

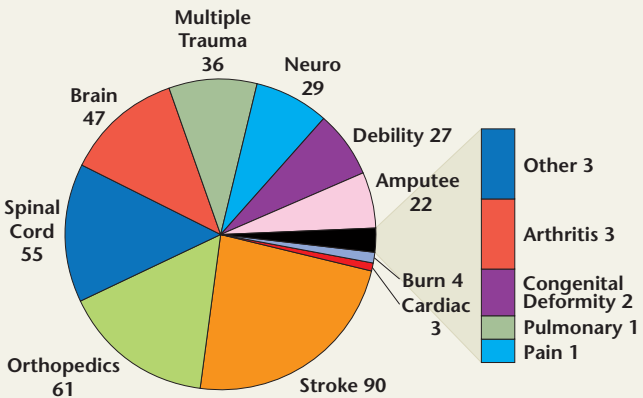
PROGRAM FACTS

UW Hospital and Clinics Acute Rehabilitation Program Facts

January 2008 through December 2008

The UW Hospital and Clinics Acute Rehabilitation Program provides injury/illness-specific programs that offer patients care needed to regain the abilities to perform daily tasks, restore basic life skills, reclaim cognitive and physical functioning and facilitate psycho-social adjustment.

UW Hospital and Clinics (UWHC) Acute Rehabilitation served 388 individuals between January 2008 and December 2008.



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UWHC Patient vs. National Average Rehabilitation Statistics:

	UWHC	National Average
Age	53 years	69 years
Length of Stay	17 days	14 days
Functional Improvement Measure (FIM)	25.8 FIM points	25.5
patients reporting overall high satisfaction	97%	
patients who achieved predicted outcomes	60%	

Discharge Destination

Home	75%	72%
Long Term Care	14%	14%
Acute Care	10%	11%

Post Discharge Progress

Three months following discharge, patients reported additional functional gains averaging 20.2 FIM points compared with the national gain averaging 17.7 FIM points.



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STROKE

UW Hospital and Clinics Acute Rehabilitation Stroke Program Update

January 2008 through December 2008

UW Hospital and Clinics (UWHC) was awarded a Joint Commission Primary Stroke Center Certification in 2008.

Inpatients who are recovering from a stroke or other type of brain pathology receive expert treatment for impairments in strength, coordination, cognition, communication, swallowing, perception and psychological functioning.

UWHC Acute Rehabilitation served 89 stroke patients. They represented 23% of the total number of patients served the program.

UWHC Stroke vs. National Average Rehabilitation Statistics:

	UWHC	National Average
Age	60 years	69 years
Length of Stay	18 days	17 days
Functional Improvement Measure (FIM)	27.3 FIM points	24.4

Discharge Destination

Home	66%	68%
Long Term Care	1%	12%

Post Discharge Progress

Three months following discharge, stroke patients treated at UWHC Acute Rehabilitation average additional functional gains of 23 FIM points compared with 19.1 nationally.

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ORTHOPEDICS

UW Hospital and Clinics Acute Rehabilitation Orthopedic Program Update

January 2008 through December 2008

Orthopedic patients have who have had traumatic injuries or joint replacement due to a degenerative process or fractures receive treatment to facilitate mobility and enhance independence.

UW Hospital and Clinics (UWHC) Acute Rehabilitation served 61 orthopedic patients. They represented 16% of the total number of patients served by the program.

UWHC Orthopedic vs. National Average Rehabilitation Statistics:

	UWHC	National Average
Age	51 years	72 years
Length of Stay	11 days	11 days
Functional Improvement Measure (FIM)	24.9 FIM points	27.6

Discharge Destination

Home	89%	80%
Long Term Care	0%	8%

Post Discharge Progress

Three months following discharge, orthopedic patients treated at UWHC Acute Rehabilitation average additional functional gains of 16.7FIM points compared with 17.0 nationally.

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SPINAL CORD INJURY

UW Hospital and Clinics Acute Rehabilitation Spinal Cord Injury Program Update

January 2008 through December 2008

Spinal cord injury patients receive integrated treatment designed to improve independence and foster lifestyle adjustment.

UW Hospital and Clinics (UWHC) Acute Rehabilitation served 55 spinal cord injury patients. They represented 14% of the total number of patients served by the program.

UWHC Spinal Cord Injury vs. National Average Rehabilitation Statistics:

	UWHC	National Average
Age	54 years	60 years
Length of Stay	27 days	18 days
Functional Improvement Measure (FIM)	22.9 FIM points	24.5

Discharge Destination

Home	71%	74%
Long Term Care	4%	8%

Post Discharge Progress

Three months following discharge spinal cord injury patients treated at UWHC Acute Rehabilitation during 2008 have averaged additional functional gains of 16 FIM points compared with the national average gain of 14.3 FIM points.



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BRAIN INJURY PROGRAM

UW Hospital and Clinics Acute Rehabilitation Brain Injury Program Update

January 2008 through December 2008

Brain injury patients receive integrated quality treatment designed to improve independence with mobility, self-care, communication, cognition, leisure and social skills.

UW Hospital and Clinics (UWHC) Acute Rehabilitation served 47 brain injury patients. They represented 12% of the total number of patients served by the program.

UWHC Brain Injury vs. National Average Rehabilitation Statistics:

	UWHC	National Average
Age	51 years	62 years
Length of Stay	15 days	16 days
Functional Improvement Measure (FIM)	26.7 FIM points	26.9

Discharge Destination

Home	64%	72%
Long Term Care	9%	8%

Post Discharge Progress

Three months following discharge, brain injury patients treated at UWHC Acute Rehabilitation average additional functional gains of 27.9 FIM points, comparable to the average 21.6 FIM gain nationally.



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ADOLESCENT

UW Hospital and Clinics Inpatient Rehabilitation Program for Adolescents

January 2006 through December 2008

The UWHC Acute Rehabilitation Program offers integrated care to adolescent patients, ages 15 to 18 years. The focus is to regain abilities to perform daily tasks, develop life skills, reclaim cognitive and physical function and facilitate psychosocial adjustment.

The program features doctors who specialize in pediatric rehabilitation; a certified pediatric nurse practitioner; and a rehabilitation counselor who coordinates the return to school or work. Rehabilitation care for adolescent patients occurs on the acute inpatient nursing unit (B4/4) at UW Hospital and Clinics.

Over the past three years, from January 2006 through December 2008, fourteen adolescent patients received treatment for:

Brain Injury	7 patients
Major Multiple Trauma	3 patients
Stroke	2 patients
Spinal Cord Injury	1 patient
Other	1 patient

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Services for Adolescents on Inpatient Rehabilitation

Additional age-appropriate services to serve the adolescent population are available through the University of Wisconsin American Family Children's Hospital Child Life Programs.

- A hospital school features certified teachers.
- The rehabilitation schedule incorporates school hours.
- The rehabilitation counselor facilitates school, work and community re-entry.
- A teen center lounge is available for teenage patients and their families in the evenings and on weekends.
- Siblings of adolescent patients can use a sibling services area.
- Adolescent patients have laptop, Wii and Playstation access.
- Adolescent patients have an opportunity to be part of the American Family Children's Hospital Teen Advisory Board.

The program offers family centered care and provides opportunity for participation in the Rehabilitation program by siblings and peers.