page in MyChart