

# OVERVIEW

*“Do not try to live forever. You will not succeed.”*

George Bernard Shaw  
1856 - 1950

For one and one-half days, clinicians will hone their skills through interactions with experts across a diversity of psychiatric topics.

**Dates:** Friday and Saturday, April 3 - 4, 2009

**Place:** Monona Terrace® Community and Convention Center  
One John Nolen Drive, Madison, WI 53703  
608/261-4100

**Hotels:** Hilton Madison Monona Terrace  
9 East Wilson Street, Madison, WI 53703  
608/255-5100; 866/403-8838  
Room rate is \$162. The Hilton will release these rooms to the public on March 3, 2009. Please mention Group Code “PSY” to receive the special group rate.

**Best Western Inn on the Park**  
22 South Carroll Street, Madison, WI 53703  
608/257-8811; 800/279-8811  
Room rate is \$114 (s) and \$124 (d). The Best Western will release these rooms to the public on March 2, 2009. Please mention “Psychiatric Update Spring 2009 Block” to receive the special group rate.

## Conference Fees

The conference fee of \$315 for physicians and PhDs; \$210 for others, includes the cost of tuition, materials, continental breakfasts, refreshment breaks, and a nonrefundable registration fee of \$50. Should you cancel your registration up to 72 hours prior to the conference, you will be refunded the entire conference fee except the \$50 nonrefundable portion. No refunds will be made after that time.

## Driving directions

For further information, please go to [www.mononaterrace.com](http://www.mononaterrace.com). Parking and driving information will also be sent with your registration confirmation.

## Conference Attire

To ensure your comfort in the conference room, please bring a sweater or jacket to accommodate temperature variations.

## Four Easy Ways to Register

**On Line:** [www.ocpd.wisc.edu/course\\_catalog](http://www.ocpd.wisc.edu/course_catalog)

**By Mail:** Return your completed registration form and payment.

**By Phone:** 608/262-1397. Call and give your billing information or pay by VISA, MasterCard or American Express.

**By FAX:** 800/741-7416 (in Madison 265-3163).

## Questions?

On the conference, contact Terese Bailey, OCPD in Medicine and Public Health, 2701 International Lane, #208, Madison, WI 53704; telephone 608/240-2141; [tmbailey@wisc.edu](mailto:tmbailey@wisc.edu); [www.ocpd.wisc.edu](http://www.ocpd.wisc.edu).

If you have questions about the content of the conference or the Madison Institute of Medicine, Inc., please contact Lynn Tobias, 7617 Mineral Point Road, #300, Madison, WI 53717; telephone 608/827-2462; [ltobias@health-techsys.com](mailto:ltobias@health-techsys.com). Please visit our website at: [www.miminc.org](http://www.miminc.org).

## SCHEDULE

### Friday, April 3, 2009

- 8:00 Registration and Continental Breakfast  
8:25 Welcome: *James W. Jefferson, MD*  
8:30 The Neurobiology of Depression: A 21st Century Overview – *Vladimir Maletic, MD*  
9:15 Clinical Factors Associated With the Onset of Suicidal Ideation (STAR\*D) – *Sidney Zisook, MD*  
10:00 Refreshment Break  
10:30 Resisting Resistant Depression – *Andrew A. Nierenberg, MD*  
11:15 Panel Discussion: Moderator – *James W. Jefferson, MD*  
Panelists: *Drs. Maletic, Zisook, Nierenberg*  
12:00 Lunch  
1:10 Introduction: *Alan J. Gelenberg, MD*  
1:15 Controversies With Treatment of Pediatric Mood Disorders – *Karen Dineen Wagner, MD, PhD*  
2:00 Efficacy and Safety of Antipsychotic Medication in Youth – *Christoph U. Correll, MD*  
2:45 Refreshment Break  
3:15 Dealing With ADHD in Children and Adolescents – *Scott H. Kollins, PhD, MS*  
4:00 Panel Discussion: Moderator – *Alan J. Gelenberg, MD*  
Panelists: *Drs. Wagner, Correll, Kollins*  
4:45 Adjourn

### Saturday, April 4, 2009

- 8:00 Registration and Continental Breakfast  
8:25 Introduction: *John H. Greist, MD*  
8:30 Avoiding and Managing Sexual Side Effects of Psychiatric Medications – *Anita H. Clayton, MD*  
9:15 Bipolar Disorder in the Reproductive Age – *Adele C. Viguera, MD, MPH*  
10:00 Refreshment Break  
10:20 To Live By Medicine Is To Live Horribly (Or Is It?) – *James W. Jefferson, MD*  
11:05 Panel Discussion: Moderator – *John H. Greist, MD*  
Panelists: *Drs. Clayton, Viguera, Jefferson*  
11:50 Adjourn

## PSYCHIATRIC UPDATE / SPRING 2009 ♦ April 3-4, 2009

#4005 ame-psys

## NONTRIVIAL NEUROPSYCHIATRIC NOURISHMENT FROM NOBLE NOTABLE NABOBS

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Where you can be reached from 9:00 am to 5:00 pm

E-mail \_\_\_\_\_

Mail confirmation to my Home Address (optional)

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### Conference Fee

\$315 Physician, PhD  \$210 Others

Check enclosed (payable to University of Wisconsin)

Credit card: \_\_\_ MasterCard; \_\_\_ VISA; \_\_\_ American Express

Cardholder's Name \_\_\_\_\_

Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

### Please return this form with your payment to:

Kathy Kneebone, 702 Langdon Street, Madison, WI 53706 or  
FAX 1-800/741-7416 (in Madison, FAX 265-3163).

Please advise us at least two weeks prior to the conference if you are handicapped and desire special accommodations. Requests will be kept confidential.

*The University of Wisconsin provides equal opportunities in employment and programming, including Title IX requirements. The University of Wisconsin School of Medicine and Public Health fully complies with the legal requirements of the ADA and the rules and regulations thereof. If any participant in this educational activity is in need of accommodations, please notify Terese Bailey in order to receive service. Please call 608/240-2141.*

## Learning Objectives

At the conclusion of this activity, participants should be able to:

- ♦ Identify relationships between depression and brain function and anatomy
- ♦ Appraise clinical factors associated with suicidal ideation
- ♦ Apply strategies to overcome treatment-resistant depression
- ♦ Explain issues related to pediatric mood disorders
- ♦ Differentiate factors related to antipsychotic efficacy and safety in youth
- ♦ Formulate effective treatment approaches to ADHD
- ♦ Recognize and attenuate sexual side effects of psychotropic drugs
- ♦ Discuss clinical aspects of bipolar disorder in women
- ♦ Effectively manage adverse events from psychiatric medication

## Visiting Faculty

**Anita H. Clayton, MD;** David C. Wilson Professor of Psychiatry and Neurobehavioral Sciences; Professor of Clinical Obstetrics and Gynecology, University of Virginia Health System, Charlottesville, VA

**Christoph U. Correll, MD;** Associate Professor of Psychiatry and Behavioral Sciences, Department of Psychiatry, Albert Einstein College of Medicine; Medical Director, Recognition and Prevention (RAP) Program; Director, Adverse Events Assessment and Prevention Unit; Advanced Center for Intervention and Services Research, The Zucker Hillside Hospital, Glen Oaks, NY

**Scott H. Kollins, PhD, MS;** Associate Professor of Psychiatry; Director, Duke University ADHD Program, Duke University Medical Center, Durham, NC

**Vladimir Maletic, MD;** Clinical Professor of Neuropsychiatry and Behavioral Science, University of South Carolina School of Medicine, Columbia, SC; Consulting Associate, Division of Child and Adolescent Psychiatry, Department of Psychiatry, Duke University, Durham, NC

**Andrew A. Nierenberg, MD;** Professor of Psychiatry, Harvard Medical School; Director, NIMH Bipolar Trials Network; Co-Director, Bipolar Clinic and Research Program; Associate Director, Depression Clinical and Research Program, Massachusetts General Hospital, Boston, MA

**Adele C. Viguera, MD, MPH;** Assistant Professor of Psychiatry, Neurological Institute, Cleveland Clinic, Cleveland, OH

**Karen Dineen Wagner, MD, PhD;** Marie B. Gale Centennial Professor and Vice Chair, Department of Psychiatry and Behavioral Sciences; Director, Division of Child and Adolescent Psychiatry, University of Texas Medical Branch, Galveston, TX

**Sidney Zisook, MD;** Professor of Psychiatry; Director of Residency Training, University of California at San Diego, CA

## University of Wisconsin Faculty

**Alan J. Gelenberg, MD;** Clinical Professor of Psychiatry, University of Wisconsin School of Medicine and Public Health; Emeritus Professor, University of Arizona; Distinguished Senior Scientist, Madison Institute of Medicine, Inc.

**John H. Greist, MD;** Clinical Professor of Psychiatry, University of Wisconsin School of Medicine and Public Health; Distinguished Senior Scientist, Madison Institute of Medicine, Inc.; Director, Information Centers

**James W. Jefferson, MD;** Clinical Professor of Psychiatry, University of Wisconsin School of Medicine and Public Health; Distinguished Senior Scientist, Madison Institute of Medicine, Inc.; Director, Information Centers

**David J. Katzelnick, MD;** Clinical Professor of Psychiatry, University of Wisconsin School of Medicine and Public Health; Distinguished Senior Scientist, Madison Institute of Medicine, Inc.; Director, Information Centers

## Credit

**Accreditation Statement** This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the University of Wisconsin School of Medicine and Public Health and the Madison Institute of Medicine, Inc. The University of Wisconsin School of Medicine and Public Health is accredited by the ACCME to provide continuing medical education for physicians.

**Credit Designation Statement** The University of Wisconsin School of Medicine and Public Health designates this educational activity for a maximum of 9 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Continuing Education Units** The University of Wisconsin-Madison, as a member of the University Continuing Education Association (UCEA), authorizes this program for .9 continuing education units (CEUs) or 9 hours.

**Need Statement** This conference is being held in response to mental health professionals' previous conference evaluations and the need for ongoing continuing medical education for clinicians in the area of psychiatry.

**Target Audience** This activity has been designed to meet the needs of clinicians and other health care professionals who are looking to enhance their knowledge and skills for the care of their patients with mental health issues.

**Elements of Competence** This activity has been designed to change medical knowledge and patient care, two of the six competencies embraced by the American Board of Medical Specialties.

**Policy on Faculty and Sponsor Disclosure** It is the policy of the University of Wisconsin School of Medicine and Public Health that the faculty, authors, planners, and other persons who may influence content of this CME activity disclose all relevant financial relationships with commercial interests in order to allow CME staff to identify and resolve any potential conflicts of interest. Faculty must also disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during their presentation(s). Detailed disclosures will be made in the activity handout materials.



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PSYCHIATRIC UPDATE / SPRING 2009 / APRIL 3-4, 2009



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Jointly Sponsored by University of Wisconsin School of Medicine & Public Health and the Madison Institute of Medicine, Inc.

PSYCHIATRIC UPDATE  
SPRING 2009  
April 3-4, 2009

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NEUROPSYCHIATRIC  
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