**UW HEALTH JOB DESCRIPTION**

**INTERN – NON PHYSICIAN (PHYSICAL THERAPY CLINICAL RESIDENT)**

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<tbody>
<tr>
<td>Department: Sports Rehab / 9104</td>
<td>HR Approval: K.Sawyer</td>
<td>Date: 1.2018</td>
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**JOB SUMMARY**

Under the direction of the clinical residency program director and unit supervisor, this is a post-graduate physical therapist participating in a clinical residency in sports physical therapy who provides physical therapy services to an assigned caseload of patients within an age scope to include pediatric, adolescent, adult, and geriatric populations referred from within the hospital as well as from external sources. The impact of these services is widespread. The incumbent will participate in the department’s educational, program development, and community service activities. The incumbent will also be responsible for meeting all the curriculum requirements of the residency program.

General supervision and direction will be provided in patient care responsibilities. Didactic instruction, clinical instruction and 1:1 mentoring during provision of patient care will also be provided per the curriculum guidelines of the residency program.

Problems encountered are of a moderate level of difficulty and can usually be solved by referring to program resources, subject matter experts, and/or supervisors. A considerable amount of innovation is utilized in problem-solving. Patient treatment plans are often developed using only broad guidelines for development, which require a high degree of independence in decision-making. Involving other members of the health care team in the treatment process is essential. Effective verbal and written communication skills, including the proper use of relevant medical terminology, are essential.

A wide variety of internal and external contact relationships are involved in performance of the duties of this position. Internal contacts include but are not limited to other members of the physical therapy department, physicians, physician assistants, clerical / scheduling staff and outreach athletic training staff. External contacts include but are not limited to physicians and physical therapists from other institutions, equipment vendors, insurance representatives, and patients’ family members. The incumbent is also responsible for the supervision of physical therapist assistants and support staff.

Organizational skill, resourcefulness, and self-discipline are crucial to successful completion of patient care responsibilities and clinical training requirements. The position requires the ability to independently evaluate, plan treatment, carry-out treatment on a wide variety of patients, integrating and applying advanced knowledge of sports and orthopedic medicine, manual therapy, rehabilitation, and patient education techniques learned in the instructional component of the residency program. The incumbent may also serve a consultative role to other physical therapy department staff, and undergraduate physical therapy interns.

The incumbent has access to and knowledge of the confidential medical history of patients treated. Access to this information is crucial in the evaluation and treatment of patients. Access to this information is on a regular basis.

**MAJOR RESPONSIBILITIES**

Provision of treatment to an assigned caseload of patients within an age scope to include pediatric, adolescent, adult, and geriatric populations.

A1. Selects and administers appropriate examination procedures to each assigned patient.
A2. Determines plan of care goals and objectives for each patient based on results of evaluation.
A3. Develops appropriate plan of care to meet goals and objectives.
A4. Implements plan of care; evaluates results on a continuing basis; refines goals, objectives, and treatment program in light of progress.
A5. Schedules patients for effective and efficient use of time.
A6. Provides for patient/family education regarding physical therapy plan of care.
A7. Gives written and oral home instruction prior to discharge.
A8. Attends rounds, staffings, clinics, and conferences as needed/requested.
A9. Establishes and maintains appropriate interpersonal relationships and communications with patients, families, other team members, supportive P.T. staff, students, and other health professionals.
A10. Provide patient safety in evaluation and treatment procedures and adheres to safety precautions to manage risk factors to
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PERFORMANCE MEASURES:

- Treatment programs fulfill the departmental intent and objective. Effectiveness of each treatment program provided is based on the achievement of established goals.
- Evaluation and treatment programs are carried out in a timely and cost-effective manner.
- Complete an Age-Specific Self-Assessment annually for Child, Adolescence, Adult and geriatric populations.

B. Maintains patient care and departmental records.

B1. Records P.T. evaluation, goals, objectives, and plan of care in appropriate medical records.
B2. Documents progress notes with a frequency needed to keep medical personnel current with regard to the changing condition of the patient and their progress toward treatment goals.
B3. Documents timely discharge notes and home programs.
B4. Orders equipment after evaluation and measurement; completes appropriate documents.

PERFORMANCE MEASURES:

- All medical documentation will meet hospital and departmental criteria for content and timeliness.
- Goals will be established for all new patients and the status of these goals will be updated in discharge summaries.
- A minimum of two records reviewed annually with feedback given regarding need for improvement.

C. Actively participates in the department’s educational programs and activities.

C1. Attends in-service programs, and participates in intra-departmental educational programs.
C2. Participates in student intern education by acting as a consultant.
C3. Participates in departmental community outreach programs.
C4. Participates in program and protocol review and development.
C5. Continually attempts to broaden own scope of knowledge in physical therapy.

PERFORMANCE MEASURES:

- Incumbent is an active, contributing member of the department’s educational programs.
- Incumbent is an active participant in program development.

D. Actively participates in the Clinical Residency educational offerings.

D1. Attends all lectures and laboratory training sessions scheduled as part of the core curriculum.
D2. Completes all assignments in timely manner.
D3. Independently explores scientific journals for information on appropriate area of study.

PERFORMANCE MEASURES:

- Incumbent is an active participant in the Clinical Residency educational offerings.
- Incumbent presents 4 patient cases per year as defined by residency completion requirements.

E. Actively participates in Sports Residency Research:

E1. Will develop research Question
E2. Will attend research meetings with research coordinator
E3. Will work through residency to meet goals and expectations in submitting research.

Performance Measure
- Will Submit abstract for publication prior to the end of the residency

F. Miscellaneous responsibilities:

F1. Assists in maintaining a neat, orderly, safe, and organized clinic area.
F2. Regularly attends department and unit meetings, as well as multidisciplinary meetings as appropriate.
F3. Follows all hospital and departmental policies and procedures.

ALL DUTIES AND REQUIREMENTS MUST BE PERFORMED CONSISTENT WITH THE UW HEALTH PERFORMANCE STANDARDS.

**JOB REQUIREMENTS**

<table>
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<tr>
<th>Education</th>
<th>Minimum</th>
<th>Bachelor of science or Master of science degree from an accredited institution in physical therapy.</th>
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<td>Preferred</td>
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<tr>
<td>Work Experience</td>
<td>Minimum</td>
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<tr>
<td></td>
<td>Preferred</td>
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<tr>
<td>Licenses &amp; Certifications</td>
<td>Minimum</td>
<td>The incumbent must be licensed or eligible for licensure as a physical therapist in the state of Wisconsin. Also must be certified athletic trainer or EMT or have taken an approved Emergency Responder course.</td>
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<tr>
<td></td>
<td>Preferred</td>
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<td>Required Skills, Knowledge, and Abilities</td>
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<td>• The physical therapist must demonstrate the knowledge and skills necessary to provide care appropriate to within an age scope to include child, adolescent, adult, and geriatric populations served on his or her assigned unit.</td>
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<td>• The individual must demonstrate knowledge of the principles of growth and development over the life span and possess the ability to assess data reflective of the patient’s status and interpret the appropriate information needed to identify each patient’s requirements relative to his or her age-specific needs.</td>
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<td>• Excellent verbal and written communication skills</td>
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<td>• Ability to work in a team environment and to collaborate with a variety of professionals.</td>
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**AGE SPECIFIC COMPETENCY (Clinical jobs only)**

Identify age-specific competencies for direct and indirect patient care providers who regularly assess, manage and treat patients.

**Instructions:** Indicate the age groups of patients served either by direct or indirect patient care by checking the appropriate boxes below. Next,

- Infants (Birth – 11 months)  
- Toddlers (1 – 3 years)  
- Preschool (4 – 5 years)  
- School Age (6 – 12 years)  
- Adolescent (13 – 19 years)  
- Young Adult (20 – 40 years)  
- Middle Adult (41 – 65 years)  
- Older Adult (Over 65 years)

**JOB FUNCTIONS**

Review the employee’s job description and identify each essential function that is performed differently based on the age group of the patient.

**PHYSICAL REQUIREMENTS**

Indicate the appropriate physical requirements of this job in the course of a shift. Note: reasonable accommodations may be made available for individuals with disabilities to perform the essential functions of this position.

<table>
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<tr>
<th>Physical Demand Level</th>
<th>Occasional Up to 33% of the time</th>
<th>Frequent 34%-66% of the time</th>
<th>Constant 67%-100% of the time</th>
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<tr>
<td>Sedentary: Ability to lift up to 10 pounds maximum and occasionally lifting and/or carrying such articles as dockets, ledgers and small tools. Although a sedentary job is defined as one, which involves sitting, a certain amount of walking and standing is often necessary in carrying out job duties. Jobs are sedentary if walking and standing are required only occasionally and other sedentary criteria are met.</td>
<td>Up to 10#</td>
<td>Negligible</td>
<td>Negligible</td>
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<tr>
<td>Light: Ability to lift up to 20 pounds maximum with frequent lifting and/or carrying of objects weighing up to 10 pounds. Even though the weight lifted may only be a negligible amount, a job is in this category when it requires walking or standing to a significant degree.</td>
<td>Up to 20#</td>
<td>Up to 10# or requires significant walking or standing, or requires pushing/pulling of arm/leg controls</td>
<td>Negligible or constant push/pull of items of negligible weight</td>
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<tr>
<td>Medium: Ability to lift up to 50 pounds maximum with frequent lifting/and or carrying objects weighing up to 25 pounds.</td>
<td>20-50#</td>
<td>10-25#</td>
<td>Negligible-10#</td>
</tr>
<tr>
<td>Heavy: Ability to lift up to 100 pounds maximum with frequent lifting and/or carrying objects weighing up to 50 pounds.</td>
<td>50-100#</td>
<td>25-50#</td>
<td>10-20#</td>
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<th>Very Heavy: Ability to lift over 100 pounds with frequent lifting and/or carrying objects weighing over 50 pounds.</th>
<th>Over 100#</th>
<th>Over 50#</th>
<th>Over 20#</th>
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<td>List any other physical requirements or bona fide occupational qualifications:</td>
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*Note: The purpose of this document is to describe the general nature and level of work performed by personnel so classified; it is not intended to serve as an inclusive list of all responsibilities associated with this position.*