WHAT:
This FREE seminar series will feature topic experts to address questions about movement disorders-related subjects such as:

- Disease diagnosis, treatment and management
- Common concerns and caregiving options
- Case studies, patient stories and experiences
- New research and developments
- Moving forward to your best life

WHEN:
Fourth Monday of every month • 6:30–8 pm
(Exception: Fourth Tuesday in May)

WHERE: NEW LOCATION FOR 2014
Aliant Energy Center-Exhibition Hall
Mendota 5/6 Meeting Room
1919 Alliant Energy Center Way
(Enter at main gate off Rimrock Road)

Parking is free. Turn left past the ticket booths and park in front of the exhibition hall close to the right side where our meetings will be held. For attendees’ convenience, there is a drop-off lane, a ramp and ample handicapped parking near the building.

WHO:
Presentations are open to all patients, family members or anyone wanting to advance their knowledge about these medical conditions. No registration is required and light refreshments will be provided.

Contact the UW Health Movement Disorders Clinic at (608) 262-0550 with questions.
FEBRUARY 24
Palliative Care and Hospice
Michael Ostrov, MD, Medical Director, Agrace Hospice
Is dealing with a chronic illness becoming difficult? When should you request additional support in your home? Is hospice care only for the dying? When is it time to call Hospice? Join this discussion with Dr. Ostrov as we explore the many ways Agrace Hospice can support a patient and caregivers in the home.

MARCH 24
Improving Communication
Bobbi Johnson, MS, OTR; Blair Panhorst, MS, CCC-SLP
Waisman Center Augmentive Communication Aids & Systems Clinic
Your speech volume has lowered and people have a difficult time understanding you. You and your family and friends find it frustrating to talk to one another. Do you realize that a technological device may help you effectively communicate with others? Come learn about the many resources that are available to you through the Communication Aids & Systems Clinic.

APRIL 28
Help! I’m Falling: Balance, Dizziness and Falls
Melissa Mattioda, MS, PT, UW Health
Do you lose your balance or fall? Does dizziness affect your ability to move? Physical therapy can help with balance training, strengthening and exercise programs. Attend this session to learn from a therapist what may be the cause of your falls and what can be done to help.

MAY 27
Should I Be Driving? A Discussion on Driving Evaluations
Peggy Nied, OTR, UW Health
Stephanie Gifford, OTR/L, LDI, Adaptive Experts
Taking away a family member’s car keys is a difficult decision. How do you decide if it’s the right time? Learn about what types of objective criteria should be met to determine if someone is capable behind the wheel.

JUNE 23
Sleep Disorders
Nancy Ninman, NP, UW Health Movement Disorders Clinic
What keeps you awake at night—wild dreams, restless legs, or snoring? Is there treatment for your insomnia? Nancy will discuss what disrupts your sleep, how problems are diagnosed and what can be done about them.

JULY 28
Integrative Medicine
Greta Kuphal, MD, UW School of Medicine and Public Health Department of Family Medicine
Acupuncture...massage...mindfulness training...what place do these alternative therapies have in the treatment of movement disorders? Do they replace conventional medicine or serve to complement what the doctor orders? Ask questions of Dr. Kuphal as she explores and explains the world of integrative medicine.

AUGUST 25
What’s New in Parkinson’s Disease Research?
Corinna Burger, PhD, UW School of Medicine and Public Health Department of Neurology
What is happening in research for Parkinson’s disease? Are there new innovative treatments for patients with Parkinson’s disease? Scientist Dr. Burger will update us on the latest developments in research at the University of Wisconsin and around the world.

SEPTEMBER 22
Normal Memory Loss vs. Dementia
Susanne Seeger, MD, UW Health Memory Clinic
You are becoming more forgetful and, at times, confused. What is the problem? A medication side effect? Depression? Normal aging or dementia? Find out from Dr. Seeger what symptoms are normal with aging and what may be an indication of a more serious problem.

OCTOBER 27
Elder Law and Legal Issues
Heather Wilson, attorney
What does it mean to have your legal affairs in order? Why is it important to name a health care power of attorney? Who should it be? What if your family member or friend requires a guardian? Come with questions about these and other legal issues for answers from Attorney Wilson.

NOVEMBER 24
Parkinson’s Disease 102: More than the Basics
Laura Buyan Dent, PhD, MD
Director, UW Health Movement Disorders Clinic
Is Parkinson’s Disease caused by heredity or the environment? What are the newest treatments available for treatment of Parkinson’s Disease? How is the latest research being applied to treatment? Get the latest information from neurologist Dr. Buyan Dent.
NEW SEMINAR SERIES, NEW LOCATION