

Teen Opportunities



Have you ever thought about sharing your skills and time by helping a local charity? UW Hospital & Clinics and American Family Children's Hospital in Madison, WI has the following programs which support our patients and families while enhancing your life experience.

Get your students involved - there's much to gain:

- ★ Develop **leadership** and organizational skills.
- ★ Encourage **school spirit**, **teamwork** and positive relations between students, parents, faculty and your community.
- ★ Build self-esteem and the knowledge that you can make a **positive impact** on your community.
- ★ Give your school a positive image in the community.
- ★ Help **save lives** and enhance quality of life for Wisconsin patients and their families.



"When I was 5 years old I was diagnosed with Leukemia. Once I was cured of this horrible disease, I decided that I needed to do something to help other children that have to stay in the hospital. No child should have to go through what I went through ever in their life. I've done fundraisers in my school for three years and plan to do more."

Sarah Vaughn, Student, La Follette High School, Madison



"Volunteering at the UW Hospital and Clinics has not only allowed me to gain insight on various health occupations, but has also allowed me to give back to my community. Specifically, I volunteer at the hospital's main information desk and in doing so, I've learned my way around this vast complex. Greeting the visitors first hand, it is great to do something for someone who might not be in the best situation. Overall, volunteering at UW Hospital & Clinics has been a very rewarding and gratifying experience."

Barbara Liu, Student, West High School, Madison

Your reasons for pursuing a community service project are as individual as you are - but no matter what your reasons you can get a lot out of either coordinating a fundraising project or volunteering. One of the hardest parts of a community service project can be finding an opportunity that fits your personality. The following list will give you lots of different ideas.

Kids Helping Kids

American Family Children's Hospital (AFCH) in Madison, WI is a complete children's medical and surgical center with a pediatric intensive care unit, an internationally recognized transplant surgery program, a children's cancer center and a family-friendly atmosphere. The *Kids Helping Kids* program celebrates and empowers kids, tweens and teens interested in helping patients and families at AFCH. Time and again, young people have organized events - from change challenges to basketball tournaments - to raise money to save lives and enhance quality of life for our patients and families.

A few campaigns coming up this year may interest you or your Student Council, National Honor Society, Student Ambassadors, or even FBLA! If you're looking for a pathway to make a difference in the world we'd be honored if you helped our patients and families.



CHANGE HARVEST Used in math curriculum and across school districts, penny drives and change challenges support various patient and family programs, including: family meals, transportation, toys and games! Even in these economic times, everyone's got change in their pocket - let's collect it and see how we can make the lives of sick children and their families a little happier. Start this in your school and then spread it to all the schools in your district!



Caps for the Cure Now in its fourth year, Caps has raised over \$70,000 to support pediatric cancer patients and research. By wearing a hat to school and donating \$1 in honor of pediatric cancer patients, kids can show their support while having fun!

Or, be creative and start your own fundraiser!

Kids Helping Kids Contact Information

Kylee Carolfi Malik kmalik@uwhealth.org

(608) 890-9308

www.nofinergift.org

Volunteer Opportunities

All volunteers must participate in a general orientation session, a placement interview and be cleared by Employee Health. Volunteers generally work one shift per week. For more information, visit www.uwhealth.org/volunteer.

There are many areas in which you can volunteer, including:

Book Carts

Flower Delivery and e-Cards

Information Desks

Musical Medicine

Outpatient Clinics

Youth Philanthropy Assistant

Daily Friendly Visitor

Heart & Vascular Care Greeter

Inpatient Unit Host

Navigator

Pharmacy Outpatient Host

Teens are eligible to volunteer in the children's hospital on a weekly basis during Summer only. Areas include:

Art for Life

Family Resource Center

Kohl's® Safety Center

Playrooms

Tyler's Place Sibling Care Center

Emergency Department

Guest Depot

Pediatric Specialty Clinics

Positive Image Center

WI Ave. Gift Shop & Pharmacy

GROUP VOLUNTEER OPPORTUNITIES

High school groups must be accompanied by an adult advisor at all times. Group participants must be 16 years of age or older; maximum of eight people. Examples include: *host a party* and *kit preparation*. Please call Julie Auenson at (608) 890-8095 for arrangements.

IN KIND DONATIONS

In Kind Donations of books, DVDs, toys, craft supplies are always appreciated.

Book Donations

Karen Lund

klund@uwhealth.org

(608) 265-0738

DVD/ *NEW* Toy Donations Julie Auenson

jauenson@uwhealth.org

(608) 890-8095