

# Babysitter's Checklist

## Emergency Contact Info

Emergency Services: 911 or

Poison Control Center  
(800) 222-1222

Doctor's Name

Doctor's #

Health Insurance Carrier

Preferred Hospital

## Family Contact Info

Home Address

Home Phone

Mom's Work #

Mom's Cell #

Dad's Work #

Dad's Cell #

Emergency Contact Name

Relationship

Emergency Contact #

## House Rules:

## How to reach us

Location

Phone

## About the Kids

Child's Full Name

Date of Birth    Age    Blood Type

Allergies

Medical Conditions

Bedtime

Likes/Dislikes

Special Instructions

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