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AND PUBLIC HEALTH

Office of Continuing Professional Development
in Medicine and Public Health

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6th Preventive Cardiology Conference

Cardiometabolic Risk Factors in Primary Care Practice

Saturday, February 21, 2009

InterContinental Milwaukee Hotel
Milwaukee, WI

Program Director

V. S. Murthy, MBBS, MD, PhD

Jointly Sponsored by

University of Wisconsin School of Medicine and Public Health
Office of Continuing Professional Development
in Medicine and Public Health

University of Wisconsin-Madison Continuing Education in Nursing
Extension Services in Pharmacy at the University of Wisconsin
School of Pharmacy

Aurora Cardiovascular Services, Aurora Medical Group

Need

With the evolving trends in diabetes and atherosclerotic cardiovascular disease, early recognition and management of cardiometabolic risk factors has become critical for health care providers. The focus of this conference is on guiding health care providers in educating the patient as primary focus of management.

Target Audience and Scope of Practice

This preventive cardiology activity is designed for family practitioners, internists, cardiologists, pharmacists, nurse practitioners, nurses and other interested health care providers who care for patients with cardiometabolic risk factors.

Elements of Competence

This activity has been designed to change medical knowledge and patient care, two of the six competencies embraced by the American Board of Medical Specialties.

This activity has been designated as a knowledge-based Continuing Pharmacy Education program.

Objectives

The subject matter of the activity will address cardiometabolic risk factors and management strategies. The speakers are chosen for their mastery of the subject and their excellence as educators. At the end of this activity, participants should be able to:

1. Describe cardiometabolic risk factors seen in primary practice.
2. Recognize cardiometabolic risk factors and implement management strategies.
3. Apply preventive measures in day- to-day practice.
4. Discuss risk factors and the importance of early detection prevention with patients.

Credit

Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the University of Wisconsin School of Medicine and Public Health; Aurora Cardiovascular Services, Aurora Medical Group; the University of Wisconsin-Madison School of Nursing; and the University of Wisconsin School of Pharmacy. The University of Wisconsin School of Medicine and Public Health is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement

The University of Wisconsin School of Medicine and Public Health designates this educational activity for a maximum of 6.5 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.



The National Lipid Association is recognized to endorse the credit hours offered by this activity as "lipid-focused" continuing medical education that meets the credentialing and certification standards established by the American Board of Clinical Lipidology (www.lipidboard.org) and the Accreditation Council for Clinical Lipidology (www.lipidspecialist.org).

Nursing Accreditation Statement

The University of Wisconsin-Madison Continuing Education in Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Iowa Provider Number: 350

6.5 ANCC (7.8 for Iowa Credit) contact hours may be earned for successful completion of this entire learning activity based upon full attendance and completion of all evaluative materials.

Pharmacy Accreditation Statement

Extension Services in Pharmacy at the University of Wisconsin-Madison School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program is designated as a knowledge-based learning activity and has been approved for 6.5 hours (0.65 CEUs) of pharmacy continuing education credit. Statements of Credit will be mailed within 30 days of receipt of materials documenting participation in this program (verified attendance as well as completion of program evaluation and assessment materials).

Universal program #073-999-09-011-L01-P

Continuing Education Units: The University of Wisconsin-Madison, as a member of the University Continuing Education Association (UCEA), authorizes this program for .65 continuing education units (CEUs) or 6.5 hours.

American Academy of Family Physicians Application for AAFP has been filed. **Determination of credit is pending.** Call (608) 240-2141 for more information.

Conference Completion Report: A conference completion report will be mailed 4-6 weeks after the conference.

Program

SATURDAY, FEBRUARY 21, 2009

7:00 – 8:00 Registration & Continental Breakfast

8:00 – 8:10 Welcome Address and Housekeeping
V. Shrinivas Murthy, MD

8:10 – 8:50 **Cardiometabolic Risk Factors in Primary Care: An Introduction**
V. Shrinivas Murthy, MD

8:50 – 9:30 **Nutritional Recommendations for the Management of Cardiometabolic Risk Factors**
Neil Stone, MD

9:30 – 9:40 Q & A Session

9:40 – 10:00 Coffee Break & Exhibits

10:00 – 10:40 **The Implications of the Economic Burden of Physical Inactivity**
Neil Oldridge, PhD

10:40 – 11:20 **Dyslipidemias: Early Recognition and Management**
Peter P. Toth, MD, PhD

11:20 – 12:00 **Pathogenesis of Prediabetes and Diabetes**
Shailendra B. Patel, MD

12:00 – 12:10 Q & A Session

12:10 – 1:10 Lunch Break

1:10 – 1:50 **Prediabetes to Diabetes: Prevention in Primary Care**
Patrick E. McBride, MD, MPH

1:50 – 2:30 **Prehypertension, Hypertension and Renal Diseases as Risk Factors**
V. Shrinivas Murthy, MD

2:30 – 2:45 Break & Exhibits

2:45 – 3:25 **Cardiometabolic Risk Factors in Secondary Prevention**
Suhail Allaqaband, MD

3:25 – 4:05 **Contribution of Tobacco Abuse to Cardiometabolic Risk Factors**
Raaid Museitif, MD

4:05 – 4:15 Q & A Session

4:15 Adjourn

Faculty

V. Shrinivas Murthy, MBBS, MD, PhD
(Course Director) Clinical Professor of Medicine*; Director, Preventive Cardiology, Aurora Cardiovascular Services, Aurora Medical Group, Milwaukee, WI

Suhail Allaqaband, MD
Clinical Assistant Professor of Medicine*; Associate Director, Interventional Cardiology Fellowship Program; Director, Clinical Cardiovascular Research; Aurora Cardiovascular Services, Aurora Medical Group, Milwaukee, WI

Patrick E. McBride, MD, MPH
Professor of Medicine and Family Medicine; Co-Director, Preventive Cardiology; Medical Director, Health Promotion and Fitness, University of Wisconsin School of Medicine and Public Health, Madison, WI

Raaid Museitif, MD
Interventional Cardiology Fellow, Aurora Health Care, Milwaukee, WI

Neil Oldridge, PhD
Director, Cardiology Fellowship Research and Cardiac Rehabilitation, Aurora Cardiovascular Services, Aurora Medical Group, Milwaukee, WI

Shailendra B. Patel, MD, BM, BCH, DPhil, FRCP
Chief of Endocrinology, Metabolism & Clinical Nutrition, Professor of Medicine, Medical College of Wisconsin, Milwaukee, WI

Neil J. Stone, MD
Professor of Clinical Medicine, Northwestern University Medical School; Member, Adult Treatment Panel I and III, National Cholesterol Education Program; Former Chair, American Heart Association, Nutrition Committee, Chicago, IL

Peter P. Toth, MD, PhD
Director of Preventive Cardiology; Sterling Rock Falls Clinic, Ltd.; Clinical Associate Professor, Southern Illinois University School of Medicine, Springfield, IL

* University of Wisconsin School of Medicine and Public Health

General Information

CONFERENCE DATE

Saturday, February 21, 2009

CONFERENCE LOCATION

InterContinental Milwaukee Hotel

139 East Kilbourn Avenue

Milwaukee, WI 53202

Phone: 414.276.8686

Toll Free: (800) 424-6835

FAX: 414.276.8007

CONFERENCE FEE

The conference fee of \$100 for Physicians and \$50 for all others (Nurse, Physician Assistant, Pharmacist, Resident, Fellow, etc.) covers the cost of tuition, materials, breaks and lunch. The conference fee contains a nonrefundable registration fee of \$25.00. If registration is cancelled up to 72 hours prior to the symposium, all but \$25.00 of the conference fee will be refunded. No refunds will be made after that time.

ROOM RESERVATIONS

A block of rooms has been reserved at the InterContinental Milwaukee Hotel, telephone (414) 276-8686. The room rates are \$139 single/double (plus 14.6% state/city taxes). **Please mention that you are attending Preventive Cardiology Conference in order to receive this discounted rate.** All rooms will be released to the general public on **January 21, 2009**. Guest services include on site parking for hotel guests (\$20 per night). Covered walkways to nearby theaters and office buildings are also available.

CONFERENCE ATTIRE

To ensure your comfort in the conference room, please bring a sweater or jacket to accommodate temperature variations.

Policy on Faculty and Sponsor Disclosure

It is the policy of the University of Wisconsin School of Medicine and Public Health that the faculty, authors, planners, and other persons who may influence content of this CME activity disclose all relevant financial relationships with commercial interests in order to allow CME staff to identify and resolve any potential conflicts of interest. Faculty must also disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during their presentations(s). Detailed disclosures will be made in the activity handout materials.

DRIVING DIRECTIONS

From all Directions (I-94 E/W and I-43 N/S) Exit McKinley. East on McKinley to Water Street. Turn right onto Water Street. South on Water Street Avenue. Entrances located on both Kilbourn and Water Street. Hotel is on the corner of Kilbourn and Water.

FOUR EASY WAYS TO REGISTER

On-Line: www.ocpd.wisc.edu/Course_Catalog

By Mail: Return your completed registration form and payment.

By Phone: (608) 262-1397. Call with your billing information or pay by VISA or MasterCard or American Express.

By Fax: (800) 741-7416 (in Madison 265-3163).

CONFIRMATIONS

All registrations are confirmed in writing. If you do not receive a confirmation, call (608) 262-1397.

FOR FURTHER INFORMATION

For conference information contact, Terese Bailey, University of Wisconsin Office of Continuing Professional Development in Medicine and Public Health, 2701 International Lane, Suite 208, Madison, WI 53704; telephone (608) 240-2141; email: tmbailey@wisc.edu.

To register or cancel, call (608) 262-1397, fax (800) 741-7416, in Madison fax 265-3163.

Registration Form

#3014; ame-meta

6th Preventive Cardiology Conference - Saturday, February 21, 2009

Please complete steps 1-4 below in BLOCK letters.

STEP 1. Participant Information:

Name	<hr/>
	<i>First MI Last</i>
Academic Degree (for Credit & Name Badge):	<input type="radio"/> MD; <input type="radio"/> DO; <input type="radio"/> NP; <input type="radio"/> PA; <input type="radio"/> RN; <input type="radio"/> Other <hr/>
Company Name	Dept. Name or Mail Code
<hr/>	
Work Address	<hr/>
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City	<hr/>
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State, Zip	<hr/>
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Day Phone ()	Fax ()
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Email	<hr/>

RN License Number (Iowa only)

STEP 2. Confirmation:

Work Address (same as Step 1) - or - Home Address – Please complete the following:

Home Address	<hr/>
<hr/>	
City, State, Zip	<hr/>

Suppress my name from the attendee roster

STEP 3. Registration Fee (Check One):

\$100 Physicians; \$50 Others

Payment Method (Check One)

PO or check enclosed (payable to University of Wisconsin)

Bill my company

Company Name	<hr/>
<hr/>	
Address	<hr/>

Credit card: MasterCard; VISA; American Express

Cardholder's name	<hr/>
<hr/>	
Card Number	Expiration Date
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STEP 4. Send your Registration Form to:

Kathy Kneebone, The Pyle Center, 702 Langdon Street, Madison, WI 53706 or fax (800) 741-7416 (in Madison Fax 265-3163).

University of Wisconsin provides equal opportunities in employment and programming, including Title IX requirements. The University of Wisconsin School of Medicine and Public Health fully complies with the legal requirements of the ADA and the rules and regulations thereof. If you need special accommodation, please call Terese Bailey (608) 240-2141.