Sialendoscopy is a new, minimally invasive procedure used in an outpatient setting to alleviate obstruction in the parotid and submandibular glands. Obstruction can be caused by stones or areas of narrowing within the drainage ducts of these glands and this typically produces recurrent pain and swelling.

WHO IS A CANDIDATE FOR SIALENDOSCOPY?
Individuals who have recurrent swelling or pain of a salivary gland due to obstruction are often given the option of a large operation to remove the entire gland through a neck or facial incision. These more invasive operations are effective but associated with significant risks and side effects. Sialendoscopy offers a minimally invasive solution for many in this situation.

WHAT ARE THE BENEFITS OF SIALENDOSCOPY?
Sialendoscopy is performed as an outpatient procedure and patients can typically go home that day. There is no scarring, and since glands are not removed, there is less risk of nerve damage.

EXAM AND WORK-UP
A thorough history and exam are the most important elements in deciding if sialendoscopy is the optimal procedure for a patient. An X-ray or ultrasound evaluation may also be helpful.

DURING THE PROCEDURE
Sialendoscopy uses a small, tube-like tool called an endoscope to visualize, identify and remove obstructions, such as stones. The procedure is typically performed under a brief general anesthesia and takes 30–60 minutes.

To make an appointment for sialendoscopy, please call (608) 263-6190.
AFTER THE PROCEDURE
Typically, mild soreness and swelling are present after the procedure, but in most cases there are no incisions and as a result, healing and recovery occur quickly.

Patients may return home the same day. Time off from work may not be necessary and depends on the individual. Patients are seen for a one-month postoperative follow-up visit.

SIDE EFFECTS OR COMPlications
Side effects and complications are generally limited to infection or swelling of the salivary gland. More serious complications or risks to surrounding structures are unlikely.

INSURANCE COVERAGE
Most insurance covers the procedure. We will work with patients and referring providers on authorizations if necessary.