Direct Visual Internal Urethrotomy (DVIU)
Home Care

What is DVIU?

DVIU is the repair of a narrow segment (stricture) of the urethra. A small scope is placed into the urethra, and a cut is made to repair the stricture.

After Surgery

It’s normal for you to feel some pain in the area of repair for about 2 weeks. You will have pain medicine to take as needed.

In most cases, you will go home with a catheter. The catheter could remain in place for 2 days to 2 weeks. This depends on the amount of repair and your doctor. We will teach you how to care for the catheter before you leave the hospital.

Activity Guidelines

- Do not lift more than 10 pounds for 2 weeks.
- Drink at least eight (8-ounce) glasses of fluid daily.
- Do not drive for one week.
- No sex for 1 week.
- You may shower. If you have a catheter, do not take tub baths, soak in a hot tub, or go swimming.
- Nothing strenuous until your doctor says it is okay.
- Your doctor will talk with you about going back to work.
When to Call the Doctor

- Catheter not draining.
- Problems passing urine after the catheter is removed.
- Decrease in the amount of urine you pass.
- Temperature over 100.5°F by mouth for two readings taken 4 hours apart.
- Large amount of blood in urine (you may have some spotty bleeding for a few days).

Follow-Up Care

You will have a follow-up visit that will be made before you leave the hospital.

Phone Numbers

<table>
<thead>
<tr>
<th>UW Health Urology</th>
<th>608-263-4757</th>
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<tr>
<td>UW Health at The American Center Urology</td>
<td>608-440-6464</td>
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<tr>
<td>UW Health One South Park Urology</td>
<td>608-287-2900</td>
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After Hours, Nights, Weekends, and Holidays, the clinic number is answered by the paging operator. Ask for the Urology Doctor on call. Leave your name and phone number with the area code. The doctor will call you back.

Toll Free: 1-844-607-4800

Your Medical Record Number ____________________________________________

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright ©7/2015. University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#4416.