UW HEALTH POSITION DESCRIPTION

POSITION SPECIFICS

Title: Athletic Trainer (Physician Extender)  
Department/Number: 1749 Sports Medicine Clinic

Reports to:  Program Manager of Physician Extender Services

Job Code: 930002  
FLSA Status: Exempt/Non-Exempt

Manager Approval: Jolene Strifler Date: 4-17  
HR Approval: CMW 4-17

POSITION SUMMARY

This position is under the direction of the Program Manager of Physician Extender Services. This is an experienced athletic training position with responsibilities in the UW Health Sports Medicine and Orthopedic Clinics. This position requires that the incumbent possess the clinical evaluation and educational skills expected of an Athletic Trainer for UW Health. The incumbent will provide athletic training services for UW Health clinics under the direction of a designated physician.

The incumbent has direct patient contact primarily for the evaluation and treatment of medical and musculoskeletal pathology consistent with the scope and practice of athletic training clinical competencies as defined by the BOC and the State of Wisconsin Athletic Training Affiliated Credentialing Board. The incumbent must perform many of the outlined tasks with minimal or no supervision in the clinical setting and in the field. Patients include pediatric through geriatric populations in the clinical setting. Incumbent has access and knowledge of confidential medical information regarding patients' medical history. Access to this information is crucial in the evaluation and treatment of patients and athletes.

Problems encountered are of a high level of complexity and a considerable amount of creativity, resourcefulness, and innovation are utilized in problem solving. Patient treatment plans are developed using only broad guidelines for development which require a high degree of independence in decision-making. Coordination of patient care services with other health care providers is essential. Excellent verbal and written communication skills, including the use of relevant medical terminology, are essential. A wide variety of internal and external contact relationships are involved in performance of the duties of this position, and a high degree of independence in creating and enhancing these relationships is expected. Internal contact include but are not limited to other members of the athletic training and physical therapy staff, physicians, nursing personnel, fitness center staff, exercise physiology staff, preventive cardiology staff, radiology staff, public relations personnel, legal counsel, and a variety of clerical staff. External contacts include but are not limited to physicians, athletic trainers, and physical therapists from other institutions, academic athletic training programs, patient and/or athlete family members, coaches, athletic directors, equipment vendors, case managers and insurance representatives. The incumbent also plays a lead role in the development of clinical support staff, athletic training internship students, and volunteer workers.

The incumbent is highly involved in the instruction and/or training activities of a variety of students, faculty, clients, patrons, and the general public. Student programming, staff development, and research facilitation are areas which involve a high degree of problem solving, interpretation and analysis. Therefore a strong clinical, academic, and organizational background is necessary.

MAJOR RESPONSIBILITIES

Athletic Trainer: UW Health Athletic Trainer in the Physician Practice

1. The performance of an appropriate medical history on each patient seen that must include but is not limited to:
   a. A thorough history of injury or condition
   b. A primary complaint
   c. A pain level assessment
   d. Past medical history
   e. Quality of life and how it is affected

2. The performance of an appropriate physical examination on each patient seen. This includes but is not limited to:
   a. Range of motion testing
   b. Strength and/or Manual Muscle testing
   c. Sensation testing
   d. Palpation
   e. Functional testing
   f. Ligamentous testing
   g. Special tests as needed

3. The ordering of diagnostic studies or other referrals under the direction of the attending physician to include but is not limited to:
   a. Radiographs
   b. MRI’s
   c. EMG Studies
   d. CT Scans
   e. Ultrasounds
   f. Rehabilitation referrals
   g. Physician referrals
4. The performance of educational responsibilities in specific to the needs of each individual patient. This includes but is not limited to:
   a. Exercise instruction.
   b. Answering patient questions in regards to the treatment plan, surgery, rehabilitation and future care.

5. Providing initial rehabilitation exercises and the instruction, demonstration, and feedback on patient performance of the exercises as directed by the attending physician.

6. Fitting the patient with splints, crutches, braces, wraps, and other various durable medical equipment as directed by the attending physician. The incumbent will also educate the patient on the appropriate use of the equipment provided to the patient.

7. Removal of sutures or staples and providing dressing changes to post-surgical patients as directed by the attending physician.

8. Aiding the physician in preparing patients for injections that will be performed by the attending physician. Preparations include cleaning and disinfecting the area to be injected and preparing materials to be utilized both prior to and after the injection.

9. All required documentation for each patient encounter should be accurately completed following UW Health guidelines.

10. Scheduling of patient follow up clinic appointments.

11. Rooming patients for clinic visit to include:
    a. Vitals
    b. Pain Rating
    c. Learning Assessment
    d. Medication Reconciliation
    e. Allergy Verification
    f. Updating past medical and surgical history

All duties and requirements must be performed consistent with the UW Health Organizational Performance Standards.

### POSITION REQUIREMENTS

<table>
<thead>
<tr>
<th>Education</th>
<th>Minimum</th>
<th>Preferred</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>1. Undergraduate Degree in Athletic Training</td>
<td>1. Master’s Degree in healthcare, athletic training, education or business.</td>
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<tr>
<th>Work Experience</th>
<th>Minimum</th>
<th>Preferred</th>
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<tbody>
<tr>
<td></td>
<td>1. Two (2) years experience as a Certified Athletic Trainer in an Outreach, Rehab, or Physician Practice setting.</td>
<td>1. 1 year experience as an Athletic Trainer in the Physician Practice setting.</td>
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<tr>
<th>Licenses &amp; Certifications</th>
<th>Minimum</th>
<th>Preferred</th>
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<tbody>
<tr>
<td></td>
<td>1. Certification by the Board of Certification for Athletic Trainers</td>
<td>2. Licensure as an Athletic Trainer in the State of Wisconsin</td>
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| Required Skills, Knowledge, and Abilities | 1. Excellent verbal and written communication skills. |
|                                          | 2. Should possess the skills needed to deliver patient-centered care as members of an interdisciplinary team, emphasizing evidence-based practice, quality improvement approaches, healthcare informatics and professionalism. |
|                                          | 3. Demonstrates effective communication skills with supervisors, peers and all other medical personnel that are encountered. Arrives in a punctual manner and is present or arranges coverage for all assigned responsibilities. |
|                                          | 4. Demonstrates the ability to accurately document in the medical record. |
|                                          | 5. Works to assure that each patient encountered has the most appropriate and timely treatment possible. |
|                                          | 6. Demonstrates emergency management skills for all necessary conditions that may be encountered. |
|                                          | 7. Demonstrates willingness, flexibility, and a positive attitude toward the performance of all athletic training responsibilities. |
|                                          | 8. Delivers patient medical care in a positive, caring, and empathetic manner while working to assure all patient questions are answered in a helpful manner. |
AGE – SPECIFIC COMPETENCY

Instructions: Indicate the age groups of patients served either by direct or indirect patient care by checking the appropriate boxes below. Next,

- Infants (Birth – 11 months)
- Toddlers (1 – 3 years)
- Preschool (4 – 5 years)
- School Age (6 – 12 years)
- Adolescent (13 – 19 years)
- Young Adult (20 – 40 years)
- Middle Adult (41 – 65 years)
- Older Adult (Over 65 years)

Job Function

Review the employee’s job description, and identify each essential function that is performed differently based on the age group of the patient.

PHYSICAL REQUIREMENTS

Indicate the appropriate physical requirements of this job in the course of a shift. Note: reasonable accommodations may be made available for individuals with disabilities to perform the essential functions of this position.

<table>
<thead>
<tr>
<th>Physical Demand Level</th>
<th>Occasional Up to 33% of the time</th>
<th>Frequent 34%-66% of the time</th>
<th>Constant 67%-100% of the time</th>
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<tbody>
<tr>
<td>X Medium: Ability to lift up to 50 pounds maximum with frequent lifting/and or carrying objects weighing up to 25 pounds.</td>
<td>20-50#</td>
<td>10-25#</td>
<td>Negligible-10#</td>
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List any other physical requirements or bona fide occupational qualifications: